

BUILDINGENERGY BOSTON

Resilience and Sustainable Design for Laboratories: Harvard Case Study

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Northeast Sustainable Energy Association (NESEA) | March 19, 2024



HARVARD UNIVERSITY SCIENCE & ENGINEERING COMP

PROJECT DURATION

2006-2009 / 2014-2020

AREA

535,000 SF

ROLE

Architect

CERTIFICATIONS

LEED Platinum

LBC Materials Petal

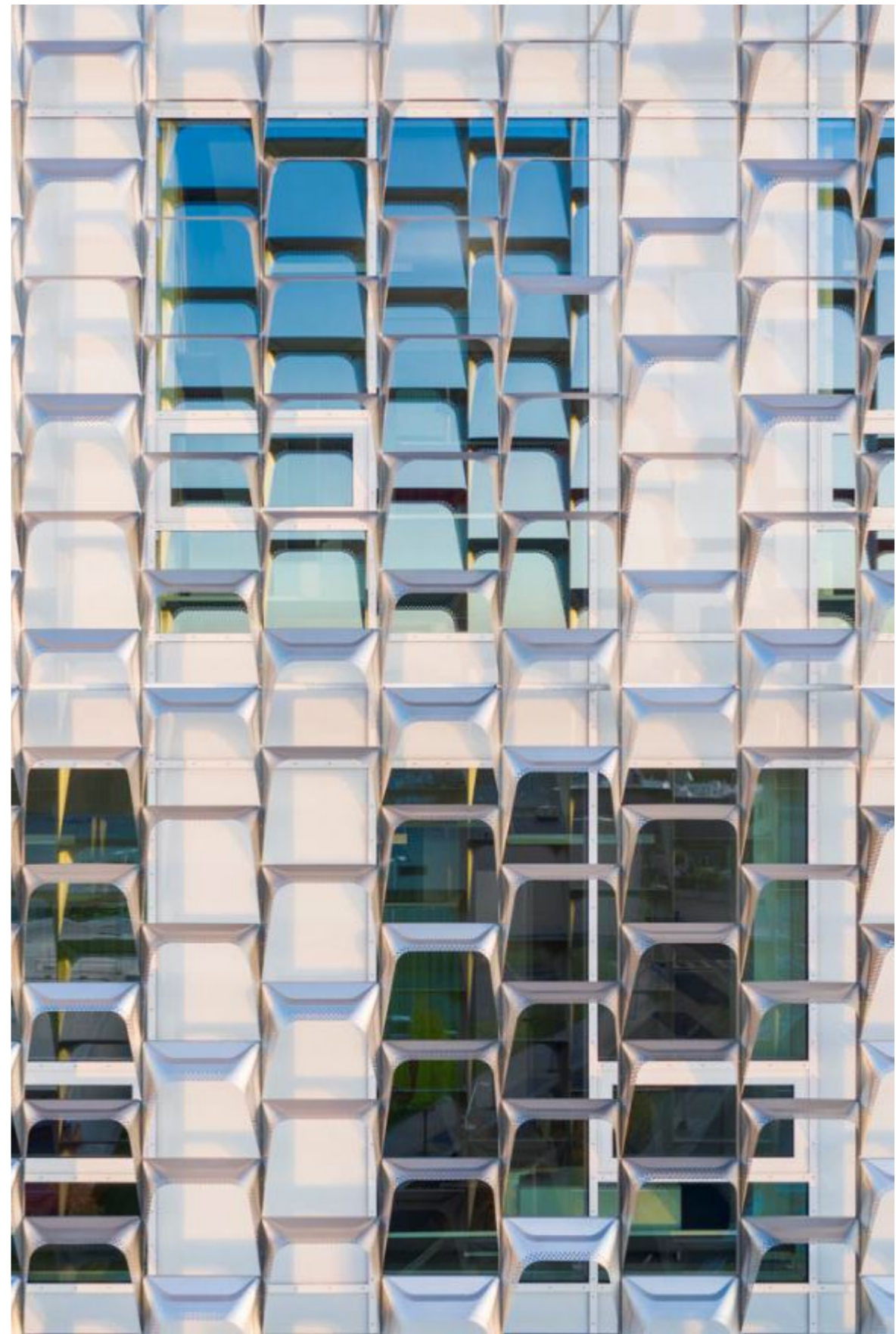


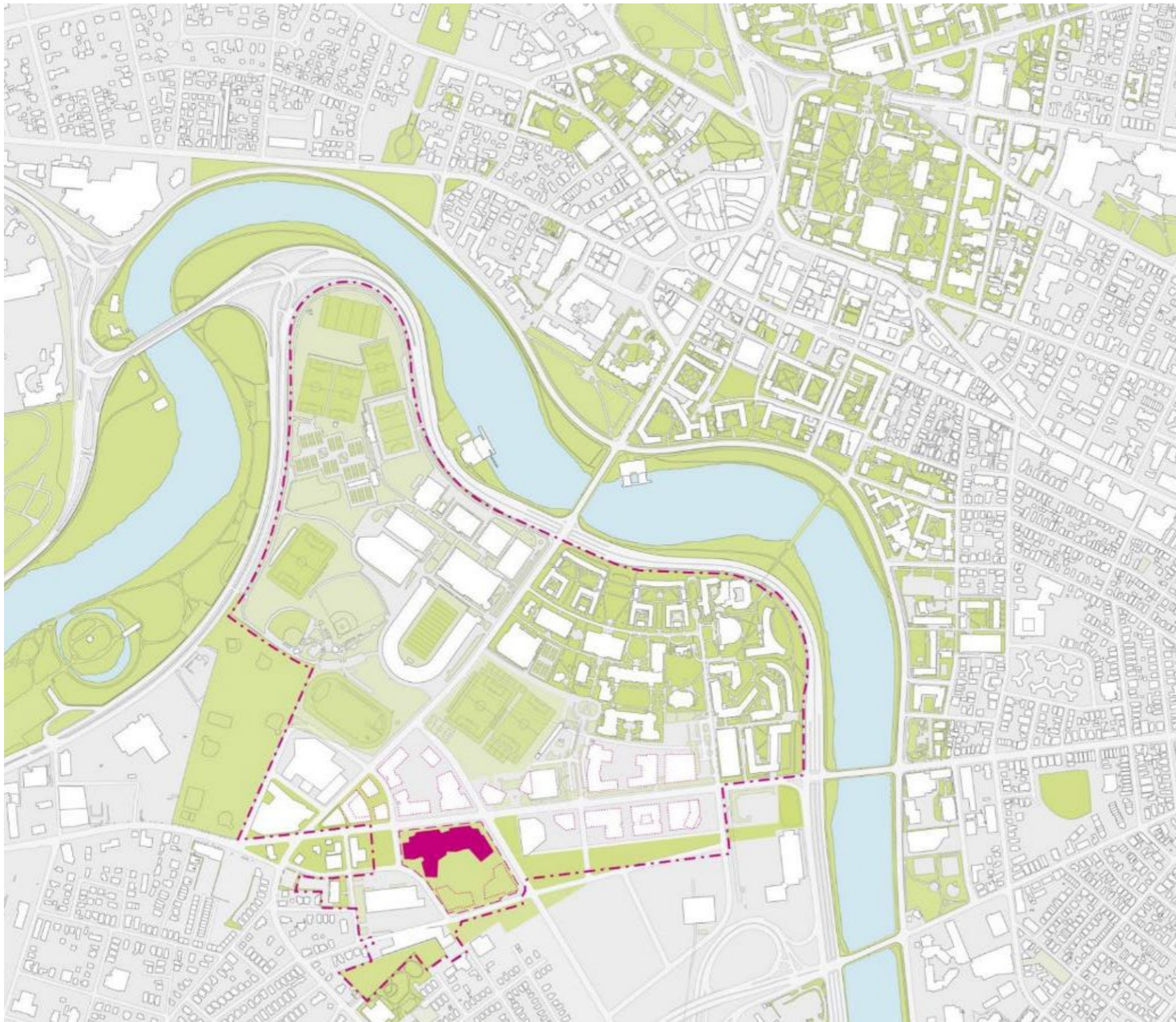
Case Study Topics:

Resilience Planning

Water Story

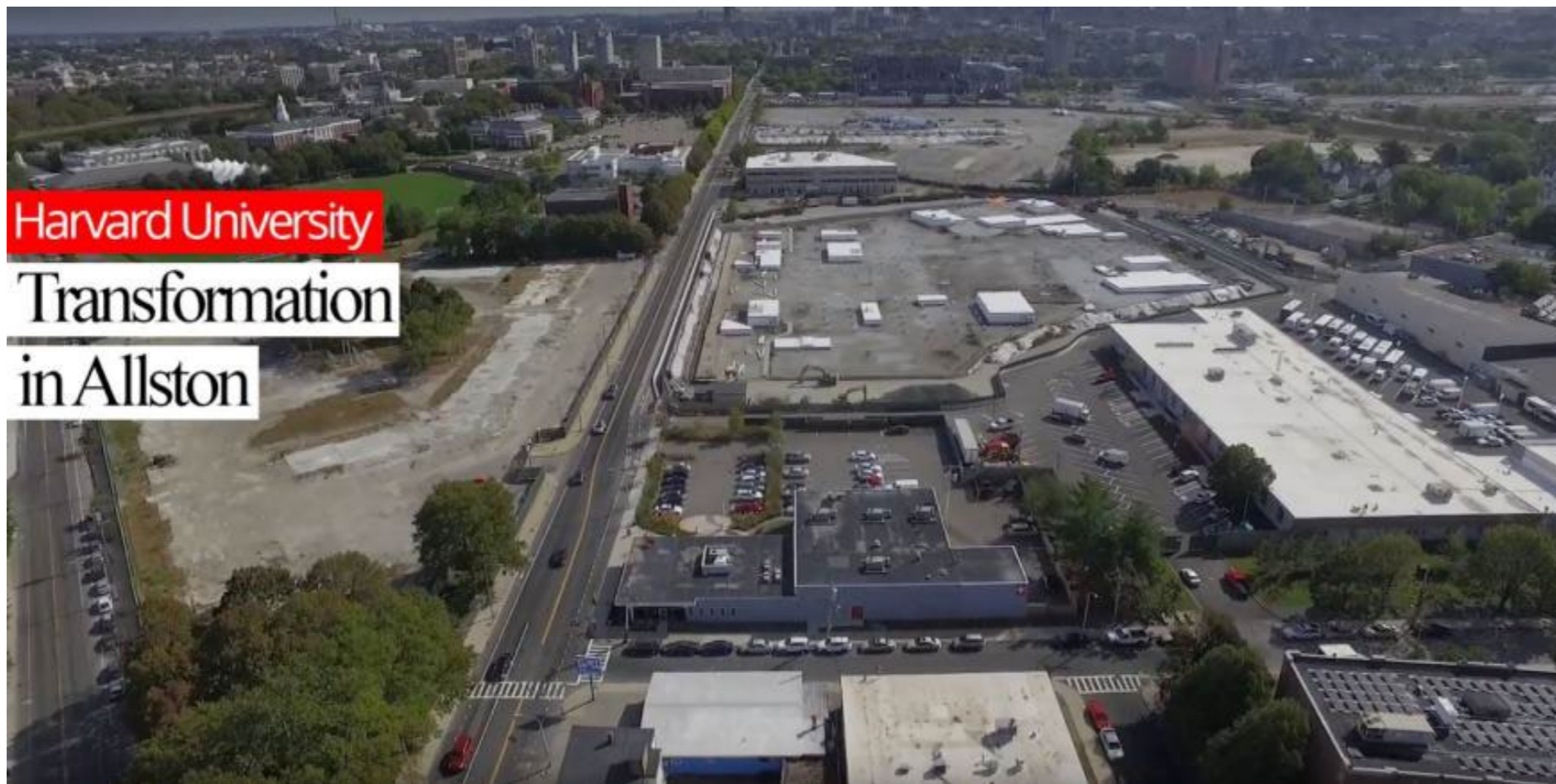
Sustainability and Performance





Project History

- **Began in early 2000's as a Biotechnology Research Center**
- **Design Completed & Construction began for a 4 Building Complex, roughly 1,000,000 SF**
- **Project halted after 400,000 SF below-grade Shell Constructed**
- **2012 – Programming began for a New World-Class Facility to house the School of Engineering and Applied Science.**



Project Charter

Providing Uncompromised, High Performance Research & Learning Spaces

Beyond State-of-the-Art Laboratory Efficiency

Optimize ventilation strategies

Establish long-term sustainable operation plans, including staffing

Healthiest Building at Harvard

Minimize material use and reduce chemicals of concern

Provide access to outdoors to bring daylight and nature into building

Unparalleled User Comfort and Controllability

Increase user control over natural ventilation and daylight

Provide holistic thermal comfort with minimal noise

“Wearing it On Your Sleeve”

