# **BUILDINGENERGY BOSTON**

## Getting a Phius Project to the Phinish Line: What You Need to Know

Mike Browne, Advanced Building Analysis Greg Downing, Bald Hill Builders Jeff Geisinger, Utile

Curated by Greg Smith

Northeast Sustainable Energy Association (NESEA) | March 20, 2025

# Which One is the Phius Building?



© Phius 2021

# What is Phius?

**The Phius standard** is a set of design principles for creating ultra energy efficient buildings with comfortable indoor living spaces. These principles can be applied to all buildings, including single-family homes, multifamily apartment buildings, schools, skyscrapers and more.

# **Rise in Phius Projects**

- Opt in Specialized Code Requires that Residential Buildings over 12,000 square feet meet the Passive House Standard (either Phius or PHI).
- 48 municipalities have adopted the Opt in Specialized Code covering 30% of the population in the state including Boston.
- Massachusetts incentivizes Passive House through the MassSave Program and through the Qualified Allocation Plan (QAP) for Low Income Housing.

## **Increase in Phius Projects Since 2012**

02\_Design Cert (cumulative)



02\_Design Cert by Year

# Getting a Phius Project to the Phinish Line: What You Need to Know

NESEA BuildingEnergy Boston 2025

Jeff Geisinger, AIA, CPHC Director of Sustainable Design, Associate Principal

utile

# utile



## A Passive Building can be any size/type



Front St. Portland, ME | 100 Units Phius Certified (Buildings 2 + 5)



**3371 Washington St.** Boston, MA | 39 Units Phius Design Certified, In Construction



**152-158 Broadway** Somerville, MA | 45 Units Phius Certified



1200 Montello Brockton, MA | 94 Units Phius Design Certified, In Construction



Scape Charlesgate Boston, MA | 400 Units In Design



Walnut St. Housing Foxborough, MA | 200 Units Phius Design Certified, In Construction



1005 Broadway Chelsea, MA | 38 Units Phius Certified



25 Sixth St. Chelsea, MA | 62 Units Phius Design Certified, In Construction



**1599 Columbus Ave.** Boston, MA | 65 Units Phius Design Certified, In Construction



8

**495 On the Dot** Boston, MA | 331 Units Phius Design Certified

### Recommendations from a CPHC

- Set a **road map** for achieving Design Certification
- Conduct a feasibility study and design charrette as early as possible in the process
- Use energy modeling for design guidance and refine for Design Certification
- Utilize checklists to track program requirements by phase for design team, consultants
- Integrate **Revit outputs** to facilitate the Design Cert process
- Coordinate with Verifier and track changes proactively during construction



## Set a road map for achieving Design Certification



### Conduct a feasibility study as early as possible in the process

**Goal:** Reach consensus around Phius criteria, assemblies, and systems configurations to achieve Phius certification with the integrated team:

- Owner
- Designer/ architect
- Phius Certified Consultant (CPHC)
- Engineering Consultants: MEP Engineer, Structural Engineer
- CM or Pre-construction Advisor
- Phius Certified Verifier

### **Feasibility Study**

#### Passive House Timeline



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Fiber	fass Batt, 4" Exterior Mineral Wool	Mineral Wool Batt and 3.5" Exterior	Mineral Wool Bett, 7" ArmorWell Exterio
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Energy Recovery Ventilation Individua T 

### **Energy Recovery Ventilation**

Configurations

Central (Roof mount)



Semi-Centralized (Floor-by-floor)

Individual







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3371 Washington St | Passive House Feasibility Study