Interactive user experience

Sustainable living lab: extensive metering/feedback mechanisms

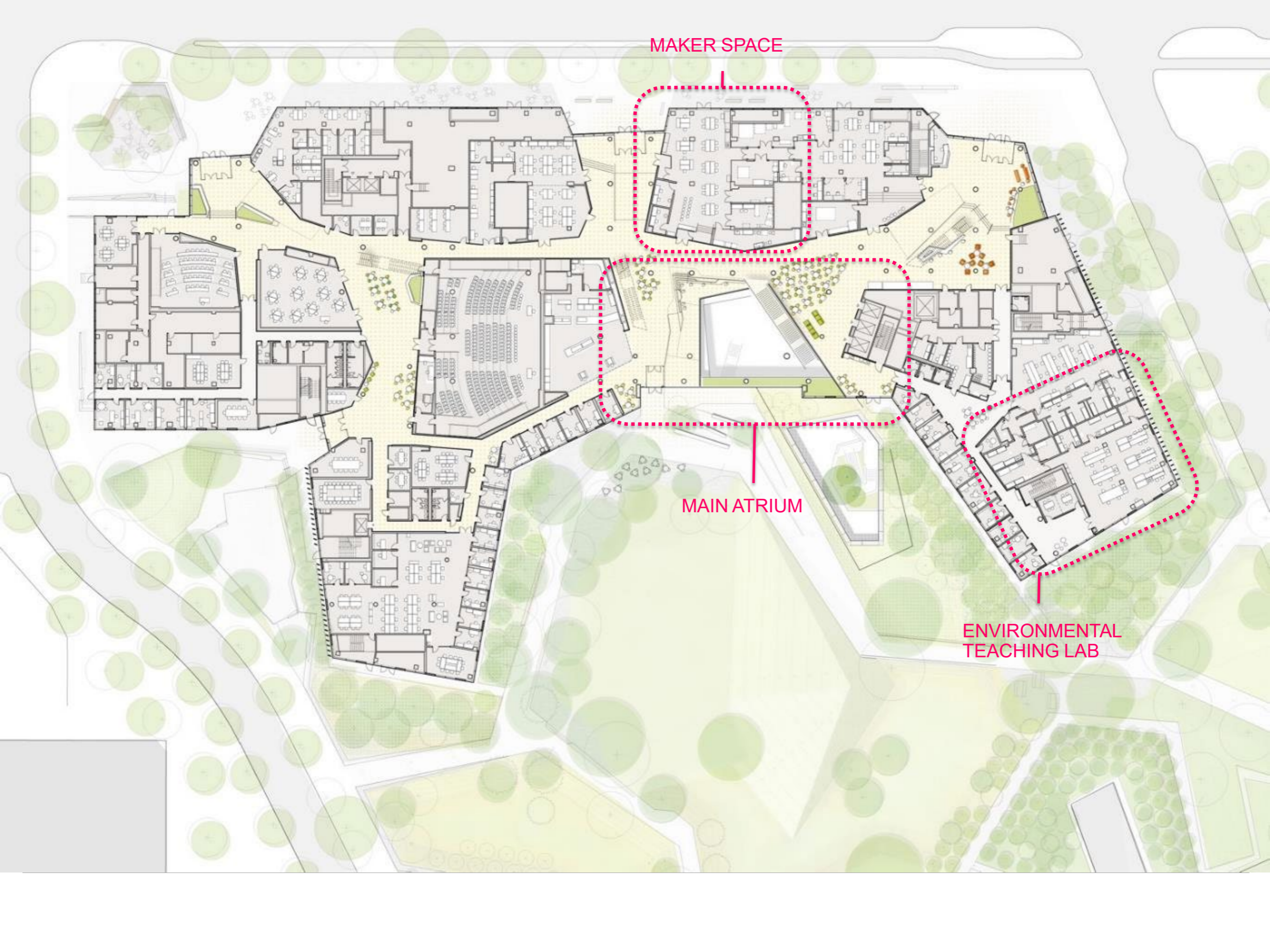
Designed to Last

Robust and resilient design

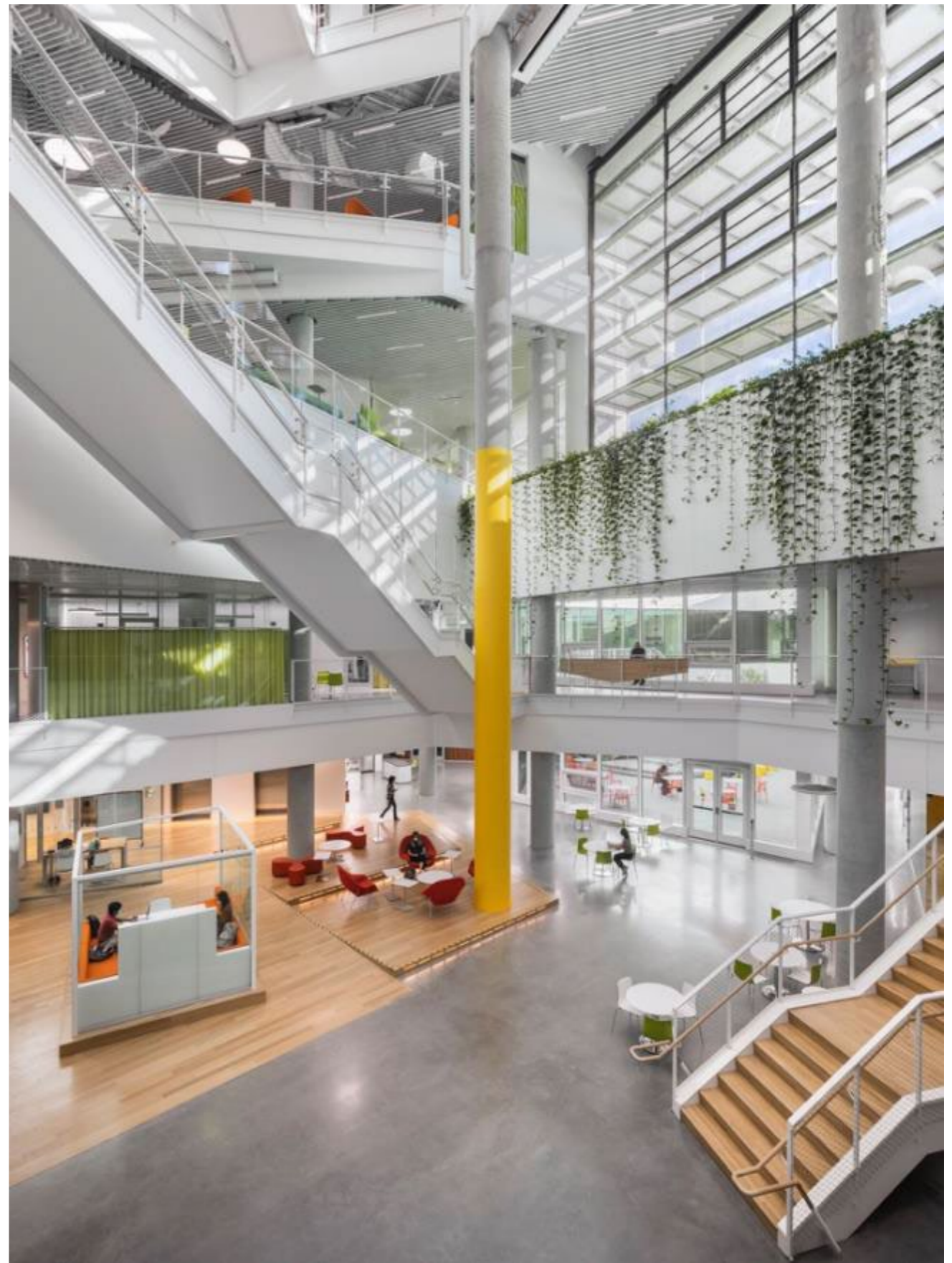
MAKER SPACE

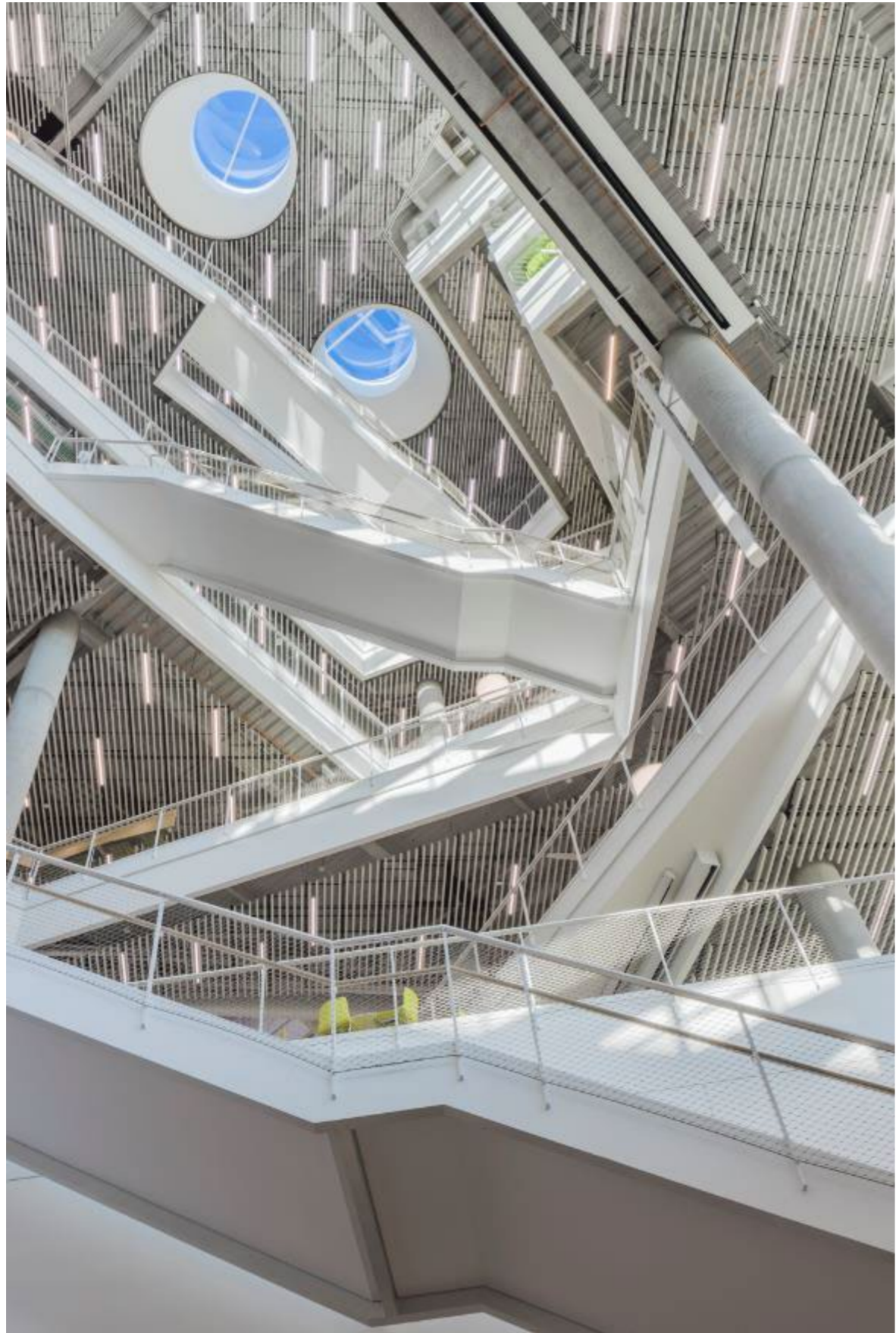
MAIN ATRIUM

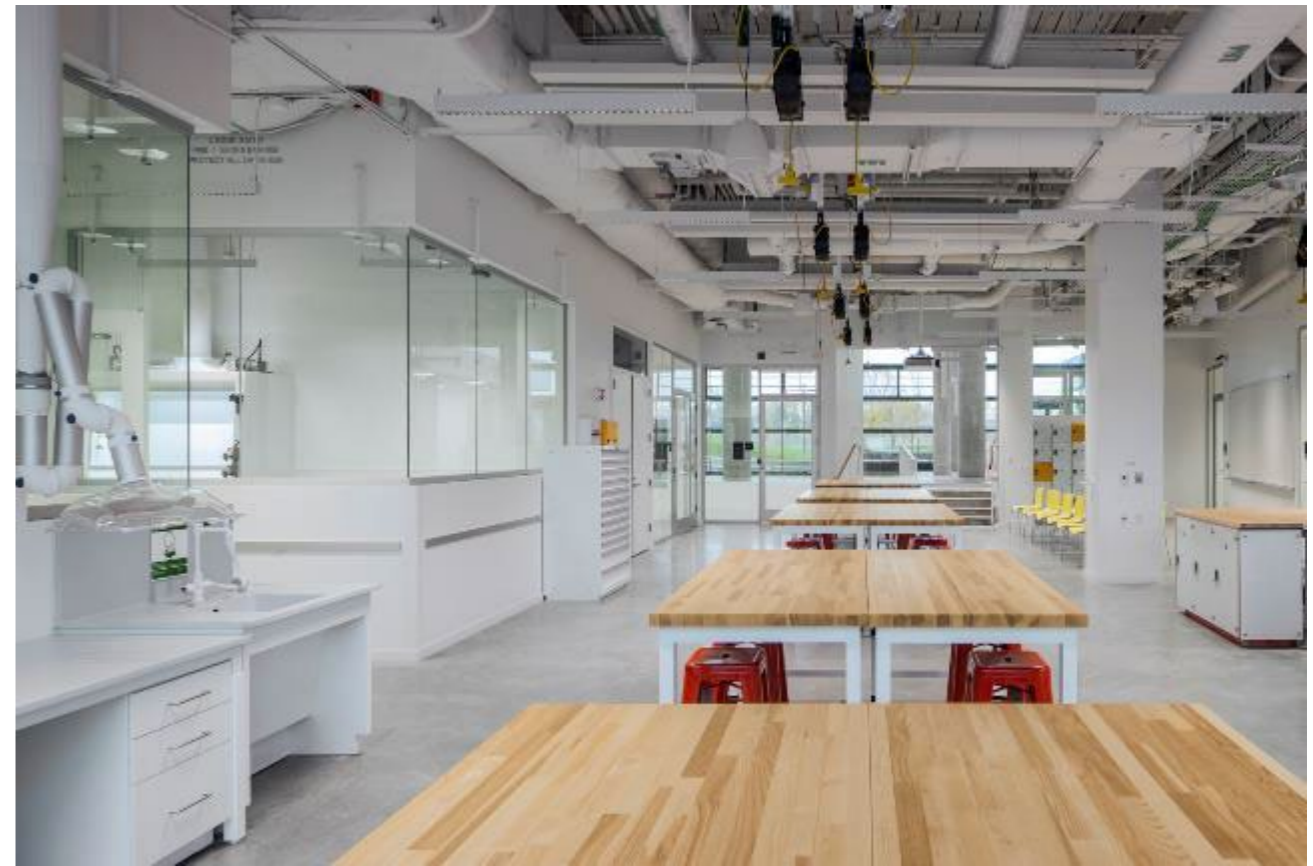
ENVIRONMENTAL
TEACHING LAB

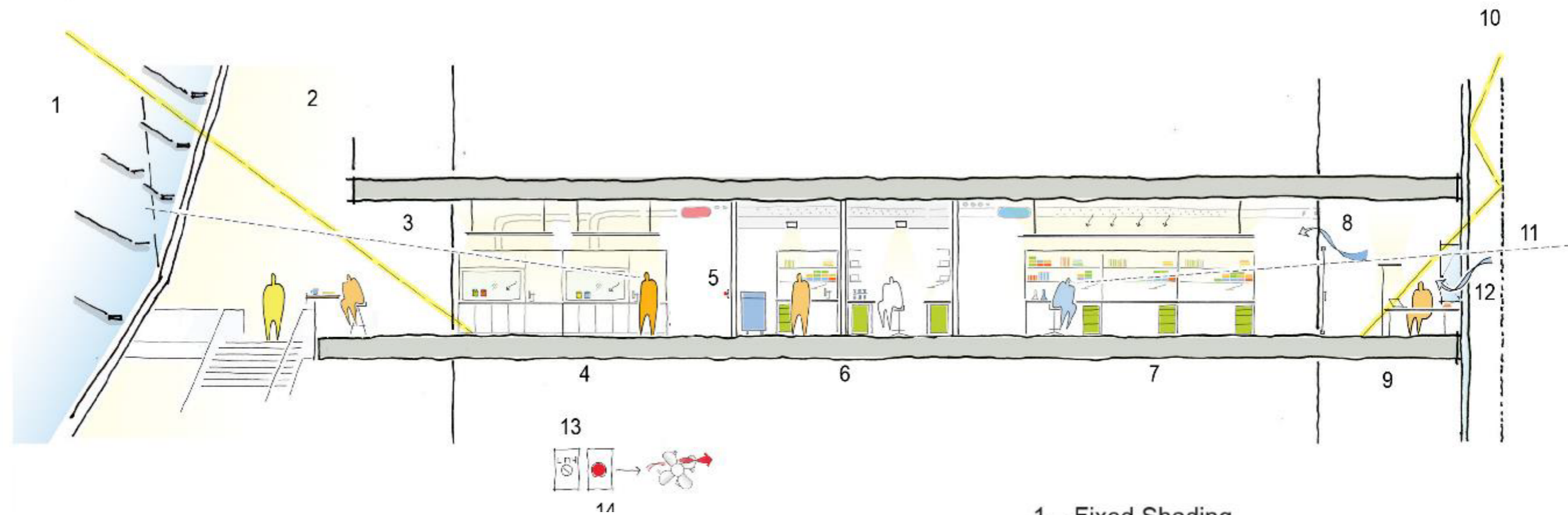








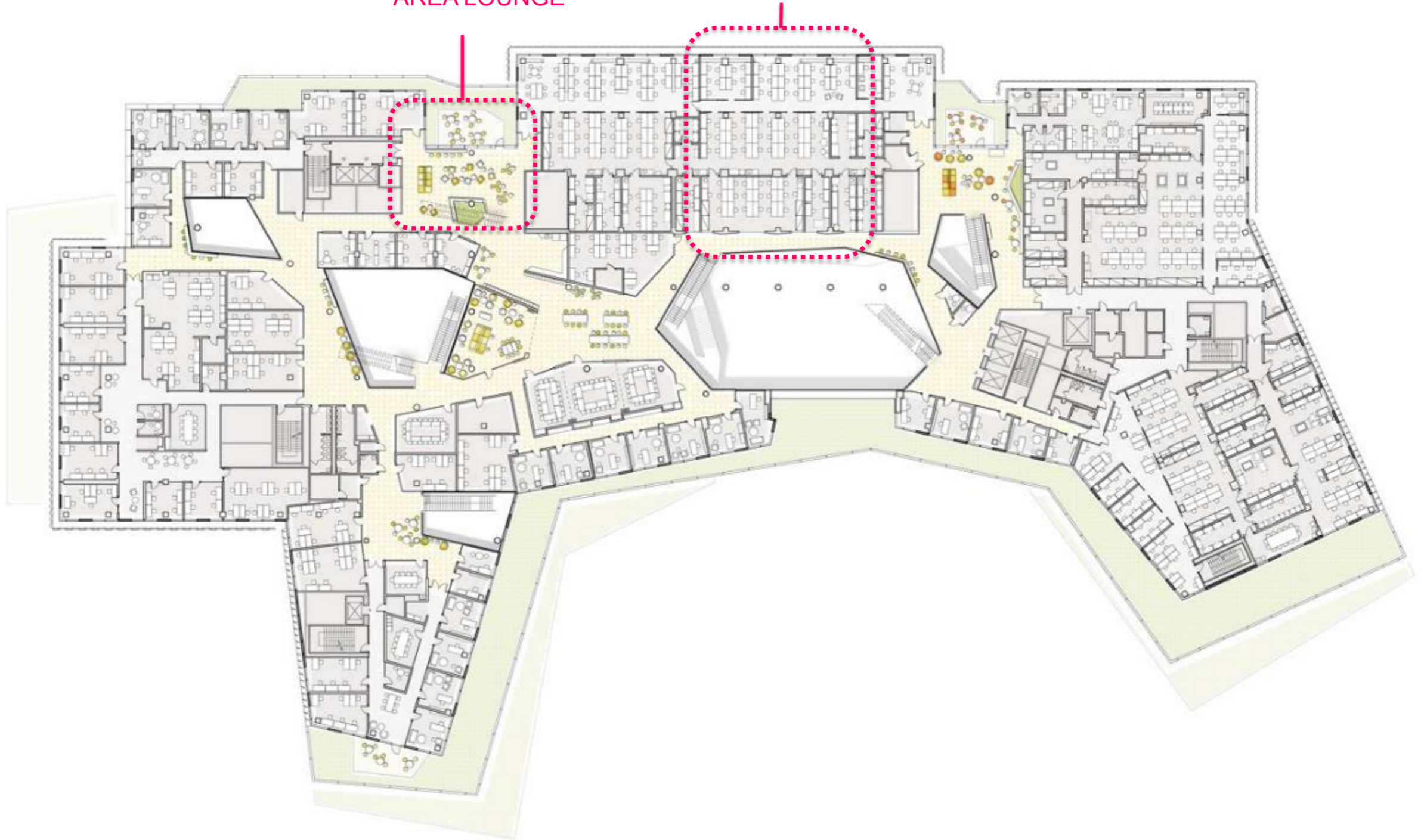




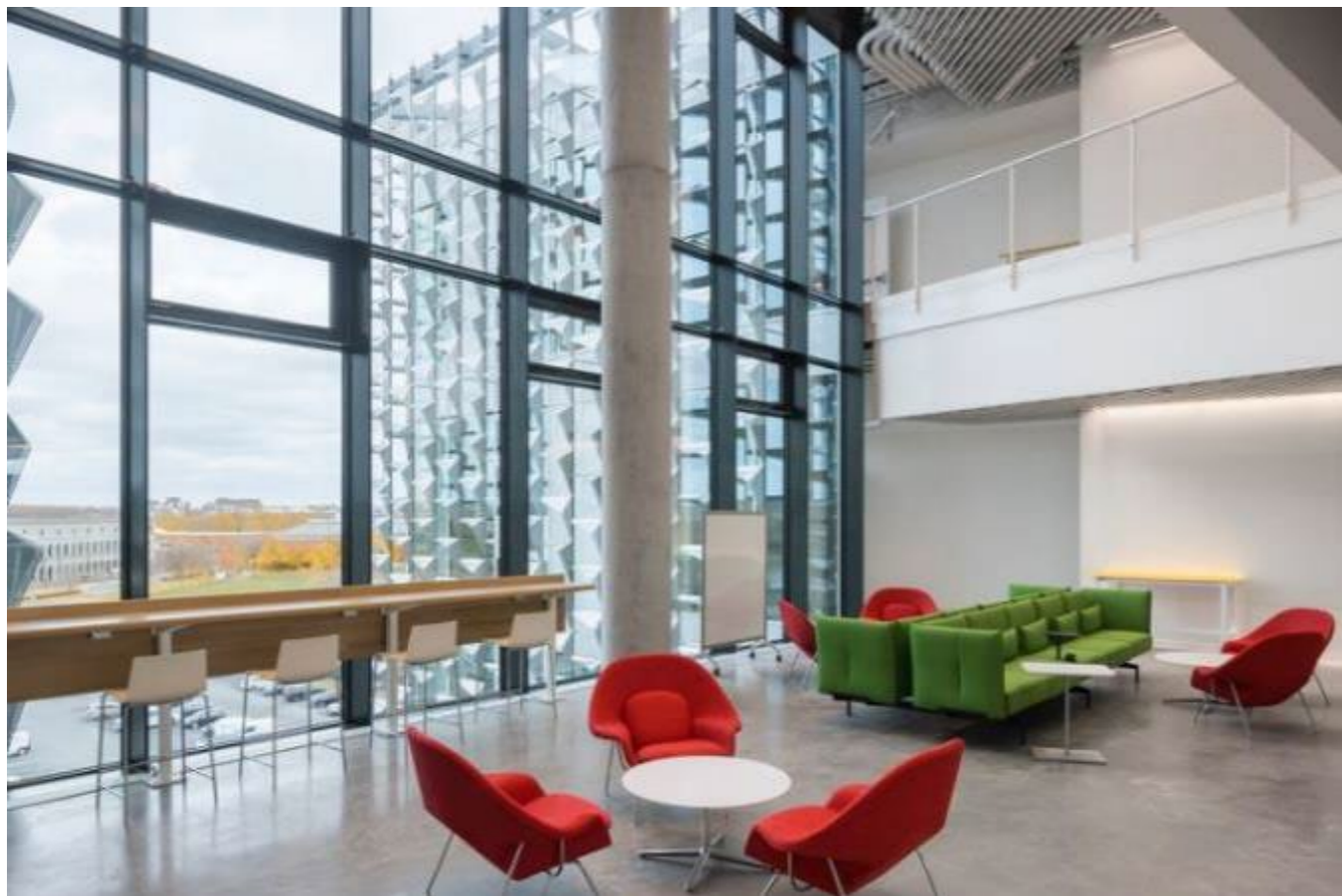
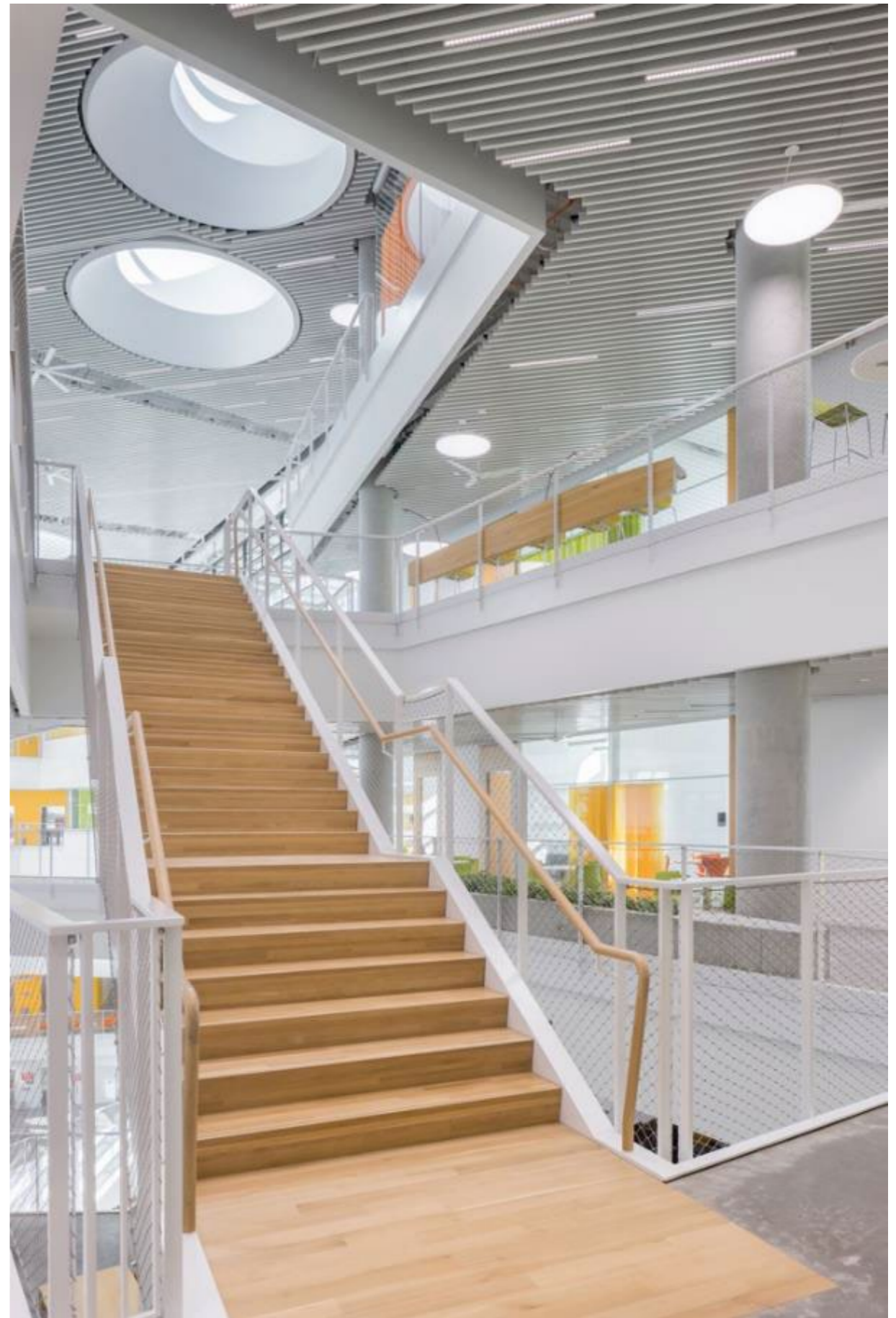
- 1 – Fixed Shading
- 2 – Atrium
- 3 – View
- 4 – Hoods or benches
- 5 – ACH Dial
- 6 – Support Spaces
- 7 – Lab Benches
- 8 – Transfer Air
- 9 – Natural Ventilation
- 10 – Light redirection at north facade
- 11 – View
- 12 – Operable windows at lab offices
- 13 – Air change rate (low, med, high)
- 14 – Emergency (max)

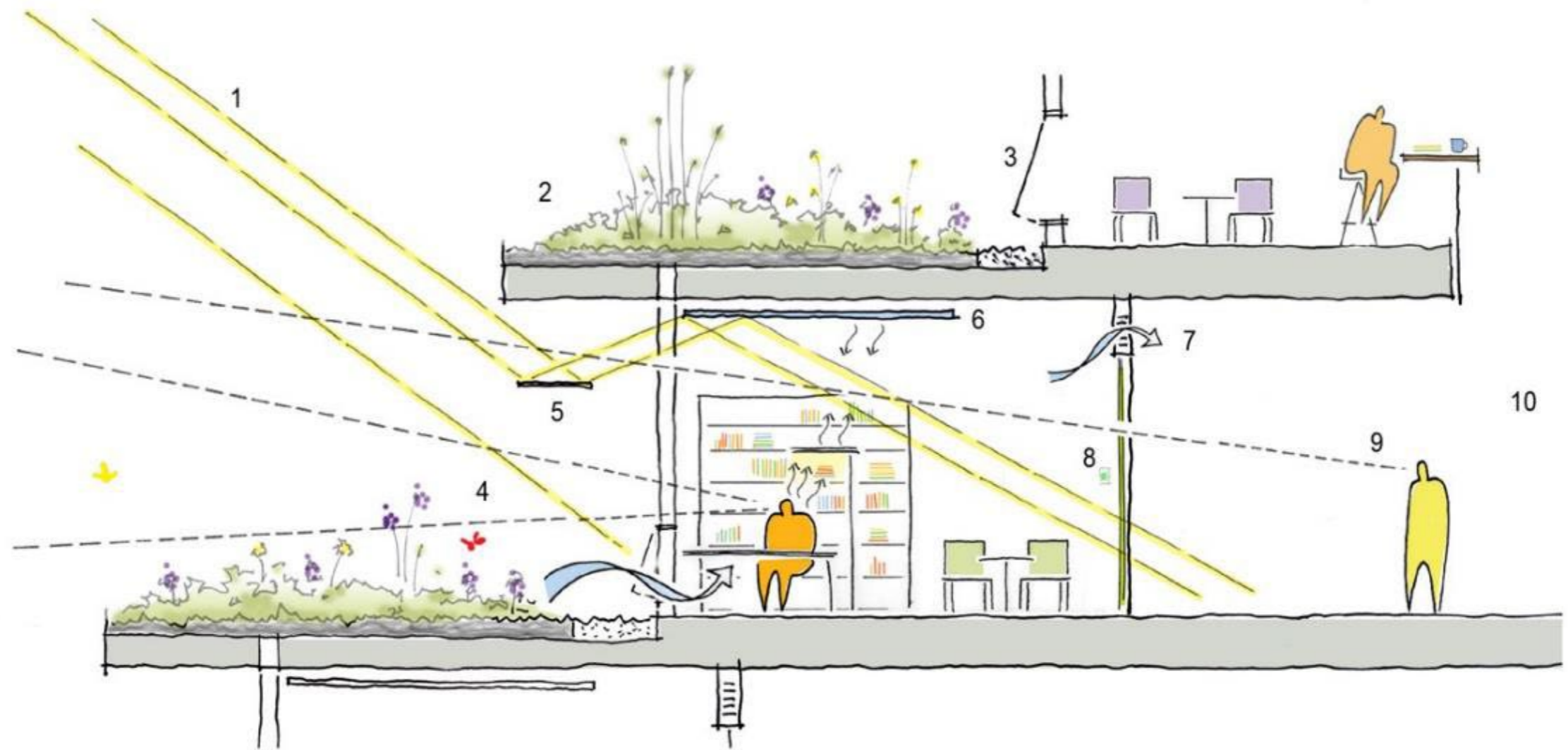
WET BIOENGINEERING LAB

AREA LOUNGE

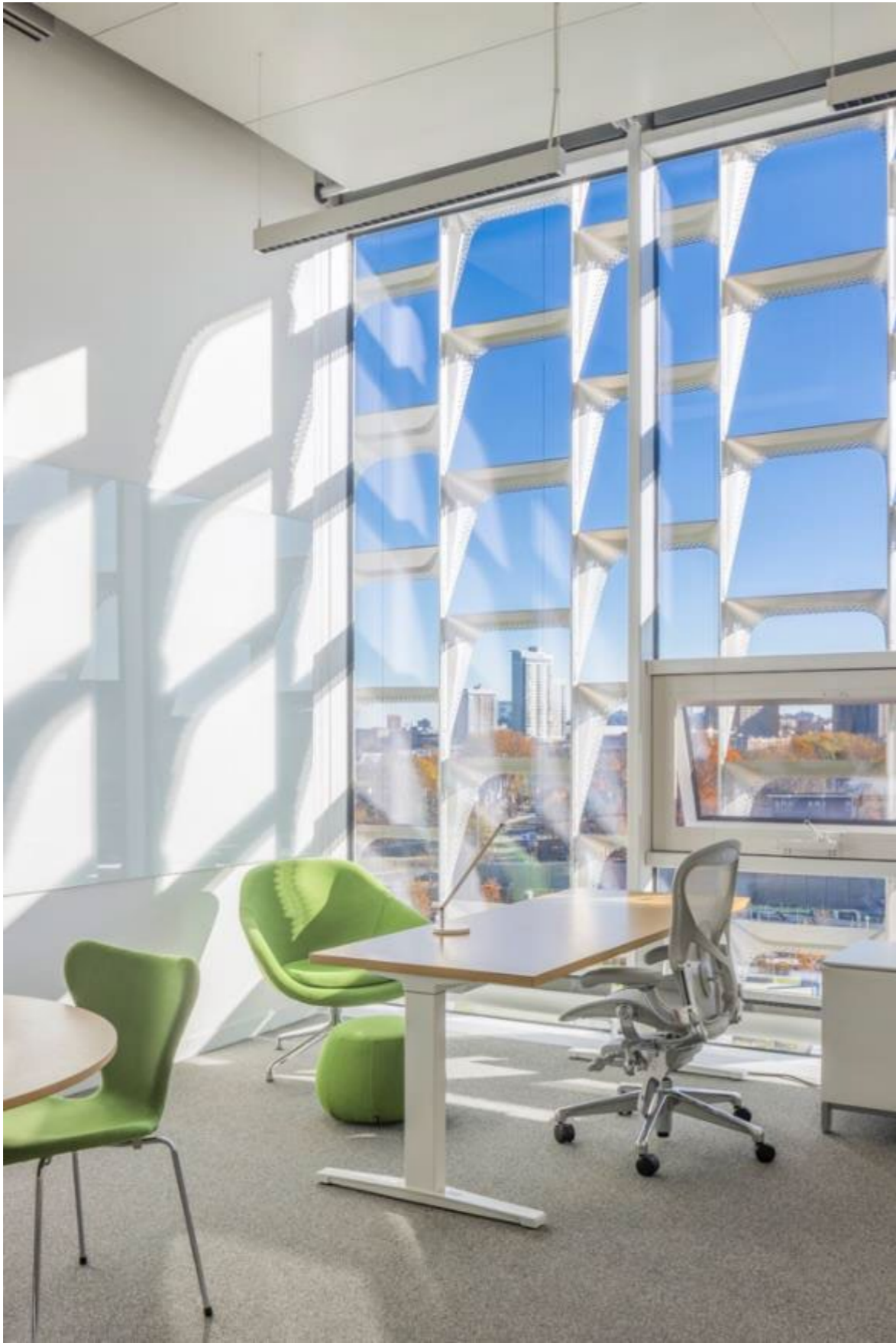




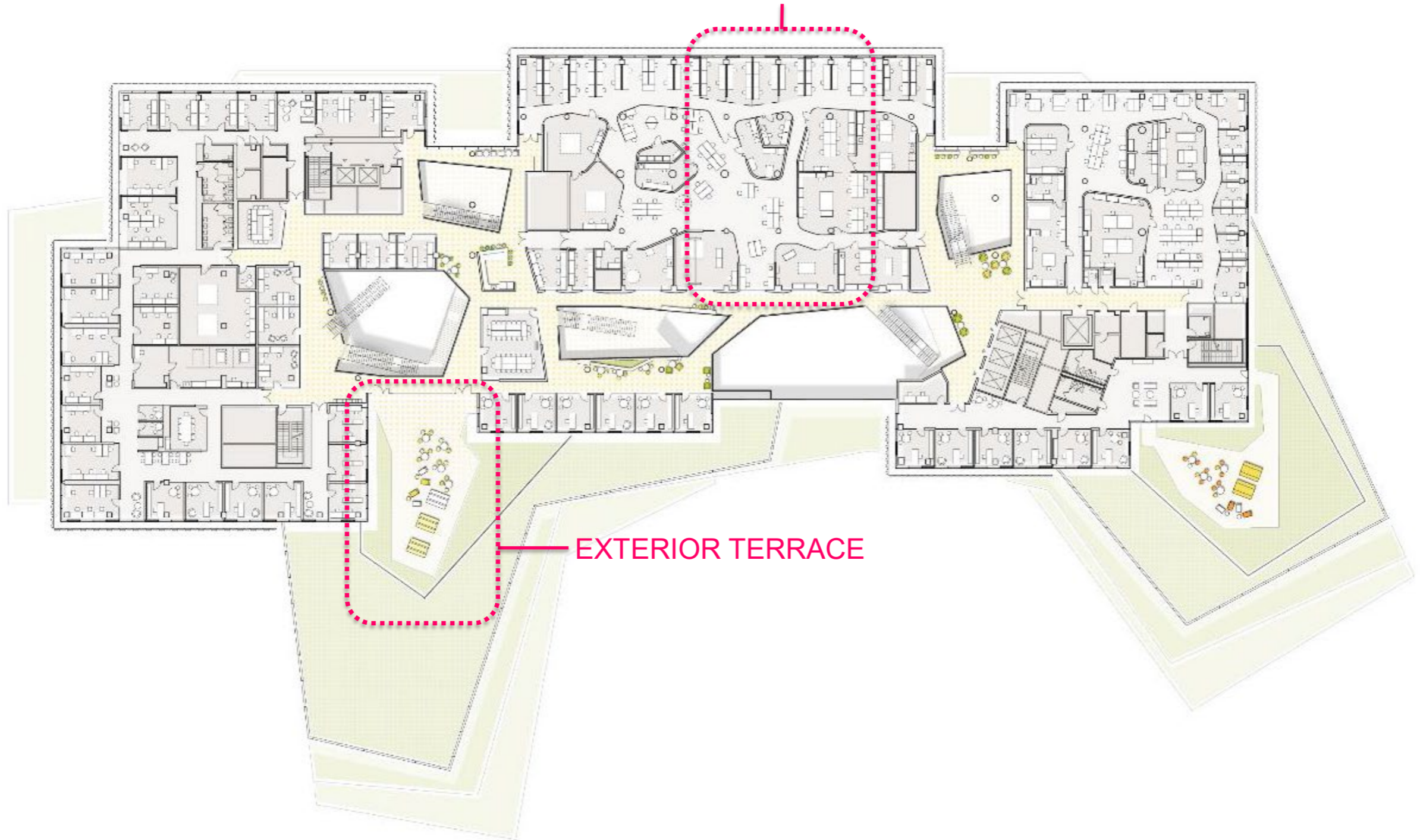




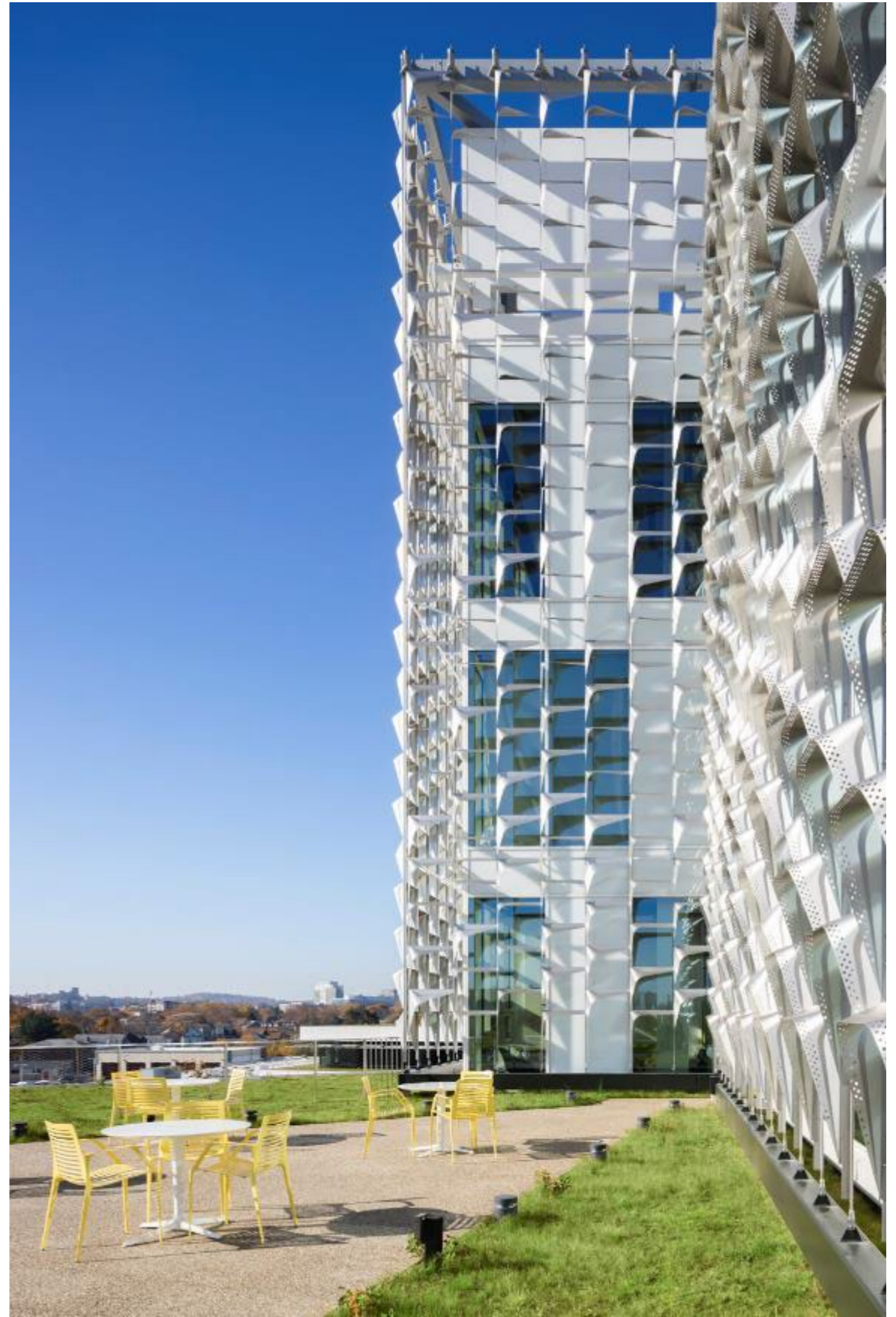
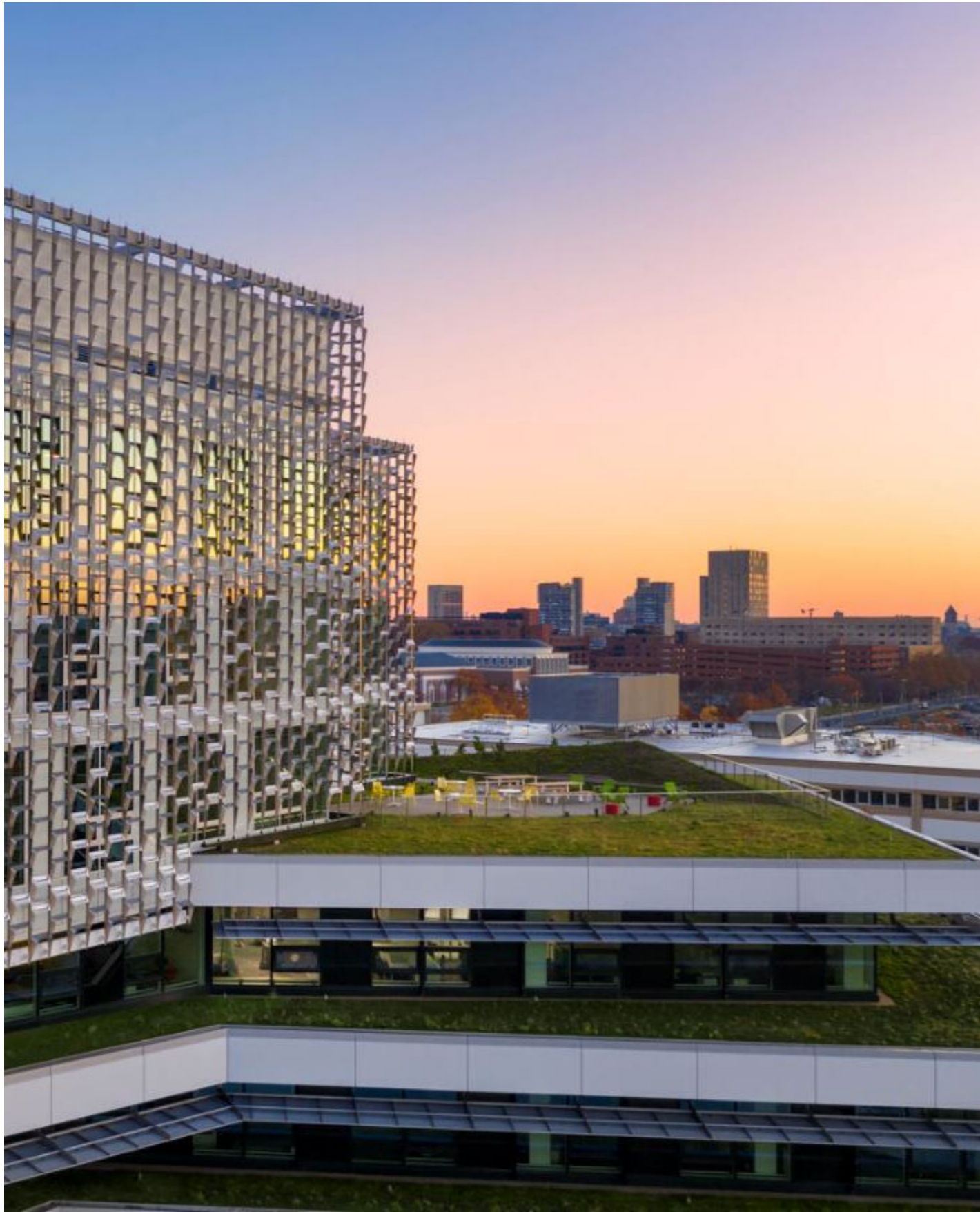
- 1 – Sunlight
- 2 – Green roof terrace
- 3 – Operable windows
- 4 – View
- 5 – Fixed solar shading/ lightshelf
- 6 – Radiant Ceiling
- 7 – Transfer Air
- 8 – Open window indicator light
- 9 – View
- 10 – Atrium