July 06, 2022 15







1 OVERALL BUILDING SECTION - E-W

Ground Floor Plan

## Use energy modeling for design guidance - Feasibility study



### Use energy modeling for design guidance - Design Certification



WUFI Passive energy model

Thermal bridging analysis of a typical foundation detail

### Energy modeling through the process



### Utilize checklists to track program requirements

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2	Phiu	s Design Stage OC Checklist - ARCHITECTURE			Pasad on PHILIS Cartification Guidebook v24.1.1
3	Project	t			https://www.phius.org/sites/default/files/2024-09/Phius%20Certification%20Guidebook%20v24.1.1%20%281
4			Phase needed		
5					Notes / Action Needed
6	Drawi	ings			
7	Site P	lan	Concept		
8		May be supplemented or replaced by a Civil or Landscape set, but must include	Concept	٣	
9		Project address	Concept	٣	
10		Changes in topography. Spot elevation at entrances	Concept	*	
11		] The location and height of neighboring buildings, structures and trees that would reasonably shade the building	. Concept	*	
12		Solar orientation (north arrow is fine)	Concept	*	
13					
14	Interio	or Conditioned Floor Area (iCFA) and Volume			
15		Set up a dedicated drawing to show iCFA calculations. See CGv2.1 Section 4.4.1.4	SD	*	Create an iCFA sheet with tables. See OTD, 299 Bway drawing sets for examples.
16		General floor plans show floor areas associated with all rooms, both units and common areas - provide room tags with Name, Number, and Area typically	SD	٣	This is needed so that the CPHC can properly input areas into the energy model, and so can verify these input areas from the drawings.
17					
10	Inern	nai envelope Create a "libermal and eix anformance" diagram abact in Creation, similar to performance criteria drawing			
19		Passive House envelope (thermal and air performance originari sneet in O series, similar to performance cherna drawing. Passive House envelope (thermal and air control layers) must be clearly identified. Best accomplished using section or elevation drawings with exterior dimensions.	SD	*	See OTD, 299 Bway drawing sets for examples.
20					
21	Asser	mblies			
22		Exterior assembly sheets for walls, slabs, floors, and roofs. Provide a clear labeling system, as the assembly names in the set will match what is used in the WUFI Energy Model. Each layer of the assembly should be included and all material type annotations and dimensions needed to confirm the assembly modeled in WUEI nassing should be provided.	SD	*	
23		Compartmentalization datails are comprehensive	DD	*	
24					
25	Floor	Plans			
26		Clearly labeled snares and room tans	SD	*	

### Integrate Revit and Phius Documentation



### Coordinate with Verifier + Track changes during construction

G WUFI® Passive V.3.5.0.1 C:\Users\geisinger\Downloads\1826\_PRE-CERT\_2022.03.04.mwp

#### File Input Options Database Help 🗋 😅 🛃 😻 Scope Passive house verification Component 12: Slab Component 13: Elevator Pit and Stepped Foundation Walls Component 14: Elevator Pit Slab Component 15: Elevator Pit Slab - Sloped Component 16: Roof - Main Roof R2 Component 17: Roof - Terrace ---- Component 18: Roof - Elevator Overrun Component 19: Roof - Mech. Penthouse Component 20: Roof Hatch - Component 21: L2 Soffit Component 23: Soffits at Townhouse Entry Component 23: Soffits at Townhouse Entry Component 24: Podium Ceiling - FL7 Component 25: Podium Ceiling - FL7 Component 26: Podium Ceiling - FL2 Component 28: Trash Room Walls - Type X7 with Furring Wall Component 28: Trash Room Podium Ceiling - FL7 Component 29: Trash Room Podium Ceiling - FL7 Component 30: Trash Room Podium Ceiling - FL7 nent 31: Windows - Operable Type A (SW+SE - 88 Component 32: Windows - Operable Type B Mulled Right (SW+SE) Component 33: Windows - Fixed Type C (SW+SE) .....



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### BHB's MF Residential Green Building Program Trends





### **Proactive vs Reactive**

#### **Reactive:**

- Reliance on Others
  - Verifiers to visit the site and provide guidance
  - Not reviewing details and questioning constructability in advance

#### Assumption of Understanding

- Not coordinating critical details with Subcontractors prior to mobilization and specific activities in their scope
- Trusting our subcontractors are familiar with Passive House and our project
  goals
- Trusting the installers have reviewed details and understand the manufacturers specifications of the product they are installing

#### Utilizing Typical Construction Schedule

- Not allowing for adequate time for QAQC and corrections
  - Examples: VB before Slab pour, AVB prior to Insulation

#### Completing critical performance tests when convenient

- Need to prioritize getting these tests done in sequence so there is adequate
  time to make corrections
  - Exampled: VB and AVB install

#### **Proactive:**

#### Exhibit B's

Refining scopes to ensure Passive House requirements or best practices
 are within subcontractor's scopes

#### • PH Activities Integrated into Construction Schedule

- Work through sequencing issues (ie. Midpoint BD, TAB)
- Overcommunicate site activities with 3<sup>rd</sup> party Verifiers

#### Internal and Subcontractor Trainings

- Internal trainings for Site Superintendents, PMs, and Field Support Staff
- Product representatives Lunch and Learns for internal teams
- On-site trainings with product reps for installing subcontractors and site
   superintendents

#### Pre-task Coordination / Phius Coordination Meetings

- Review expectations and explain the WHY.
- Assess plan details with Installing contractor and 2<sup>nd</sup> Tier Subs
- Ensure they are following manufacturers specifications
- Set the tone for communication through issues that may arise during installation

#### Internal Performance Testing / Field Observations

- Data tracking of performance metrics
- Diagnostic tools Blower Door, Fogger, IR Camera
- Internal Phius Tracker / Field Observation Reports



## Proactive vs Reactive













**Proactive:** 







### Comments from the Field

#### Mistakes Made:

- 1. Lack of understanding the product compatibility / manufacturers specifications
  - Tapes, primers, rollers, etc.
  - Installation conditions temperature, substrate, etc.
- 2. Failure to review details and expectations with subcontractors before work begins
  - Not the subcontractor's fault
  - 2<sup>nd</sup> Tier subs not involved in detail reviews
- 3. Covering critical areas before testing
  - Primary AVB, Ductwork, Material Transitions, Phius Boundary Penetrations, etc.
  - 4. Overlooking importance of QAQC
  - 5. Incorrect sequencing
    - Exterior pens not complete prior to AVB
      install
    - Air sealing around steel fireproofing

#### **Biggest Challenges:**

- 1. Subcontractor QAQC for entirety of project Winner by a landslide
  - Subcontractor education and acceptance
  - Becomes more of a challenge as buildings get larger with more "zones"
  - WHY are doing it like this?
- 2. Sequencing
  - Adequately mid-point testing a large building
  - Adjusting typical construction schedule
- 3. Coordination with Trades
  - Ex. –MEPs complete all exterior penetrations prior to AVB installer's QA Sign off
- 4. Planning for issues with product availability
  - Ex. Europe to US export for window repairs
- 5. Whole Building Test
  - Full understanding and buy in from everyone on-site
  - Useful mid-point testing to ensure project is on track

#### Lessons Learned:

- 1. Site superintendent and executing subcontractor need to fully understand constructability of critical air sealing details
  - Why is this being done?
    When? Proper Sequencing
  - When? Proper sequencing
     What materials will be used?
  - How is this step being executed?
- 2. Strict QAQC is essential Develop a system
- 3. Significant value in proactive discussions
  - Functional Mock-Ups
  - Building Enclosure / Pre-Task Meetings
    - Confirm proper materials, sequence, trades, etc.
- 4. Be in constant contact with the Verifier
  - Regularly take and share photos
  - 5. Know your Passive House Boundary
    - Phius boundary is not always at your exterior walls/ floors
    - Building types matter
       Slab on Grade, Podium Slab, Additions
  - 6. Test early and often



### Integrating PH into Construction Schedule

#### Pre-Mobilization / Pre-Task Coordination Meetings – Review Overall Plan and Specific Details

- Incorporating Passive House requirements, project goals, all details relative to the trade discussed in Pre-Mobilization
  meetings
- Good time to answer questions and ensure trades have all the proper materials, and they understand manufacturers
   specifications
- Slab Pours
  - VB Terminations at Interior / Exterior columns
  - How are we handling penetration clusters
- AVB Install
  - Transition Details
  - Include AVB Rep
- Mid-point blower door testing
  - Include Verifier in discussion on how to properly sequence
  - Building Prep Checklist
- TAB process
  - Ensure TAB Agent is aware of Phius ventilation thresholds
  - TAB Agent and Verifier must communicate and ideally meet on-site together
- Assembly testing
  - At what stage, Installer present

#### **Meeting Involvement**

- OAC Phius Updates
- Phius Break Out Meetings
  - Separate meeting with the sole focus on Passive House activities if team is inclined
- Weekly project updates with General Superintendent







Building a Better Experience

## Why...How...What If's



- Foreman and entire team completing installations including any 2<sup>nd</sup> Tier Subs
  Document all installation steps

- Include applicable product reps if possible
  3<sup>rd</sup> party envelope consultant present (if applicable)
- Utilize performance Mock-Ups
   Iron out and test installation details