ROBOTICS RESEARCH LAB



EXTERIOR TERRACE



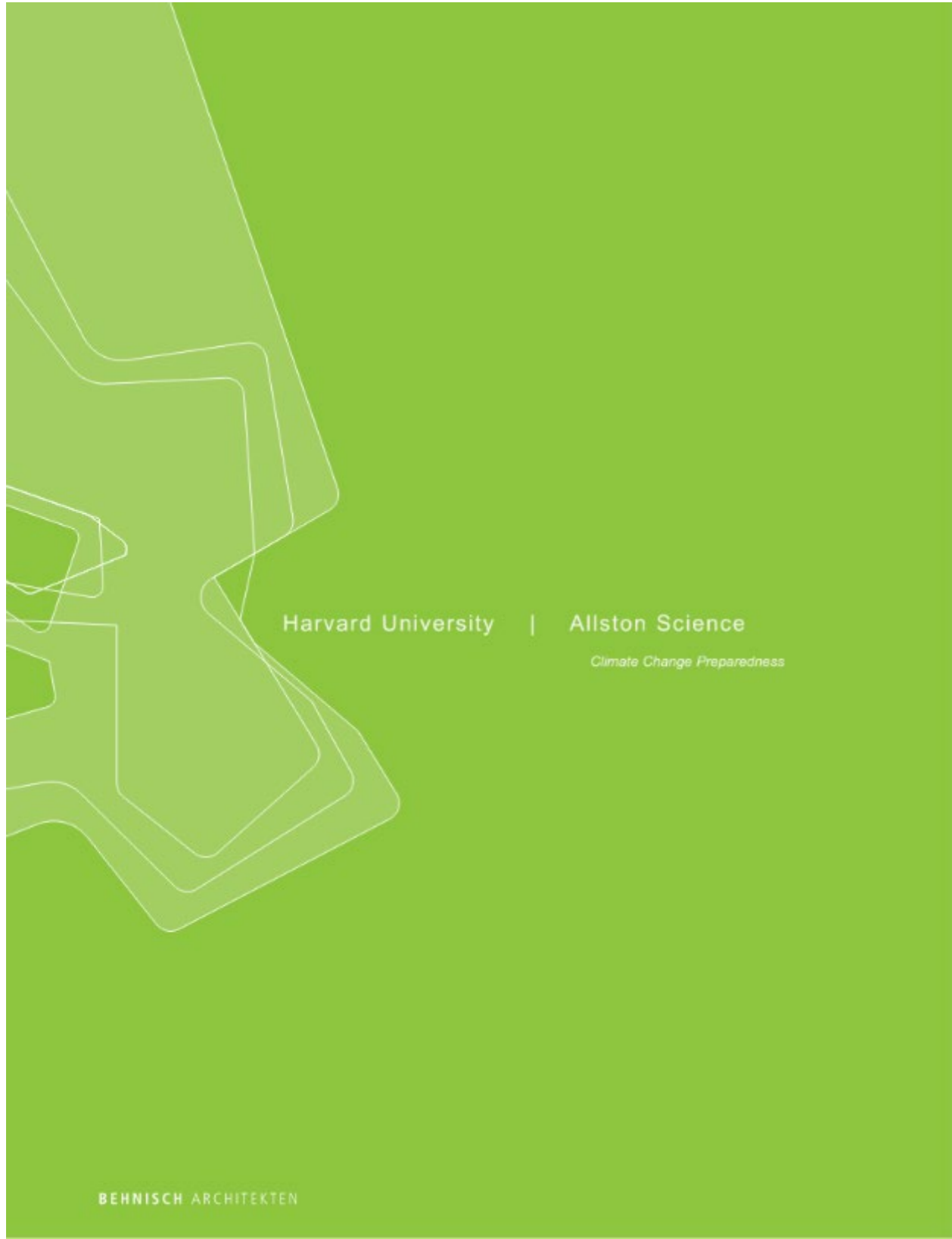


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Designing for Resilience

Threats

External

Internal

Assets

Human

Property

Intellectual

Criteria / Outcome

Survive

Recover

Scenario Planning

Design

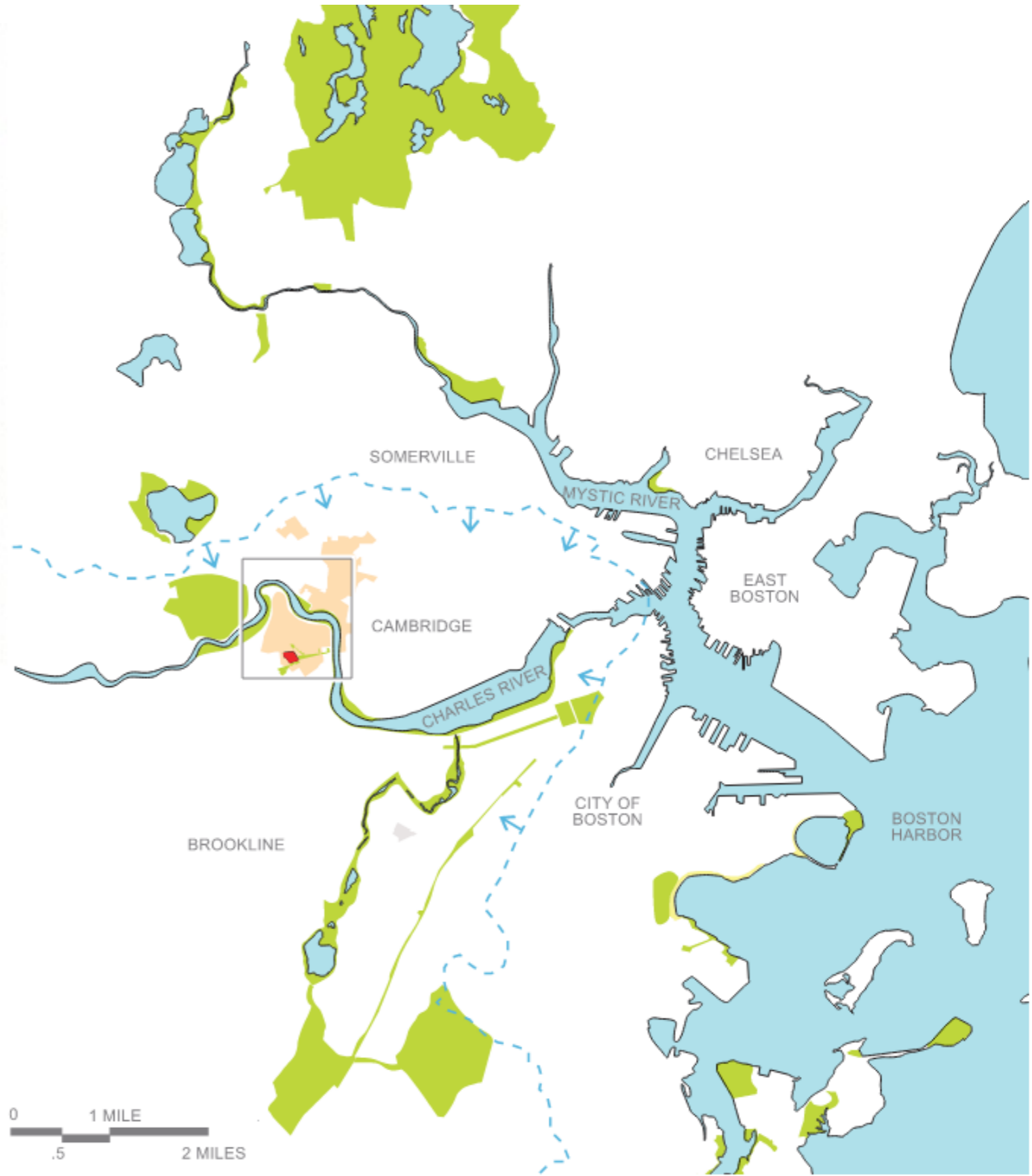
Passive

Active

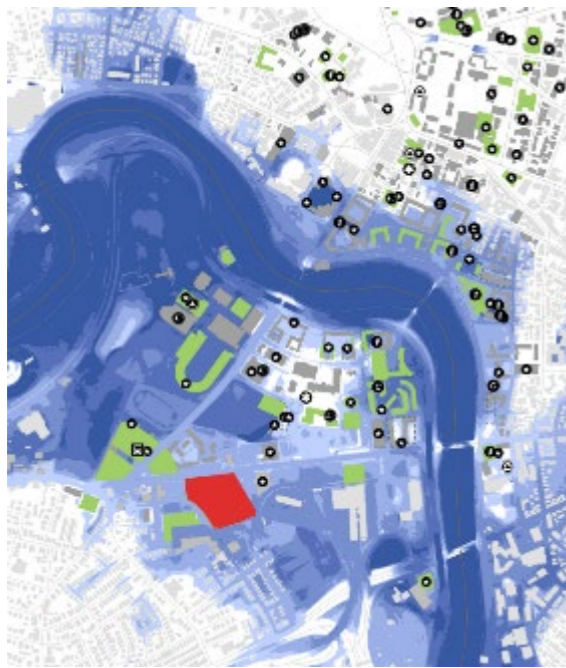




- ALLSTON SCIENCE
- HARVARD UNIVERSITY
- EXISTING AND FUTURE GREEN SPACES
- INSTITUTIONAL MASTERPLAN ALLSTON CAMPUS
- CHARLES RIVER WATERSHED



Maps based on: *Institutional Master Plan for Harvard University's Campus in Allston* (2013)



LEGEND:

LEGEND DEPTH OF INUNDATION

- > 8 FEET
- 6-8 FEET
- 4-6 FEET
- 2-4 FEET
- 0-2 FEET
- 0 FEET

- CHILD CARE
- DINING FACILITY
- UTILITY INFRASTRUCTURE
- HEALTH SERVICES
- GENERATOR

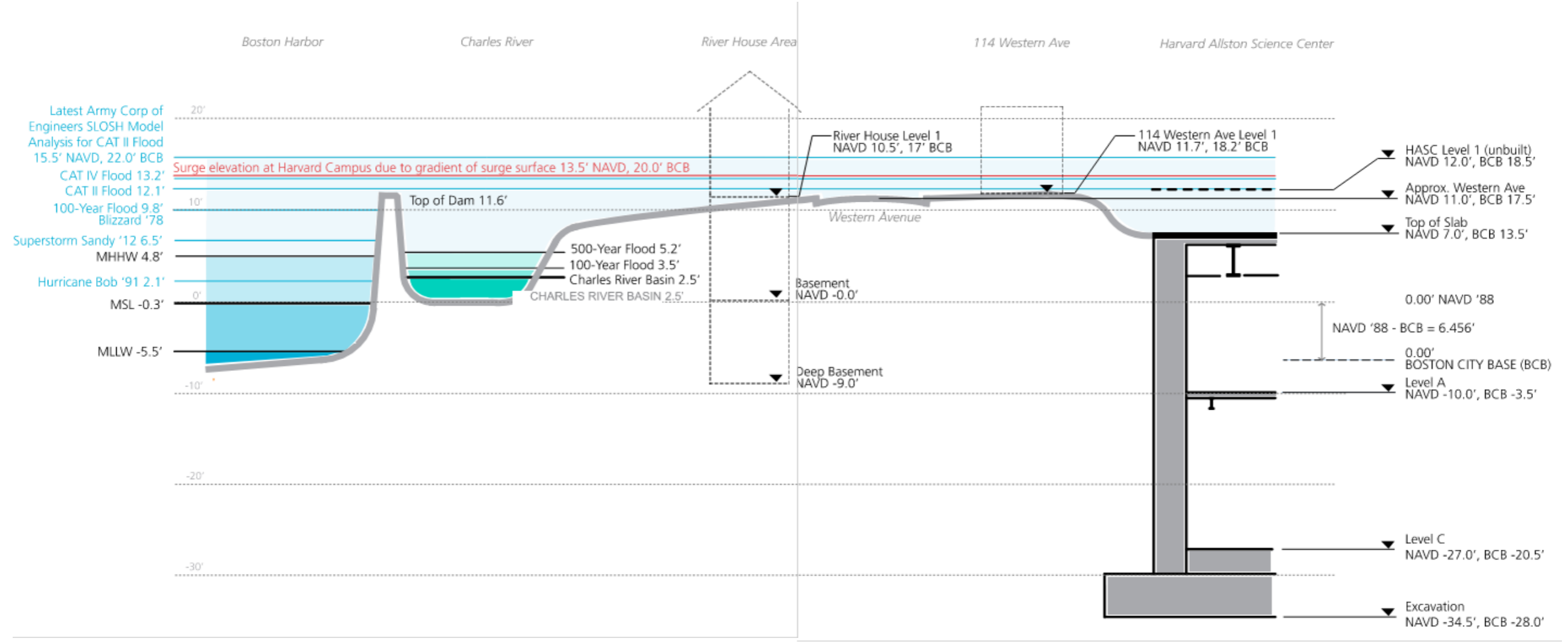
MAP FEATURES

- ALLSTON SCIENCE
- CAPITAL PROJECTS (INCLUDING IMP)
- HARVARD INSTITUTIONAL BUILDINGS
- HARVARD OTHER BUILDINGS
- HARVARD UNDERGROUND
- NON HARVARD BUILDINGS
- HUPD
- OPERATIONS CENTER
- SHELTER
- TRANSPORTATION
- HAZARDOUS MATERIAL STORAGE






LEGEND:

- ALLSTON SCIENCE
- HARVARD INSTITUTIONAL BUILDINGS
- HARVARD OTHER BUILDINGS
- NON HARVARD BUILDINGS
- WATER BODIES
- CITY BOUNDARY
- BOSTON COASTAL FLOOD WITH 2100 ESTIMATED SEA LEVEL (7 AND 1/2 FT ABOVE MHHW)

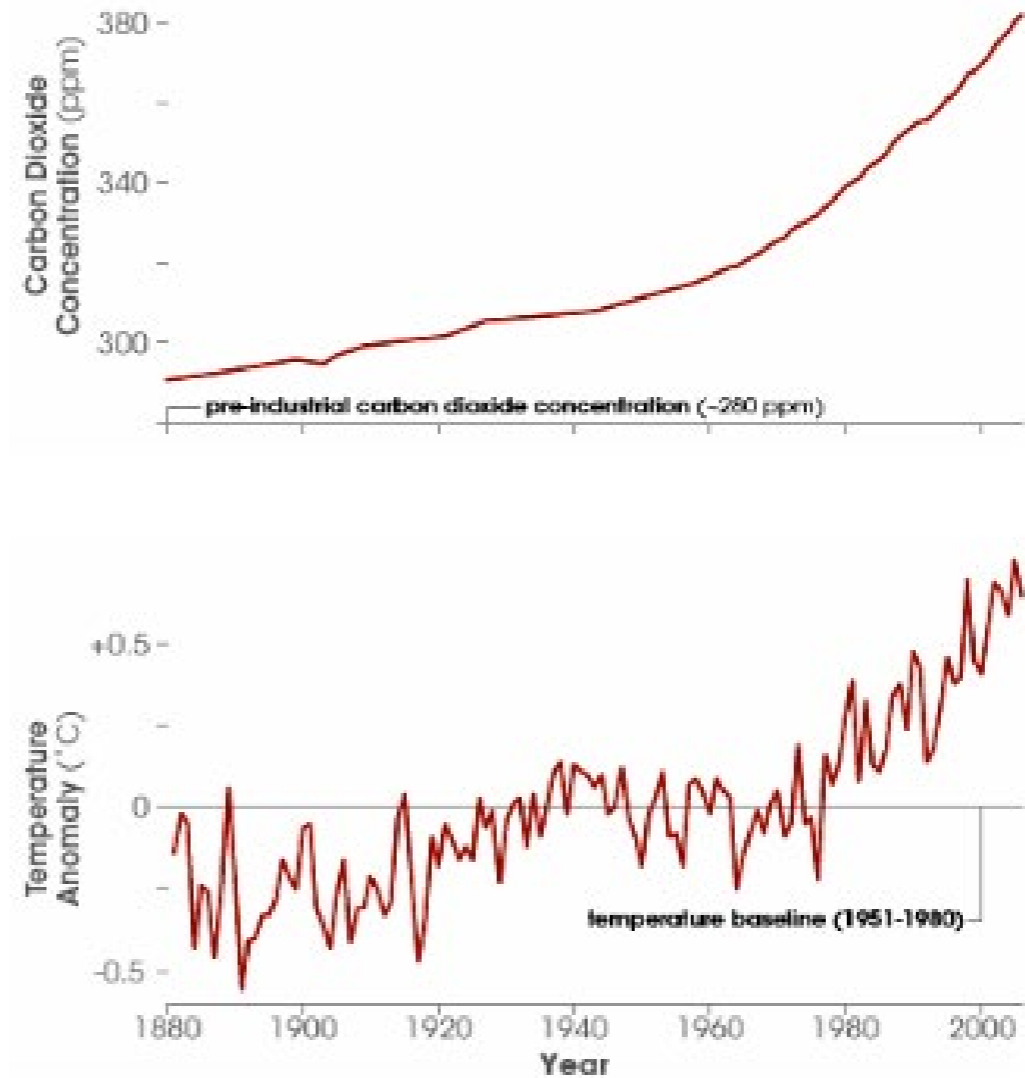


PERVIOUS AND IMPERVIOUS SURFACES IN ALLSTON¹



-  PERVIOUS SURFACE
-  IMPERVIOUS SURFACE
-  ALLSTON SCIENCE SITE

RELATIONSHIP BETWEEN CO₂ AND TEMPERATURE CHANGE IN NEW ENGLAND²



1. Gravelin, J., Newman, J., Sheehan, T., Slaughter, S., Springer, M., Wilson, A., (2013) "Building Resilience in Boston: "Best Practices" for Climate Change Adaptation and Resilience for Existing Buildings," Green Ribbon Commission, page 25, Retrieved from http://www.greenribboncommission.org/downloads/Building_Resilience_in_Boston
2. Commonwealth of Massachusetts, Executive Office of Energy and Environmental Affairs and the Adaptation Advisory Committee (2011). Massachusetts Climate Change Adaption Report , page 12



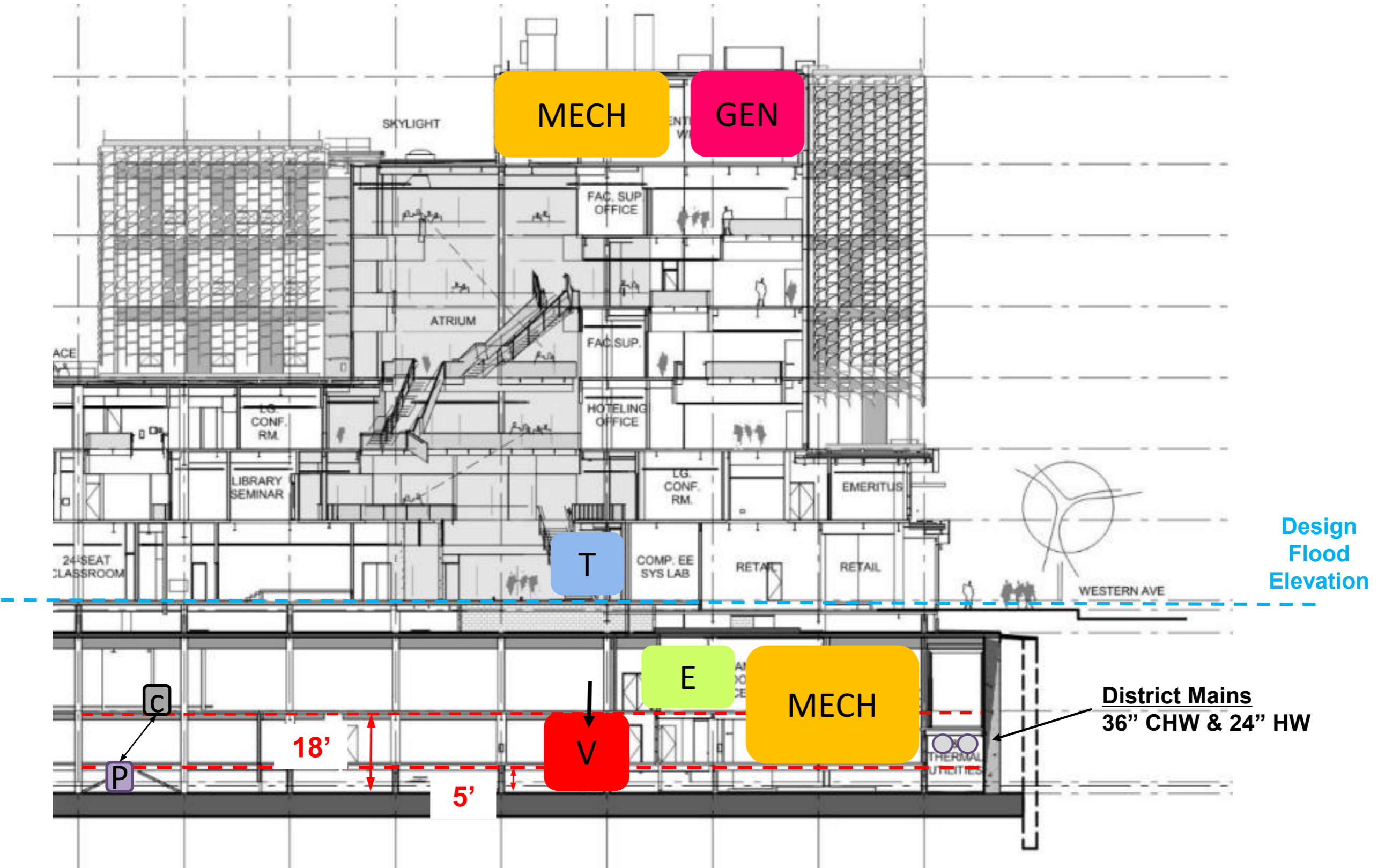
82% Increase in Vegetated Area
61% Native Plantings
150k Tons of contaminated soil properly disposed of



Before

After







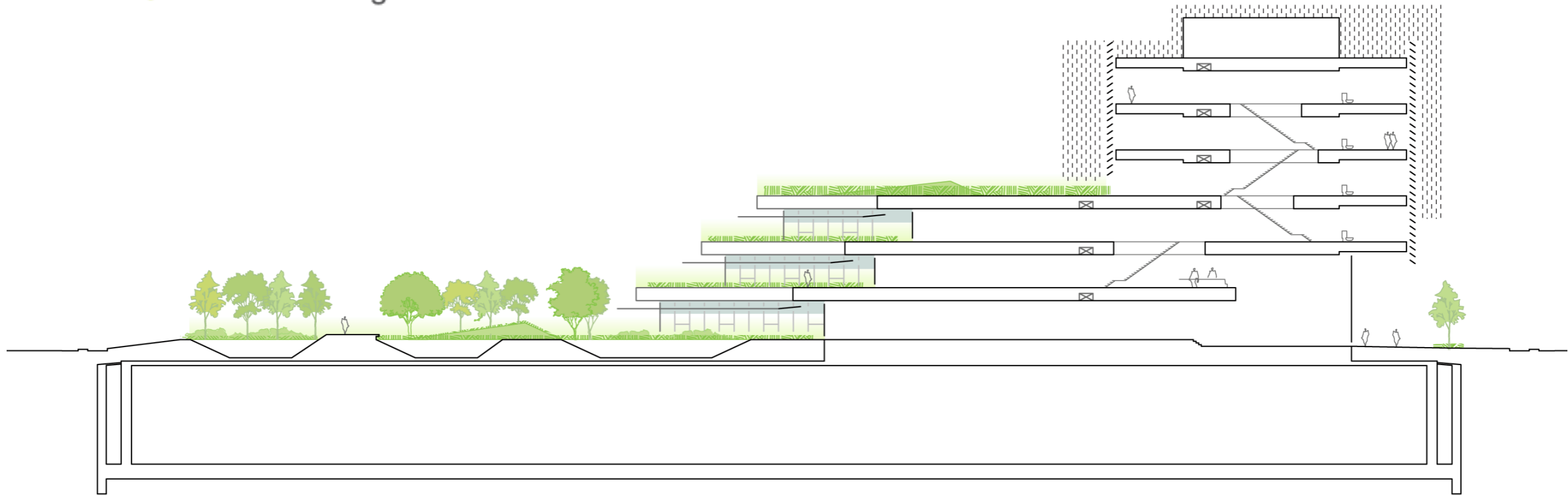
RESILIENCY PUMPING ZONES

ZONE	LOCATION	APPROXIMATE AREA (SF)	PUMP
1	MECHANICAL ROOM	32,500	RP-1
2	UNDER LOADING DOCK	10,000	RP-2
3	FUTURE GARAGE	40,700	RP-3
4	SOUTH BASEMENT	66,000	RP-4
5	EAST BASEMENT	6,800	RP-5
6	WEST BASEMENT	20,500	RP-6

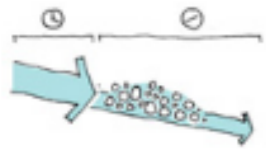
Area	Area at Mat Slab	% of total	Volume (cf)- based on water depth (ft)				Gallons at each depth				GPM to Pump out in 24 hours				GPM to pump out in 48 hours			
			0.5	1	3	5	0.5	1	3	5	0.5	1	3	5	0.5	1	3	5
1	6,500																	
2	26,000	18%	16,250	32,500	97,500	162,500	121,550	243,100	729,300	1,215,500	84.41	168.82	506.46	844.10	42.20	84.41	253.23	422.05
3	20,500	12%	10,250	20,500	61,500	102,500	76,670	153,340	460,020	766,700	53.24	106.49	319.46	532.43	26.62	53.24	159.73	266.22
4	40,700	23%	20,350	40,700	122,100	203,500	152,218	304,436	913,308	1,522,180	105.71	211.41	634.24	1,057.07	52.85	105.71	317.12	528.53
5	66,000	37%	33,000	66,000	198,000	330,000	246,840	493,680	1,481,040	2,468,400	171.42	342.83	1,028.50	1,714.17	85.71	171.42	514.25	857.08
6	10,000	6%	5,000	10,000	30,000	50,000	37,400	74,800	224,400	374,000	25.97	51.94	155.83	259.72	12.99	25.97	77.92	129.86
7	6,800	4%	3,400	6,800	20,400	34,000	25,432	50,864	152,592	254,320	17.66	35.32	105.97	176.61	8.83	17.66	52.98	88.31
TOTAL	176,500		88,250	176,500	529,500	882,500	660,110	1,320,220	3,960,660	6,601,100	458	917	2,750	4,584	229	458	1,375	2,292
Entire	252,000		126,000	252,000	756,000	1,260,000	942,480	1,884,960	5,654,880	9,424,800	655	1,309	3,927	6,545	327	655	1,964	3,273

71% Lab Water from Rainwater Collection

73% Toilet Flushing from Rainwater Collection



Storm-water Management



Slow Water
through landscape planting and green roof terrace cascade



Store Water
with storm water gardens and collection tanks



Use Water
filter water and distribute to building systems



Release Water
filter solids and reduce phosphorus, then release to city

Water Reuse Strategies



HVAC Condensate
Pumped to District Energy Facility cooling towers



Irrigation
Drip irrigation system for landscape and interior planters



Toilet Flushing

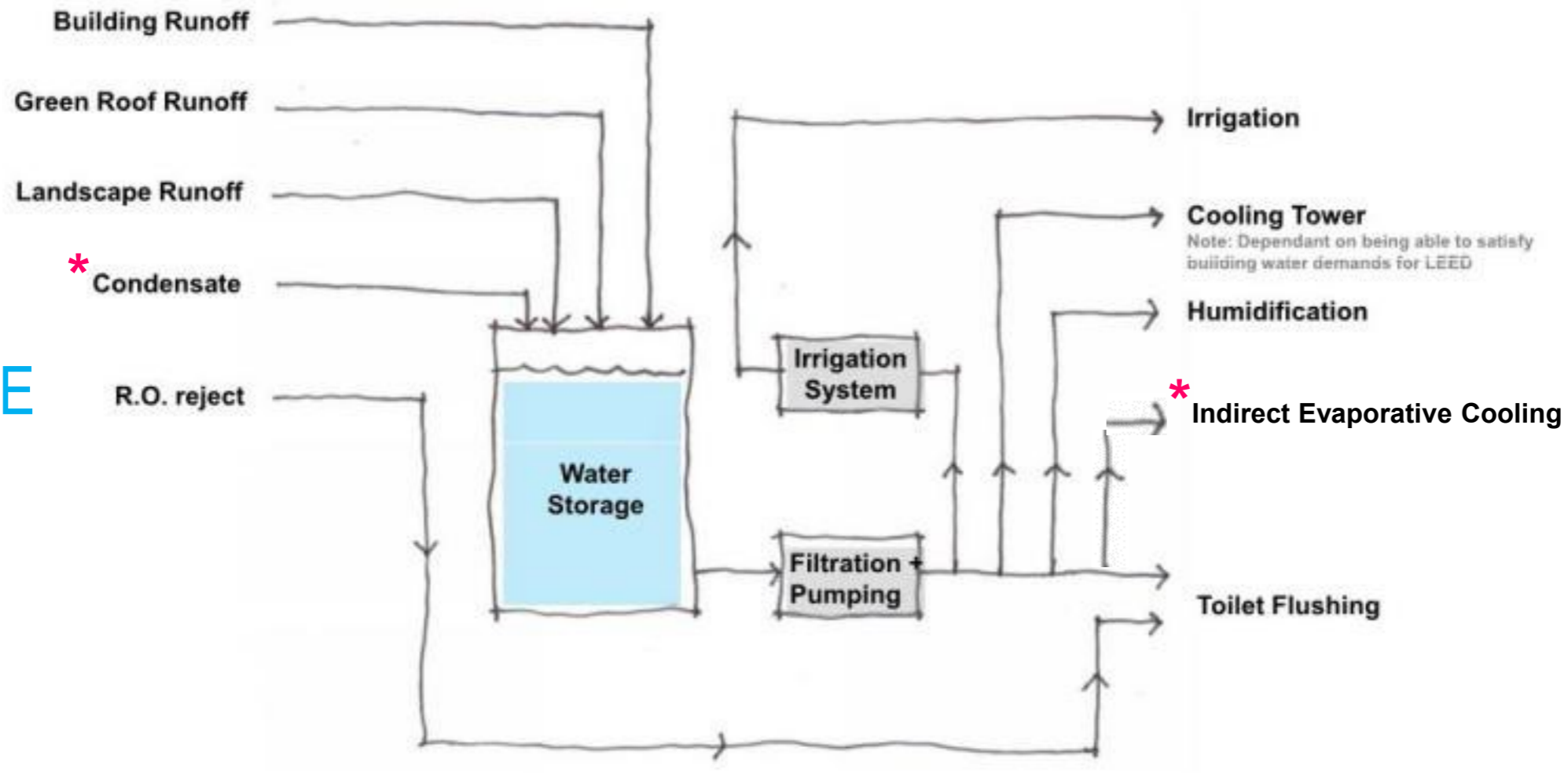


RO/DI
Process water for lab-use and indirect evaporative cooling

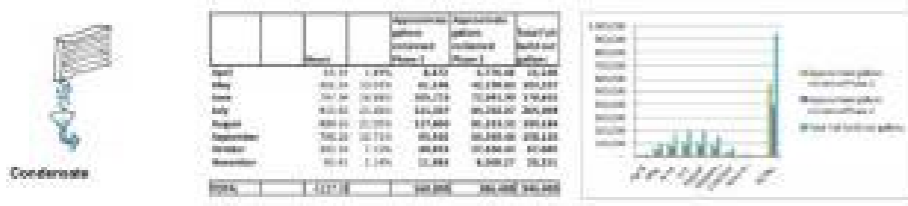


SOURCE

DEMAND



Sources of Water from the Building – Phase 1 and Full Build Out



Uses of Water - Phase 1 and Full Build Out

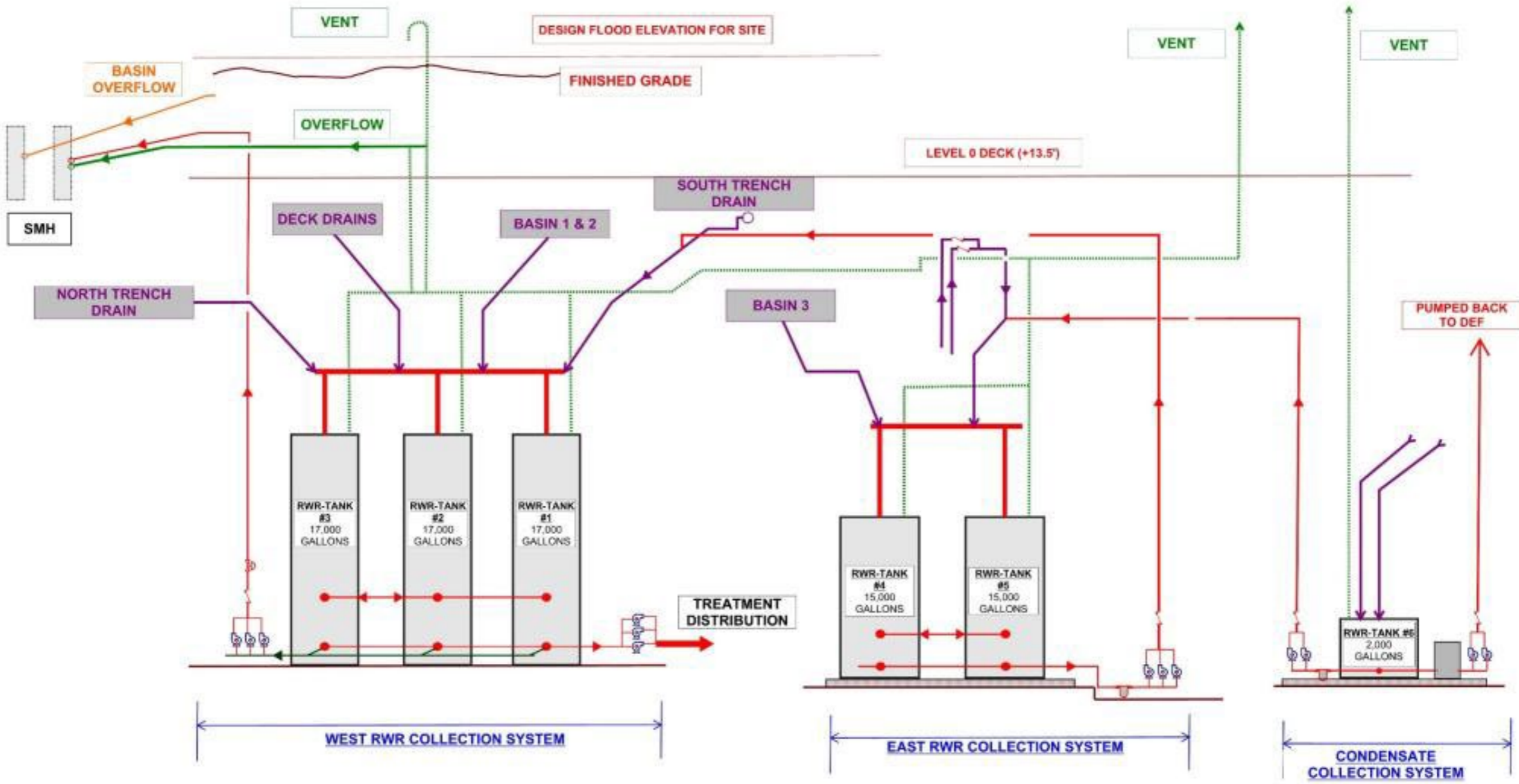


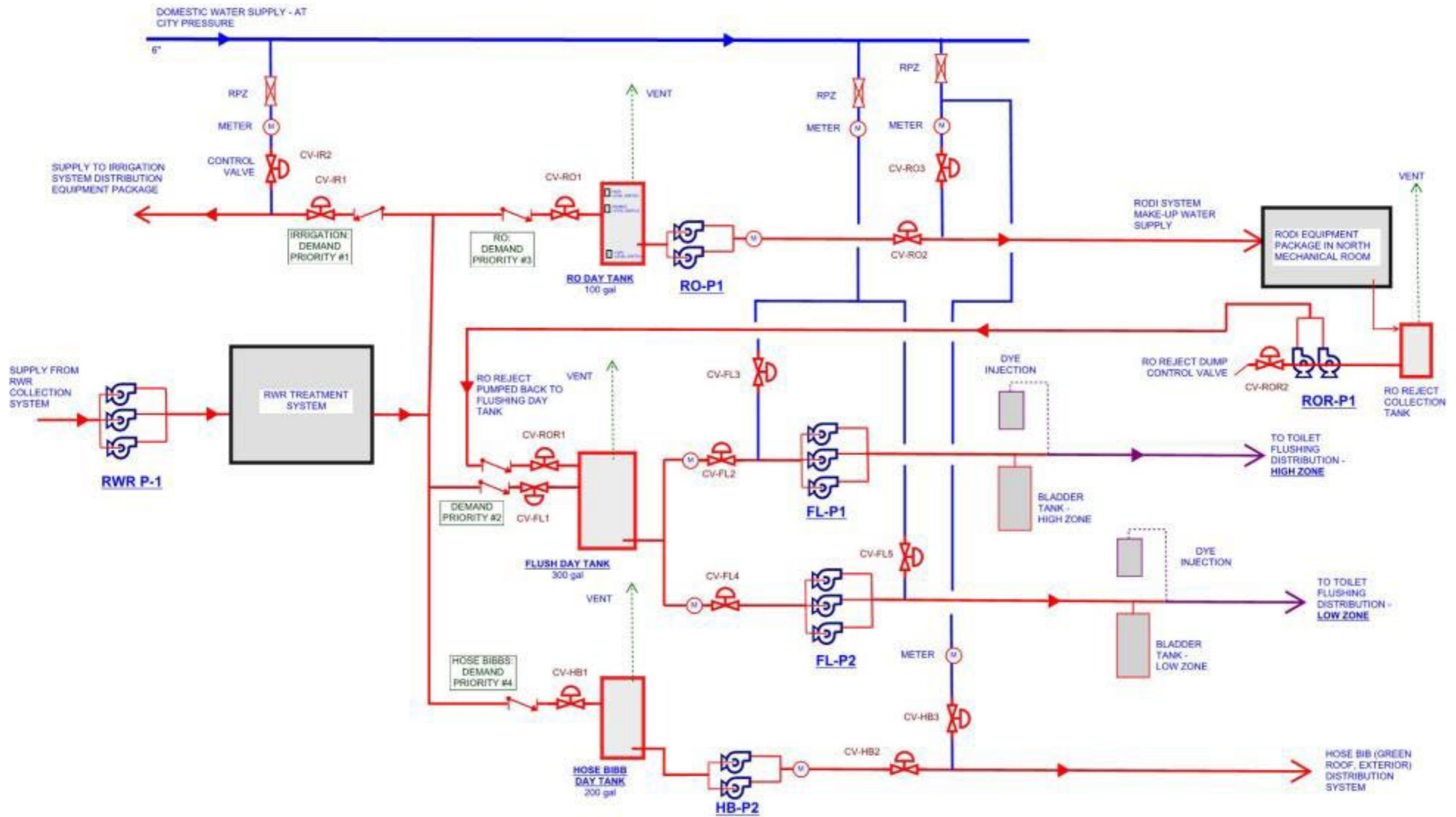
100-yr Flood Design Protection

100% Storm-water Managed On-site



78,000 Gallon Water Collection System





RAIN WATER RECLAIM DISTRIBUTION RISER

Systems Design Process

Building design, program and metrics establish the load

Ventilation Rates
Building Shape
Orientation
Glass location
Glass area & type
Insulation values
Thermal mass
Building Volume
Passive Solar