### Integrating PH into Construction Schedule

#### Inspections:

- 3rd Party Verifier Inspections and Performance Testing
  - Understanding Verifier scope and implement their visits into schedule
  - Including 3<sup>rd</sup> Party Verifier on all 3-week look ahead
- Internal Inspections / Performance Testing
  - Duct Testing as needed
  - Visual Inspections
    - Pre-Rock Inspections prior to production drywall
    - Phius Boundary inspections prior to covering
  - Prelim and Final Compartmentalization Testing
    - Sampling of Units
    - Record data for post project reviews
    - Do not waste our Verifier visits with failing units
  - Assembly testing
    - Testing assemblies and penetrations through assemblies with Blower Door + Fog Machine prior to covering











### Integrating PH into Construction Schedule

#### **Close-Out Process**

- TAB Coordination sometimes harder than it should be
  - TAB Agent and Verifier should be on-site together
    - Ensure TAB contractor thresholds match green building program thresholds
- Final Performance Testing
  - Whole Building BEFORE OCCUPANCY
  - Compartmentalization
  - Duct Testing
  - Ventilation
- Document Control
  - BHB
    - IAP Checklist Items
    - ES Rater Field Checklist Sign Offs
    - ES Water Management Checklist
  - HVAC Contractor
    - Energy Star Functional Testing Checklist Sections 1-5
    - GET AHEAD OF SECTION 6
      - FT Agent needed if shared VRFs

#### ERV-1 Overview: Serves dwelling units 71, 73-83 on floors 1-3.

North Tower (ERV #1) airflow testing verification:	Design (cfm)	Verified (cfm)	%+/- Design	+/- cfm Design	OK?	Room pressure difference	OK?	Room pressure difference	OK?
SUPPLY								-	
Unit 171 - hall	30	23	-23%	-7	NO			19 C	12 S
Unit 171 - bed	30	23	-23%	-7	NO				
Unit 173 - hall	30	25	-17%	-5	YES		6	2	8 3
Unit 173 - bed	30	26,4	-12%	-3,6	YES				~
Unit 174 - hall	30	26	-13%	-4	YES			2	1. I.
Unit 174 - bed	30	27	-10%	-3	YES				
Unit 175 - hall	30	24.3	-19%	-5.7	YES				6
Unit 175 - bed	30	25.2	-16%	-4.8	YES			-	
Unit 176 - hall	30	24	-20%	-6	YES			2	
Unit 176 - bed	30	24	-20%	-6	YES				£
Unit 177 - hall	30	25.9	-14%	-4.1	YES				
Unit 177 - bed	30	24	-20%	-6	YES		6	1	<u>,</u>
Unit 178 - hall	30	30	0%	0	YES				1
Unit 178 - bed	30	26.8	-11%	-3.2	YES		8	2	8
Unit 179 - hall	30	27	-10%	-3	YES			2	2 C
Unit 179 - bed	30	25.8	-14%	-4.2	YES				
Unit 190 - hall	30	26	-13%	4	YES	1	X		8 B
Unit 180 - bed	30	25.8	-14%	-4.2	YES				
Unit 181 - hall	30	27.6	-8%	-2.4	YES		8	2	8 8
Unit 181 - bed	30	25.5	-15%	-4.5	YES			34	Q
Unit 182 - hall	30	27	-10%	-3	YES				
Unit 182 - bed	30	27.2	-9%	-2.8	YES	1	1	2	8
Unit 183 - hali	30	26	-13%	-4	YES	0.4	YES		1
Unit 183 - bed	30	26.6	-11%	-3.4	YES	1	-	2	8 8
Unit 271 - hali	30	20	-33%	-10	NO			8	
Unit 271 - bed	30	24.8	-17%	-5.2	YES				
Unit 273 - hall	30	241	-20%	-5.9	YES			1	
Unit 273 - bed	30	25.3	-16%	-47	YES			1	
Unit 274 - hall	30	24	-20%	-6	YES	8	8	26	1. E
Unit 274 - bed	30	25	-17%	-5	YES				6. T
Unit 275 - hall	30	25	-17%	-5	YES				
Unit 275 - bed	30	24.6	-18%	-5.4	YES	1		8	8
Unit 276 - hall	30	25.9	-14%	-41	YES	1.1			1
Unit 276 - bed	30	24	-20%	-6	YES				6 - S
Unit 277 - hall	30	24	-20%	-6	YES			8	
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### Additional QAQC Measures