Minimize load as a first priority



Efficient building systems meet the load

Daylighting
Lighting
HVAC
Heat Recovery
Optimized Ventilation
Building Automation
Domestic Hot Water

Use efficient, cost-effective systems



Primary energy systems supply energy to buildings

Electricity
Steam
Hot Water
Chilled Water
Cogeneration
Solar Thermal
Photovoltaics
Bio-Mass

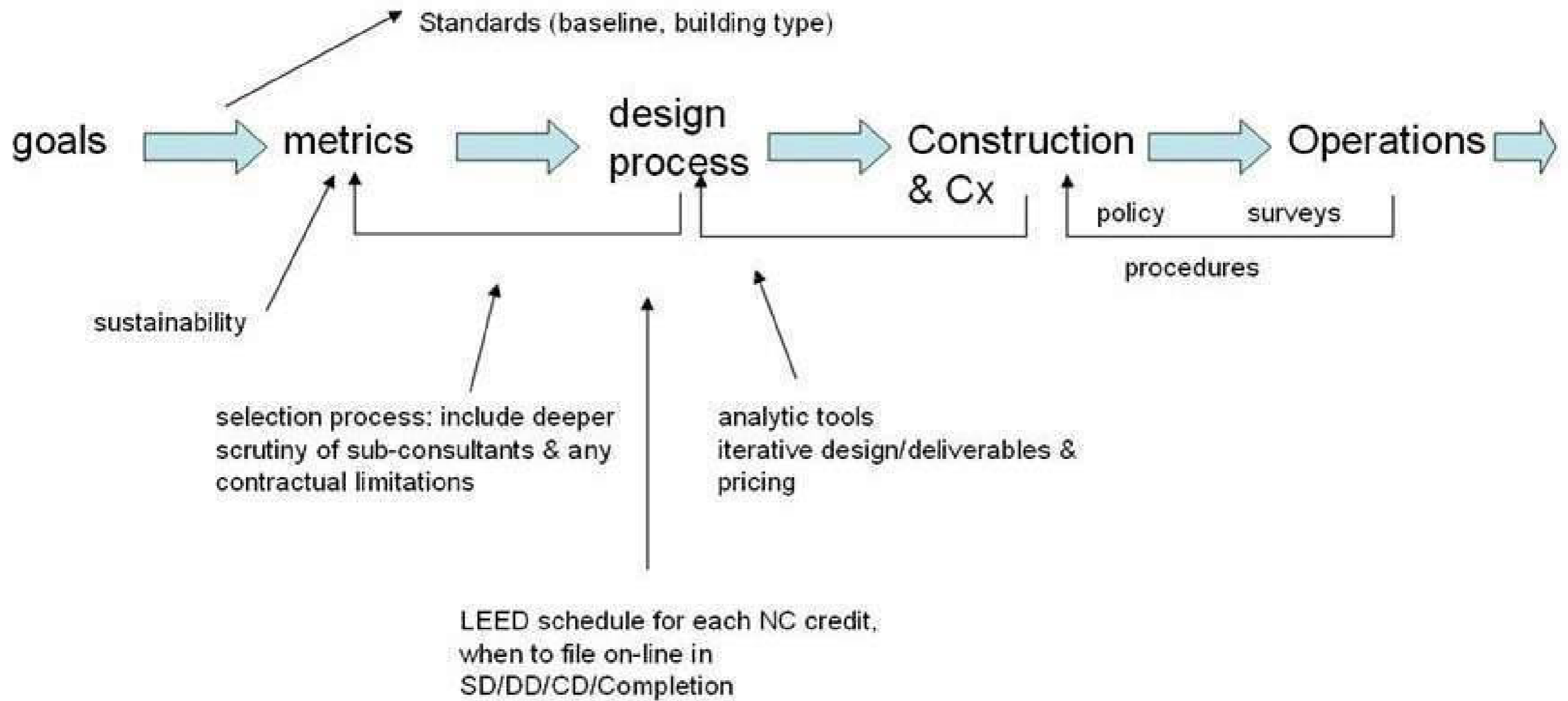
Produce and distribute energy efficiently



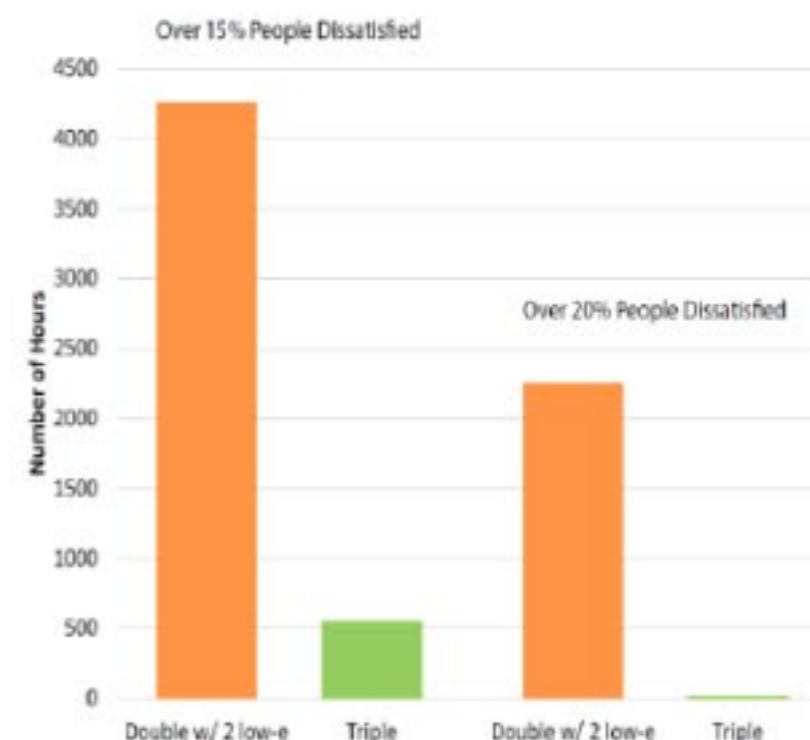
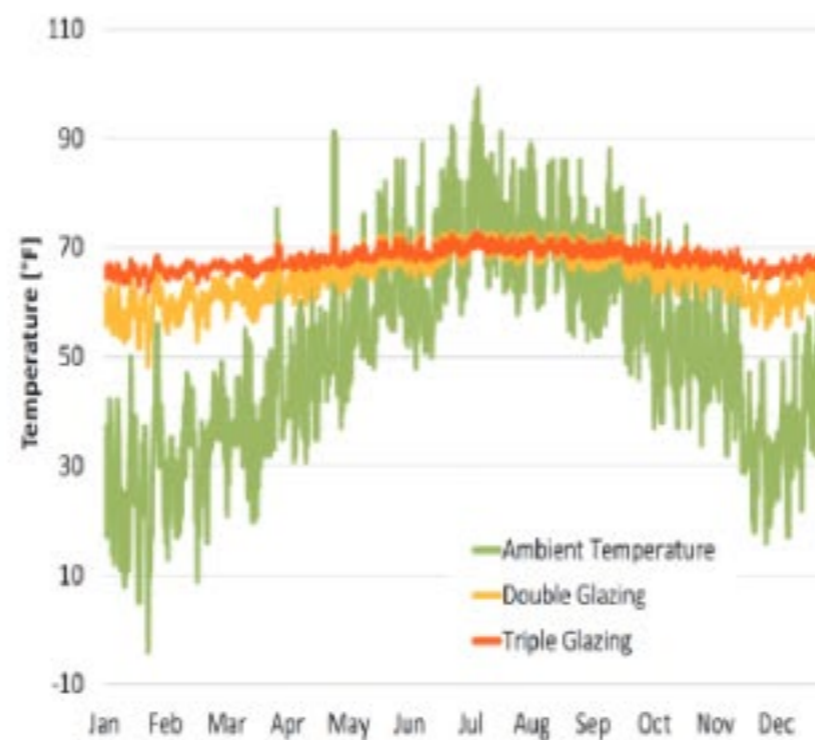
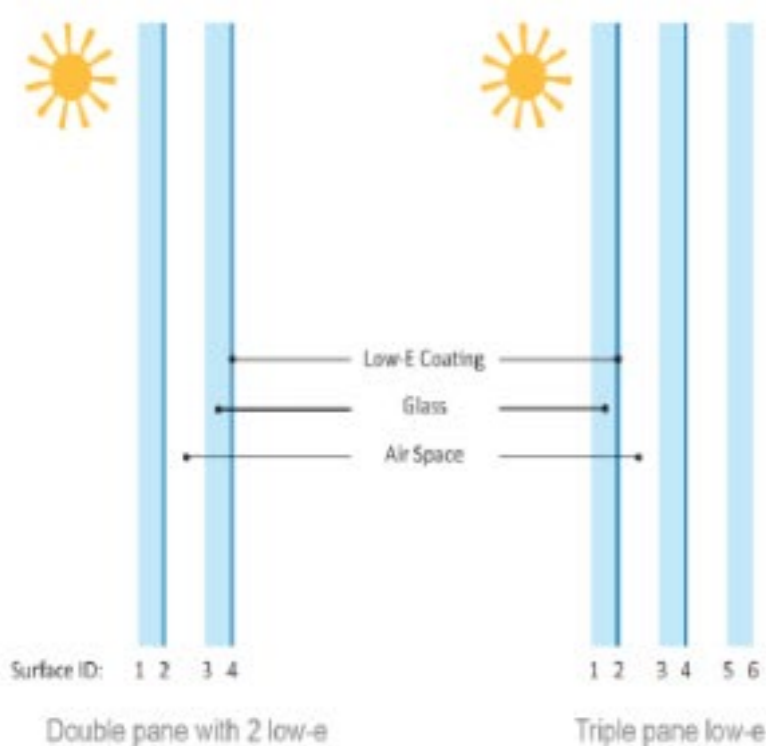
People run the systems

Schedules
Controls
Maintenance
Setpoints
Windows
Equipment
Education
Commissioning
Re-commissioning

Operate the building well

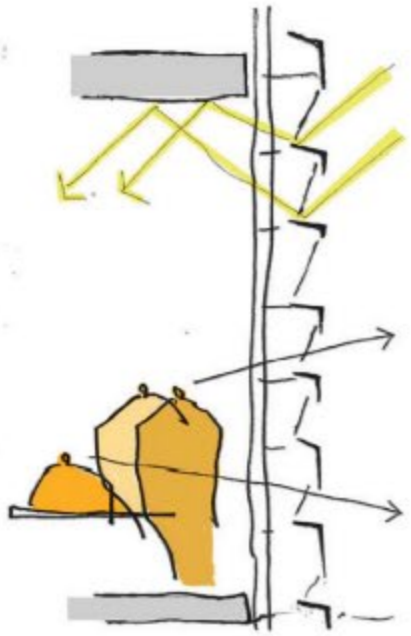


Architectural Energy Conservation Double Glazing vs Triple Glazing

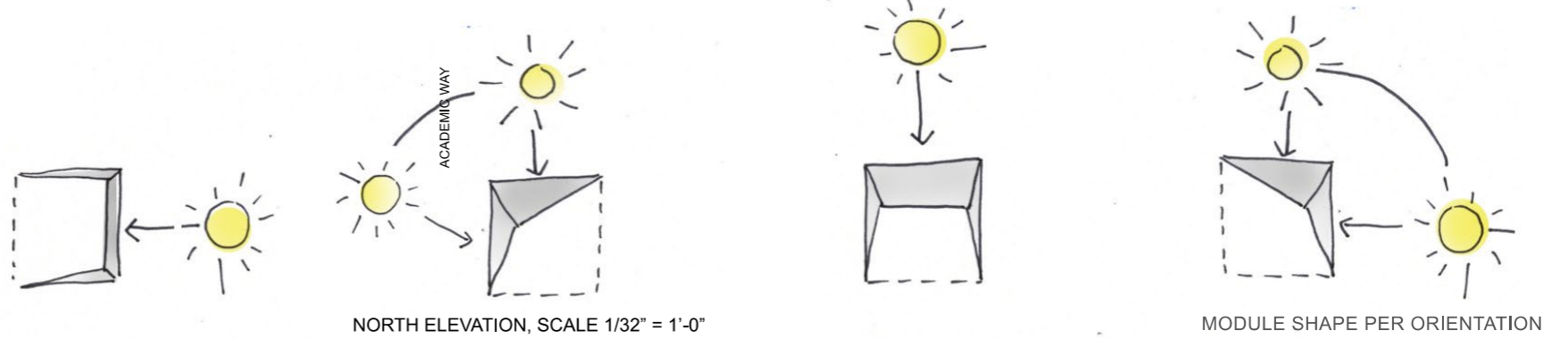
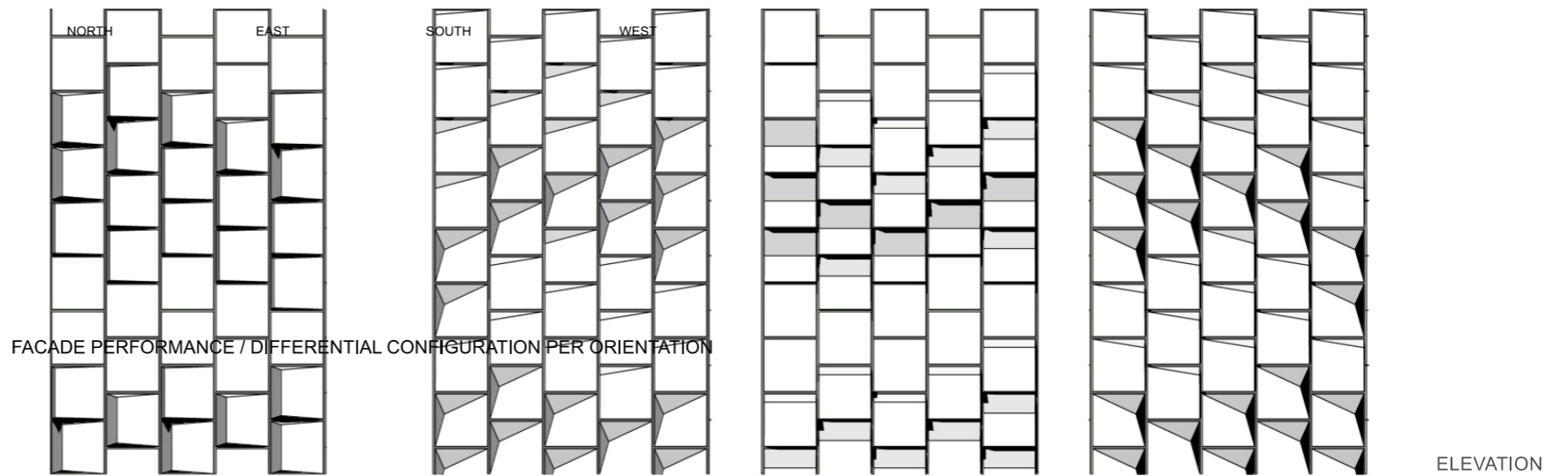
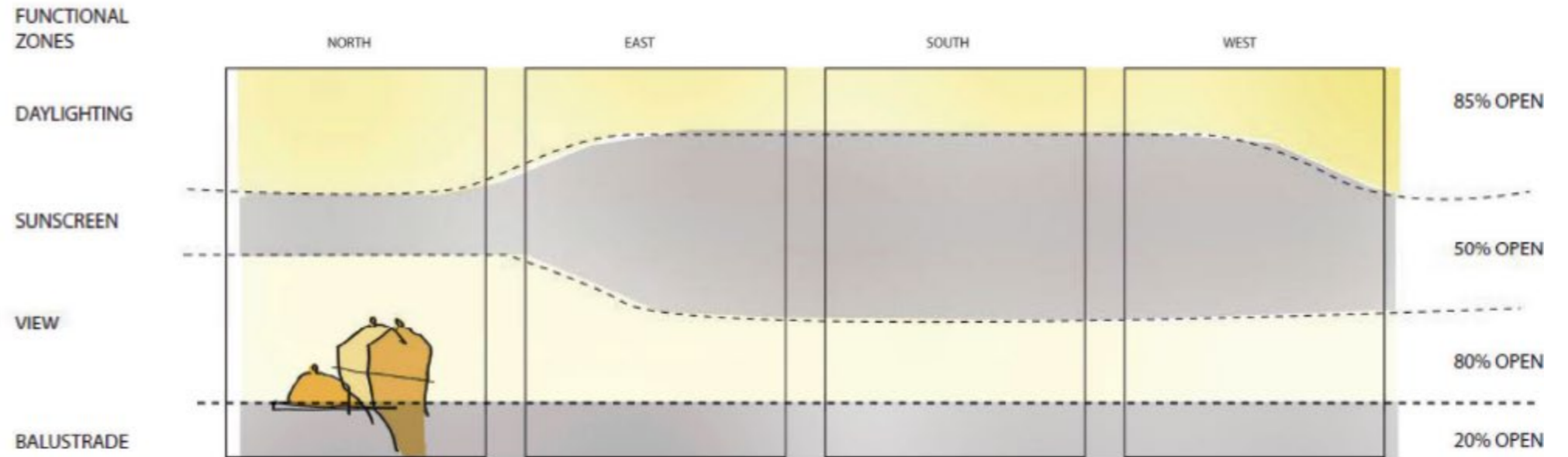


\$45k Yearly Savings vs. Double-Glazed

65 Metric Tons of CO²e Reduction Yearly

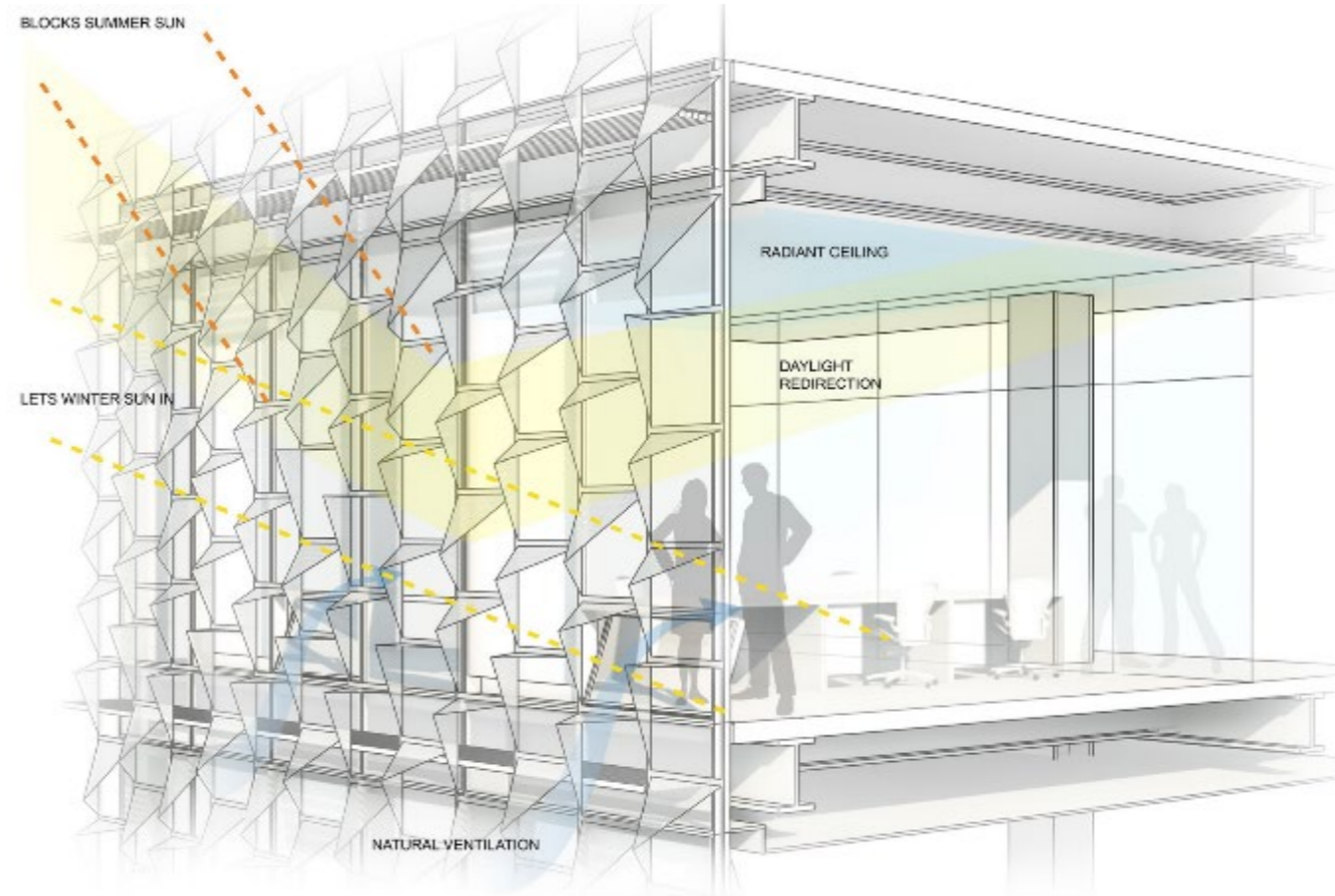


DIFFERENTIAL CONFIGURATIONS PER ORIENTATION



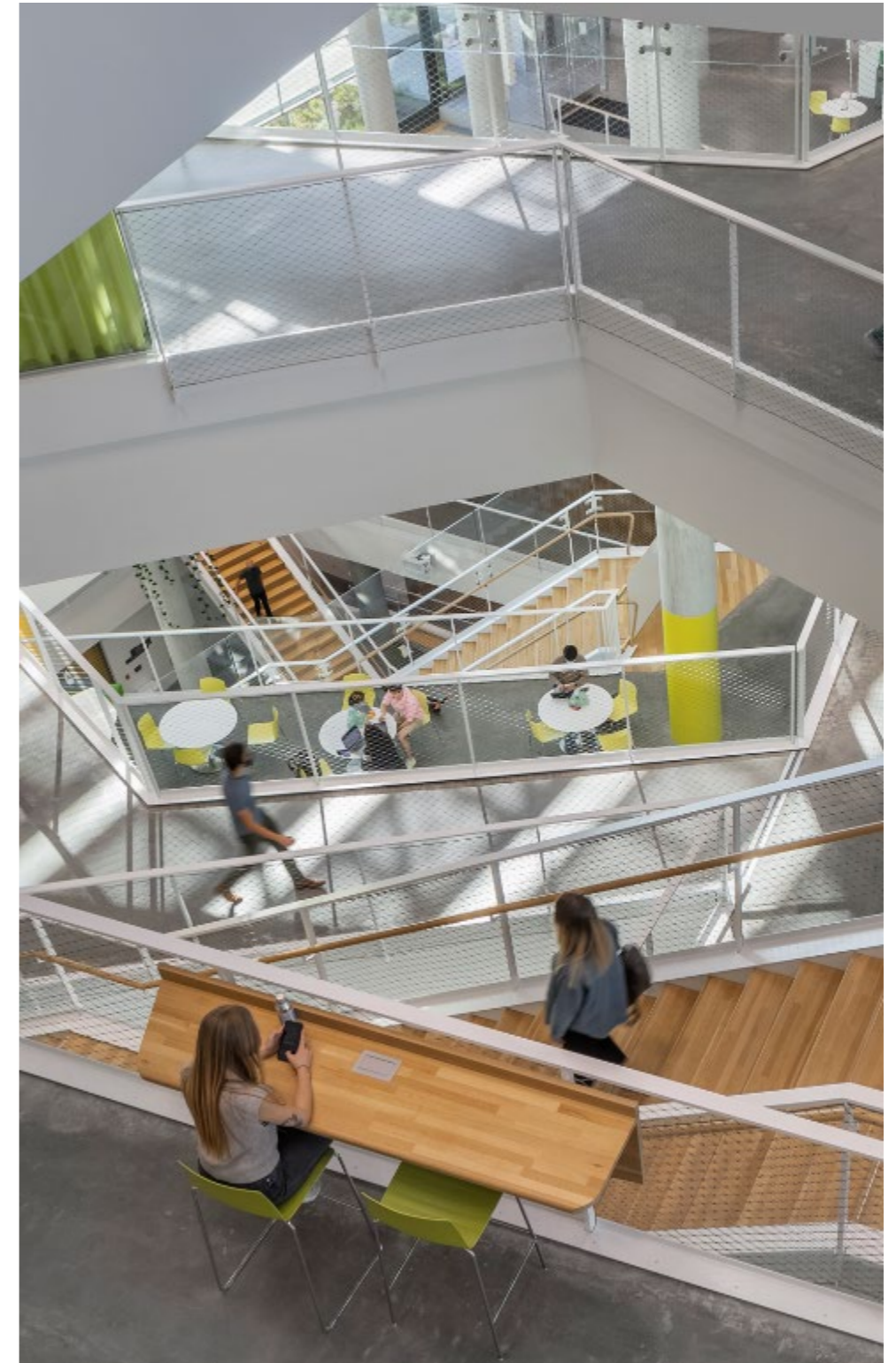


14 Shade Profiles
12k Individual Shades
1.5 mm-thick Stainless Steel



Energy Conservation Techniques

- Minimize ventilation rates
- Dedicated outside air system
- Hydronic heating / sensible cooling
- Natural ventilation / air cascade
- Controlled lighting / daylighting
- Heat recovery



Minimize Ventilation Rates

- Work closely with EH&S
- Define present / future fume hood density
- Evaluate applicable Codes / Standards
- Define peak / normal / unoccupied air change rates
- Define sensible / latent heat removal capacity by space
- Evaluate active environmental sensing
- Through risk assessment and development of Lab Ventilation Management Plan (LVMP)

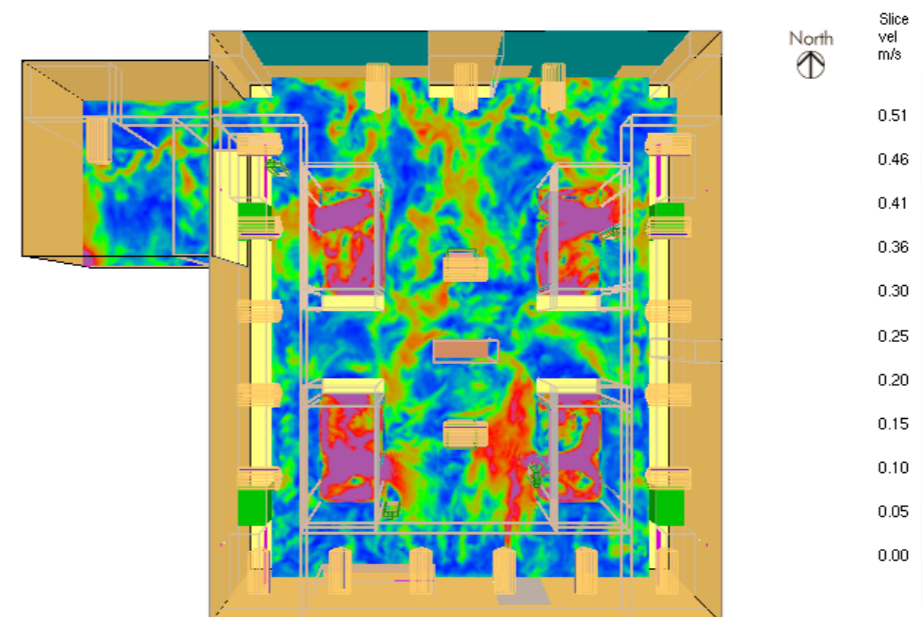
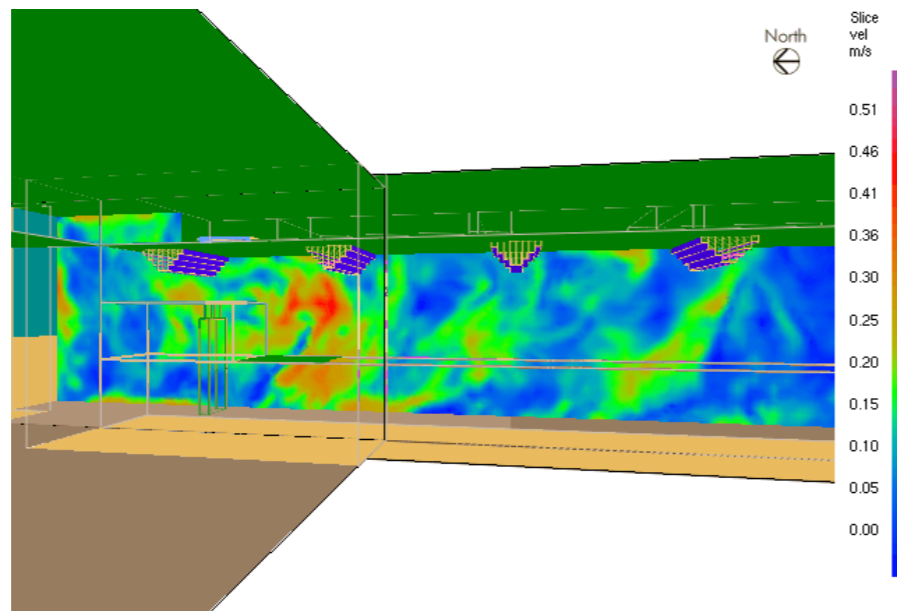


Achieving Reduced Laboratory Airflows

“Performance-Based Ventilation Rate Determination”

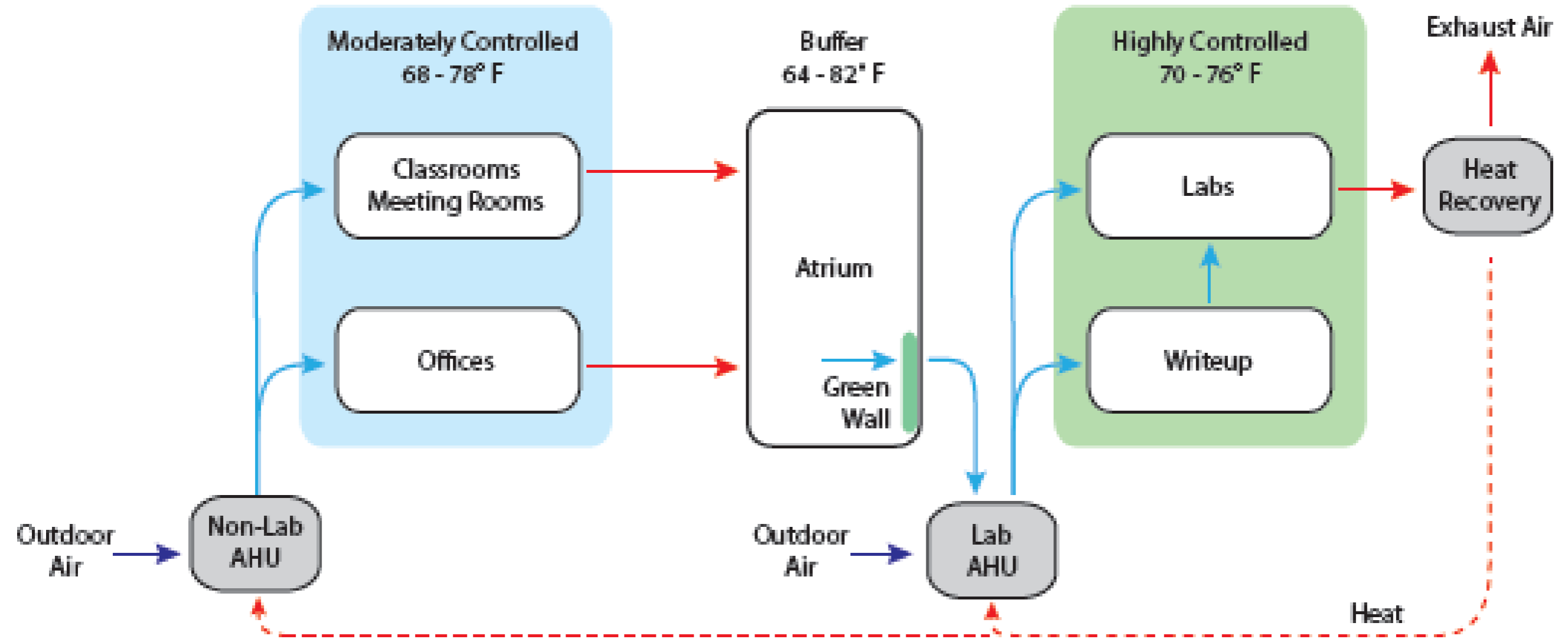
GOAL = Equal or Greater safety at reduced airflows

- Dedicated Outside Air Systems / Hydronic Cooling
- Risk Assessments
- Low Flow Hoods (ASHRAE 110-compliant)
- Design for High Ventilation Effectiveness
- Use Local Capture Devices wherever Possible
- CFD airflow analysis



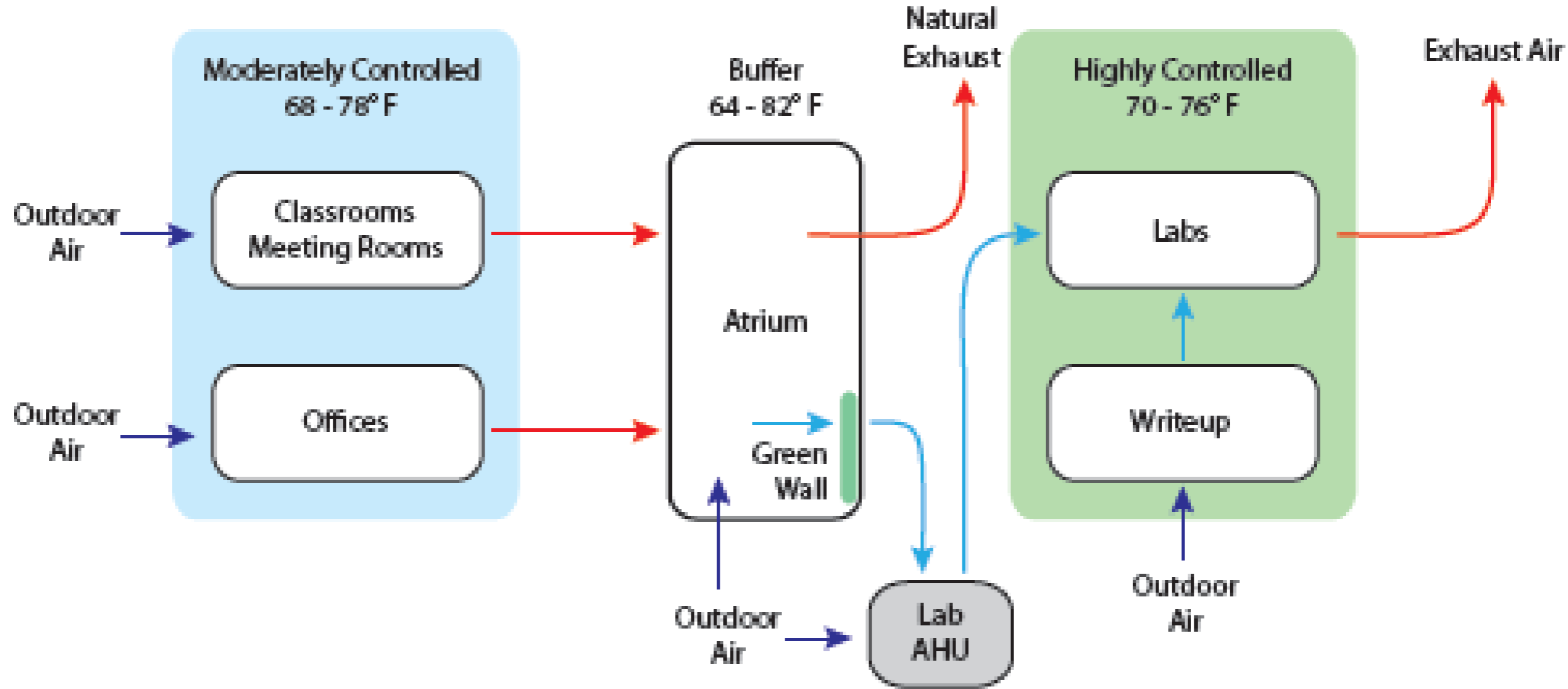
Building Airflow Concept

Mechanical Ventilation Air Cascade



Building Airflow Concept

Natural Ventilation Air Cascade

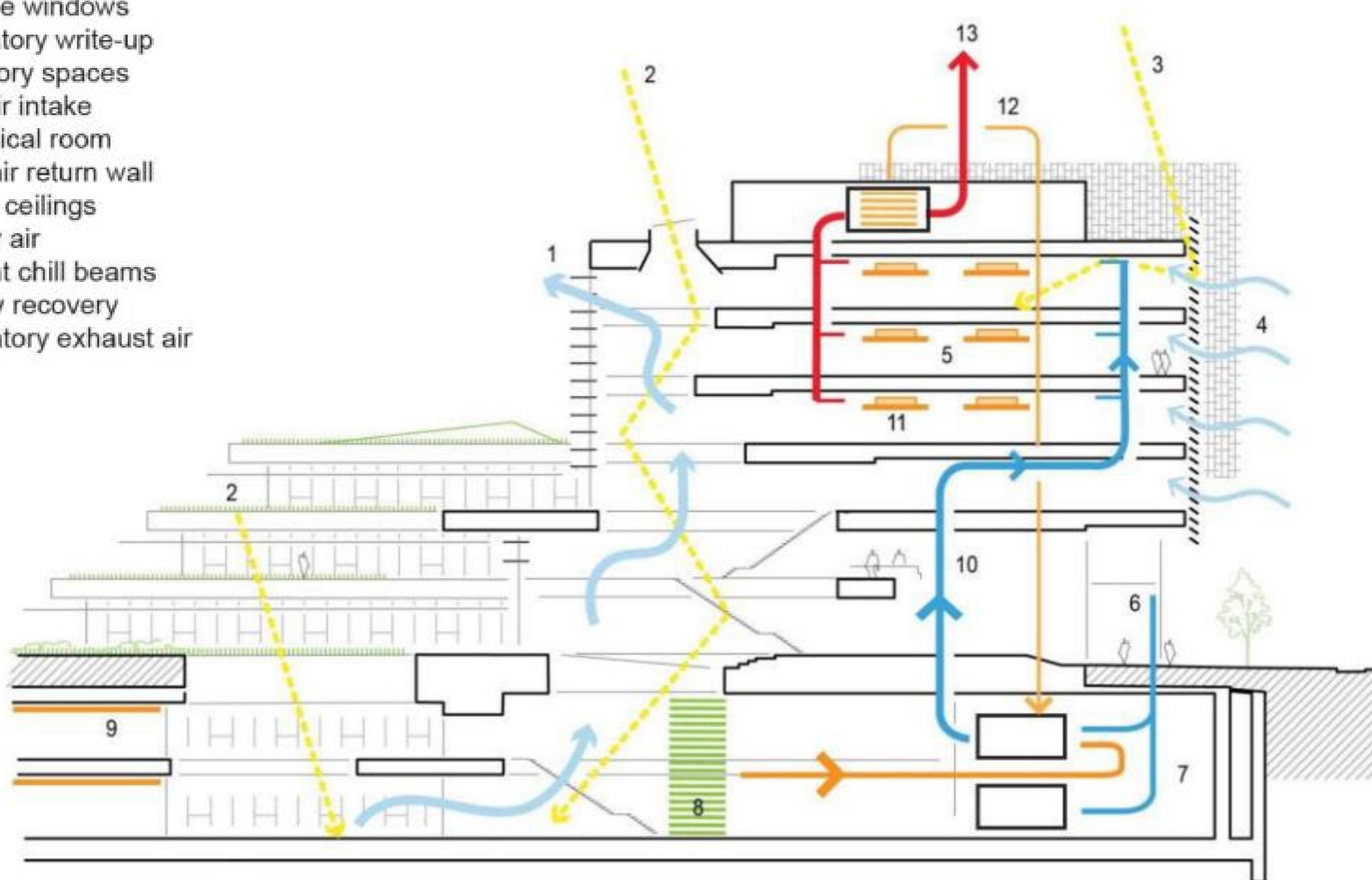


Overview of Air Systems

- 1 – Natural ventilation
- 2 – Daylight
- 3 – Daylight redirection at Screen Facade
- 4 – Operable windows at laboratory write-up
- 5 – Laboratory spaces
- 6 – Fresh air intake
- 7 – Mechanical room
- 8 – Atrium air return wall
- 9 – Radiant ceilings
- 10 – Supply air
- 11 – Radiant chill beams
- 12 – Energy recovery
- 13 – Laboratory exhaust air