#### Internal Tracking:

- Performance Testing Tracking
  - For compartmentalization and duct testing in dwelling units and shared ventilation systems
  - Helpful to understand where we should be testing at different stages based on historical data
- Internal Sustainability Field Observation Reports
  - Useful tool for site superintendents to communicate correction items with trades
  - · Site team responsible for responding to Field Observation reports like they would for the architect, engineer, or Verifier
- Internal Phius Progress Tracker
  - · Purpose is to help ensure no critical items are missed and understand what the Verifier may still need to test, inspect, or collect photographs of

Phase 3 - Mid-point Testing	Status	Inspection Date	Notes
			- Diagnostic midpoint test completed
Mid-point blower door testing plan complete and communicated with project team	In Progress	6/28/2024	- Discussion with NEI about next Midpoint needed
Dwelling unit mid-point dust testing complete (Minimum 20% tested)	Completed	5/04/0004	- INEL has completed all dwelling unit duct testing
pwening unit inte-point duct testing complete (Millilliuli 20% tested)	completed	5/24/2024	- Mid-point testing indicated there was some duct
			leakage on the roof which will affect our whole building
Central ERV ductwork Aerosealed (if required)	Issue Present	6/28/2024	blower door results
Duct insulation installed properly and layout matches design	Completed		
			- NEI's confirmed via e-mail on July 30th
ERV Duct testing passed by Verifier	Completed	7/31/2024	
and been the approximation of the second sec		// 3-/ ===+	- E-mail sent 7/30 regarding scheduling for week of
Mid-point Blower Door Scheduled	In Progress	7/31/2024	
			- Final mid-point can be scheduled soon. Need to
			check:
			- Doors - Trach chute windows
			- Loading windows
			- Amory tower
Mid-point Blower Door Test Completed	Future Work		
			<ul> <li>Fog testing on slab on deck connection completed</li> </ul>
			- through dask paratrations has occurred multiple
Denter ( ID Toot and Alexian and Alexian a	Territo Description	(1-0)	times, most recently 6/28/2024
Fog test / IK Test remediations addressed	Issue Present	6/28/2024	- Amory tower needs insulation inspection - ready
			week of 8/26-8/30
			- Need to confirm spray foam under deck has been
			signed off
All extension incrulation increased and approved by Varifian prior to covering	In Deservoire	8/15/0004	- Exterior mineral wool installation almost complete
pan exterior insulation inspected and approved by verifier prior to covering	in riogress	8/15/2024	- NEL confirmed via e-mail on July 30th
Plumbing insulation installed property and layout matches design. Obtain Phius	Completed	7/01/0004	sine commence and commence of our good
vermer sign on	completed	//31/2024	- Internal meeting held with TAB Agent, CAC, and SES
			on 06/06/2024
			- E-mail sent to coordinate with NEI and SES on
			06/07/2024
[TAB and FT Checklist Process communicated, acknowledged / understood by responsible	Completed	8/15/0004	- Follow up e-mail sent and parties confirmed on
parties and agreed on by vermer and TAB agent	Completed	8/15/2024	Duilding
			Building



Bald Hill Builders, LLC 25 Walpole Park South Dr. #10 Walpole, MA 02081 Tel:781-806-5951 Fax:781-806-5952

#### Field Observation Report #23: Compartmentalization Testing

Project Name:	1599 Columbus Avenue
BHB Job Number:	01-21-049
Inspection Date:	August 20, 2024
Present on Site:	BHB: David Perez, Nicole Raymond, Matt D'Errico, Greg Downing
Energy and Green Programs:	PHIUS 2018+   DOE Net Zero Energy Ready Homes   EPA Indoor airPLUS   Energy Star MFNCP
Site Conditions:	Cloudy, Hot   ~ 80 degrees
General Comments:	The purpose of this report is to update the project team with results from our final round of preliminary compartmentalization testing.





# Getting a PHIUS Project to the Phinish Line:

NESEA Building Energy Boston 2025



Michael Browne, PHIUS Rater/Verifier Advanced Building Analysis, LLC



# Collaboration

### Early Planning and Design

- Important to involve everyone particularly including the Functional Testing Agent and MEP in design decisions
- Airtightness testing plan

### Construction

- GC needs to Coordinate Passive House Work and Inspections
- Who is the AIR BOSS?
- Early Testing
- Phinishing
  - Ventilation, Ventilation, Ventilation, Ventilation, Ventilation, Ventilation ....

# Top 10 items that go wrong at the end

- 1. Air tightness
- 2. Ventilation
- 3. Ventilation
- 4. Ventilation
- 5. Ventilation
- 6. Ventilation
- 7. Ventilation
- 8. Ventilation
- 9. Ventilation
- 10. Ventilation

# How they go wrong ....

- 1. Air tightness No early testing
- 2. Ventilation
- 3. Ventilation
- 4. Ventilation
- 5. Ventilation
- 6. Ventilation
- 7. Ventilation
- 8. Ventilation
- 9. Ventilation
- 10. Ventilation

- Choice of Overall System type
- Choice of Equipment
- Choice of Ventilation Flow Rates
- Duct design
- Choice of Balancing Damper
- Installation of Balancing Dampers
- Duct leakage and Aeroseal
- Choice of Air Flow measurement equipment
- Not understanding Passive House limits for airflow

# **Recommendations for Successful Verification**

- 1. Air tightness
- 2. Ventilation
- 3. Ventilation
- 4. Ventilation
- 5. Ventilation
- 6. Ventilation
- 7. Ventilation
- 8. Ventilation
- 9. Ventilation
- 10. Ventilation

- + Early Test when primary air barrier is still accessible
- + Choose dwelling unit ERV's for best ventilation
- + Choose ERV with excellent controls
- + Choose design rates 5 cfm above minimum allowed
- + Duct design and ductwork with smooth turns
- + Tight ductwork and don't seal your dampers...
- + Dampers adjustable by Balancer NOT by the occupant
- + Make dampers easily accessible to the Balancer
- + ANSI/RESNET/ICC Standard 380 Measurement Devices
- + Early communication of PHIUS Balancing limits

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# 2. Dwelling unit ERV's for best ventilation

- 1. Low quiet continuous speed
- 2. Boost Speed for local exhaust needs
- 3. Simple to balance
- Keep it simple by keeping ventilation distribution completely separate from heating and cooling distribution.
- 5. Exhaust bathrooms, Supply Bedrooms



# 3. ERV with excellent controls

3 ERV models we recommend for smart controls plus recovery and fan efficiency:

- 1. Panasonic FV+10VEC2
- 2. Broan BLP150
- 3. Any Zehnder Q Series ERV





# 4. Design flows 5 cfm above minimum req.

DON'T design for the absolute minimum allowed by ASHRAE 62.2.

Give yourself a buffer of +5 cfm at each register

This will eliminate many verification failures which happen when the verifiers measurements fail to meet minimum ASHRAE Ventilation and provide better ventilation overall.

# 5. Smooooooth Duct design

DON'T make air turn around sharp edges.

This causes erratic flow and noise.

Instead design duct distribution with angled take+offs and smooth turns



# 6. Tight ductwork – but don't seal your dampers...

Do seal all of the ducts including the joints of the boots to the sheetrock or flooring.

Also seal the exterior duct penetrations to the outer louvers or caps to avoid allowing moisture behind siding.



# 7. Dampers should be easily used by Balancer– NOT by the occupant

DON'T use grilles with adjustable louvers that occupants could easily change.

Use a damper that can be marked with the final position of the damper after Balancing.



# 8. Make dampers accessible to the Balancer

This type can be adjusted with a long+handled Allen wrench without removing the register or diffuser and without the need for ceiling access panels



# 9. ANSI/RESNET/ICC Standard 380 Airflow Measurement Devices

**Powered Flow Hoods** 

+ RetroTec Flowfinder MK2

Passive Flow Hoods

+ Testo 417 with Flow Straightener and Capture Hood

**Inline Pressure Measurements** 

+ Traverse measurements or measurements on taps at ERV's



# 10. Early communication of PHIUS Balancing limits

Limits should be expressed 3 ways:

- 1. Per Register
- 2. Per Dwelling Unit
- 3. Per ERV

These vary slightly by Passive House Program and Version, but they all require more accuracy than is called for by TAB Standards that will be used if the Balancer is not informed.

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