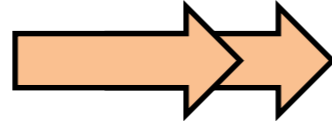
50% Regularly occupied spaces can be naturally ventilated

100% Dedicated outdoor air ventilation with air cascade



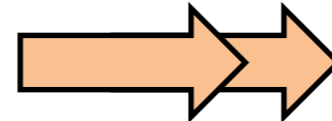
Sensible Only Cooling Systems – Design Approach

Laboratories



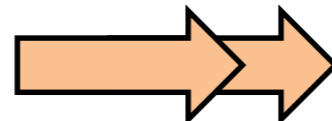
Chilled Beams

Offices



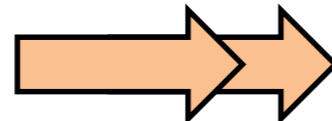
Radiant Ceilings

Atrium



Radiant Floor Slab

Classrooms



Radiant Ceilings /
Displacement Ventilation

Sensible Only Cooling Systems

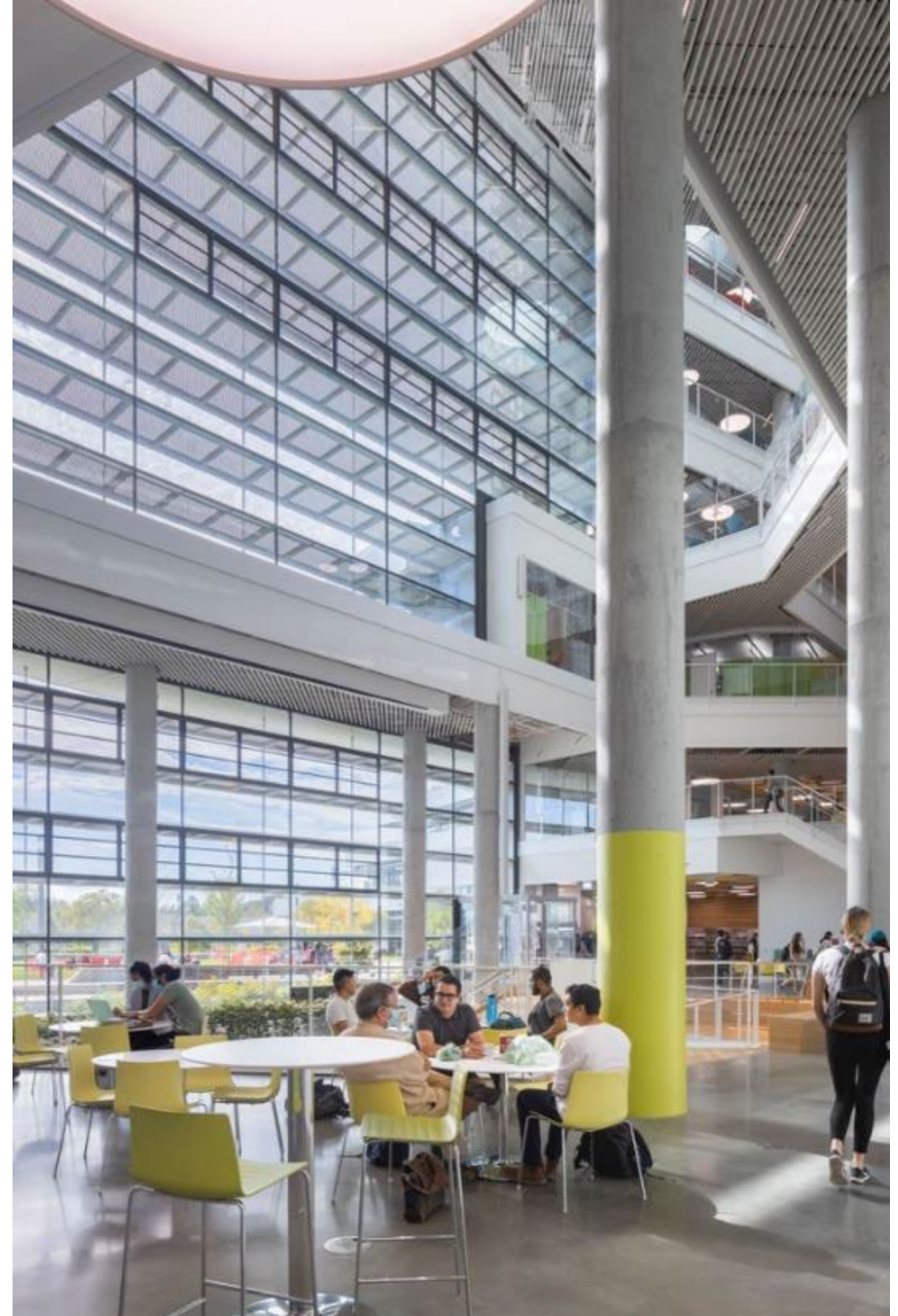


Hydronic (radiant) Heating/Cooling System



Classroom Radiant Ceilings

**Atrium and Public Spaces Radiant
Composite Concrete Floors**

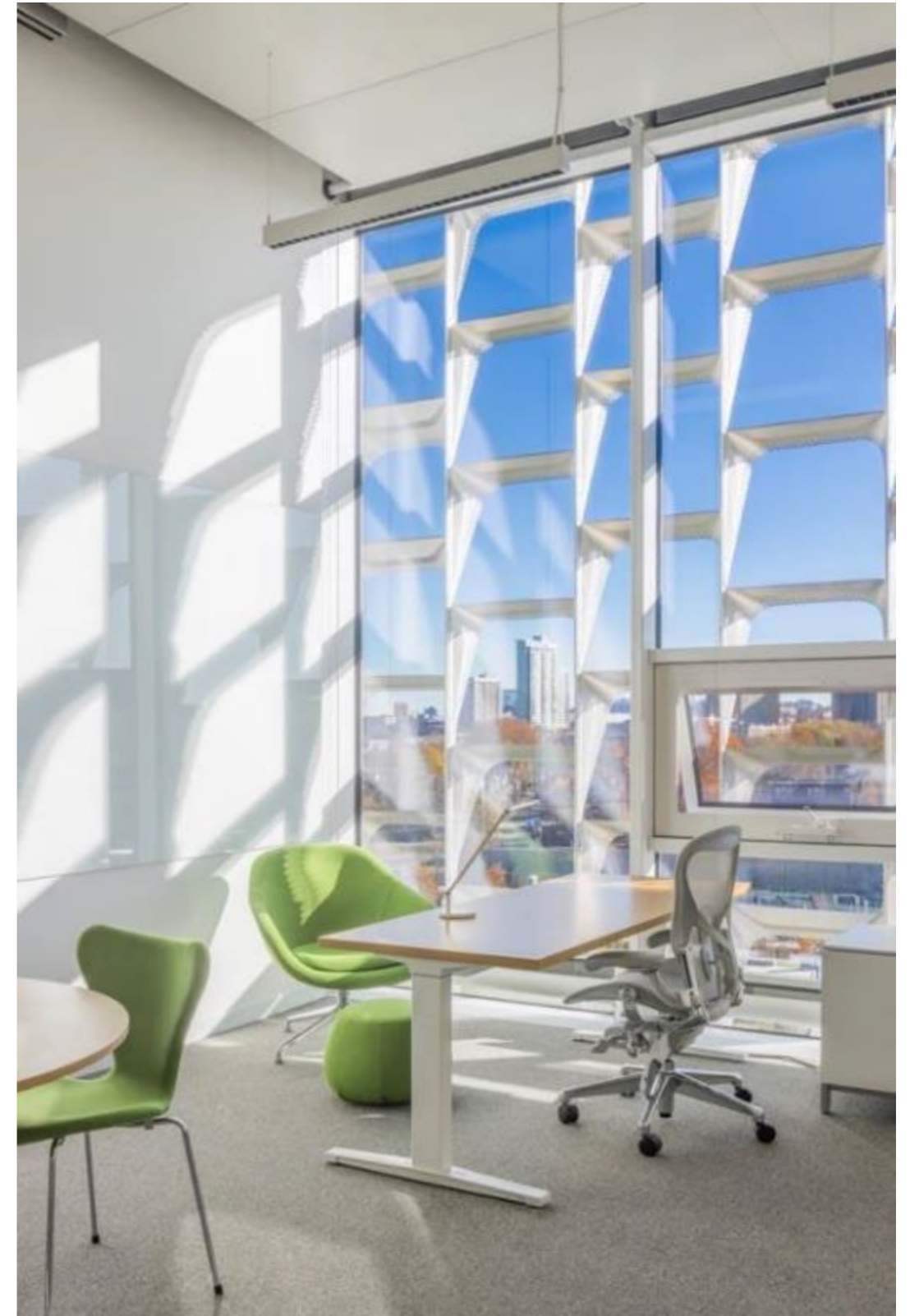


Hydronic (radiant) Heating/Cooling System



Imaging Suite Radiant Panels

Office Radiant Panels

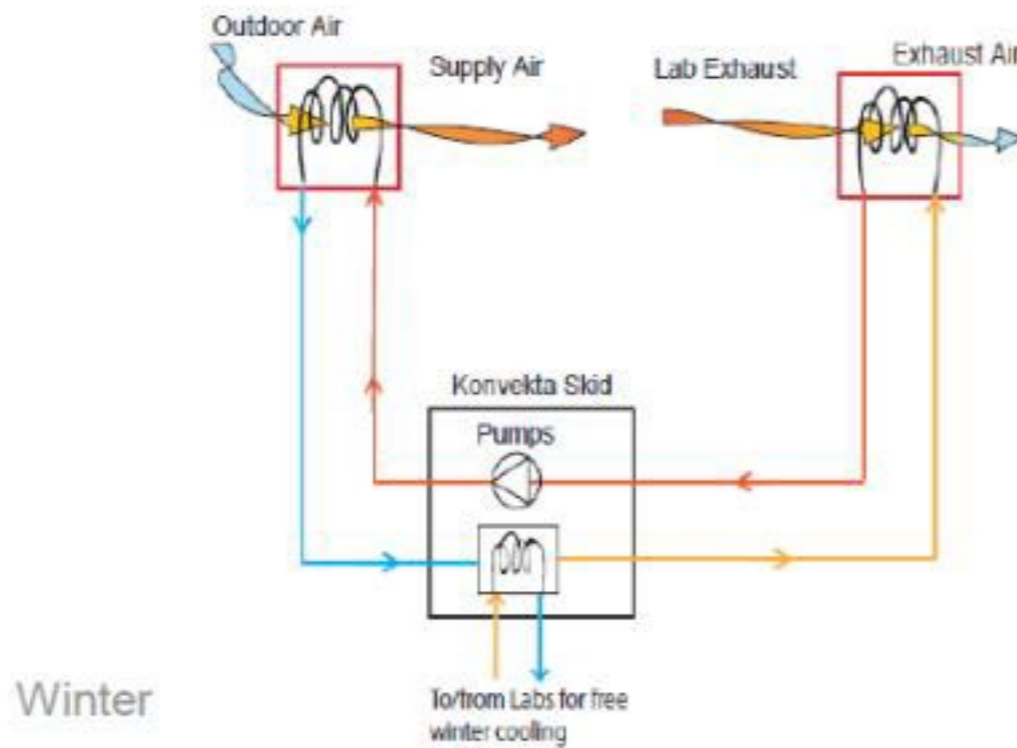
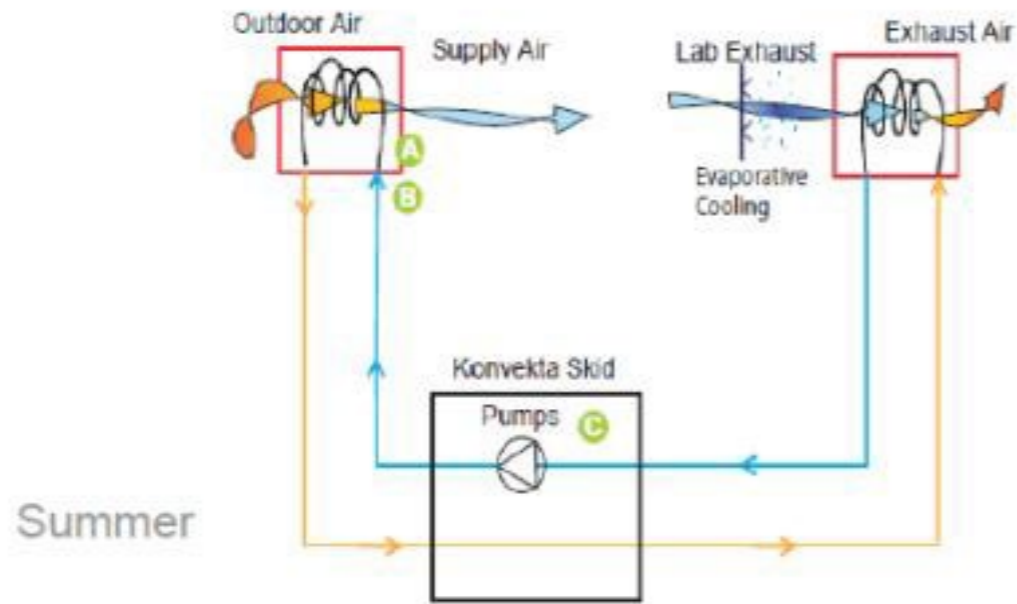


Heat Recovery System IDEC / Konvekta

90% Heat Recovery Efficiency

<\$200k Per Metric Ton CO₂e Reduction

300 Metric Tons of CO₂e Reduction Yearly





High Efficiency Heat Recovery Systems

Automatic Operable Atrium Windows

Renewable Energy Production (Rooftop PV)

Light Well for Below-Grade Spaces

Manual Operable Lab and Office Windows

Regenerative Pollinator Landscape with Native Plantings

Stormwater Management, Storage, and Reuse

Bike Shelters & Multi-Modal Infrastructure

Passive Flood & Sea Level Rise Protection

Optimized Solar Shading

High R-Value Lab Envelope

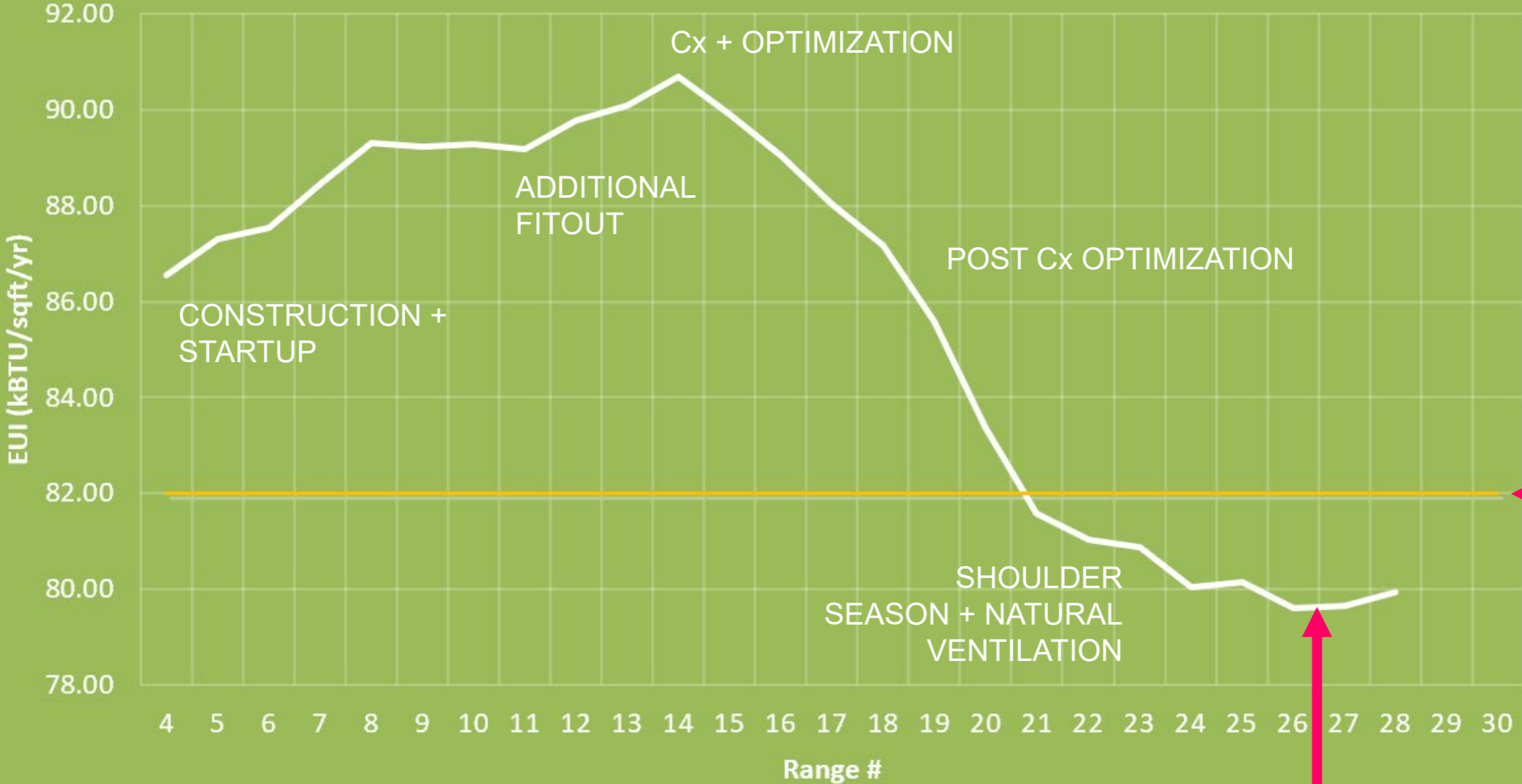
Daylight Redirection & Shading Wing

Green Roof Terraces

Protected Bike and Walking Paths connect Allston neighborhood to Greater Boston Parks

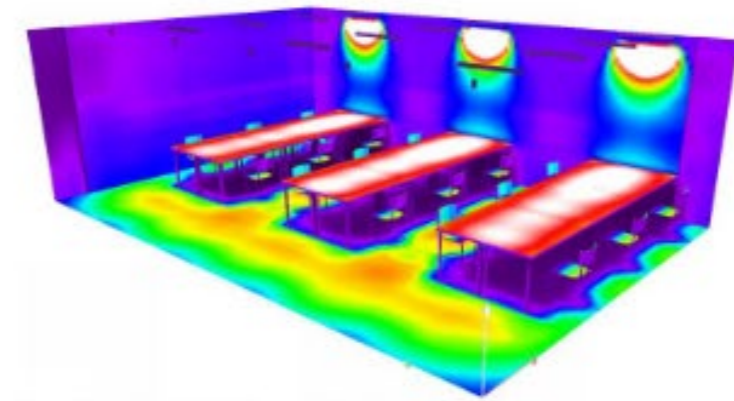
Harvard Arboretum Tree Nursery
Public Green

12 MONTH ROLLING EUI



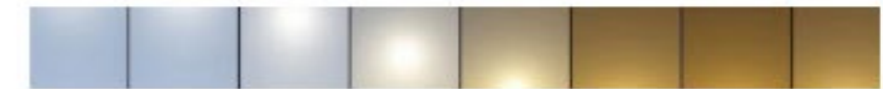
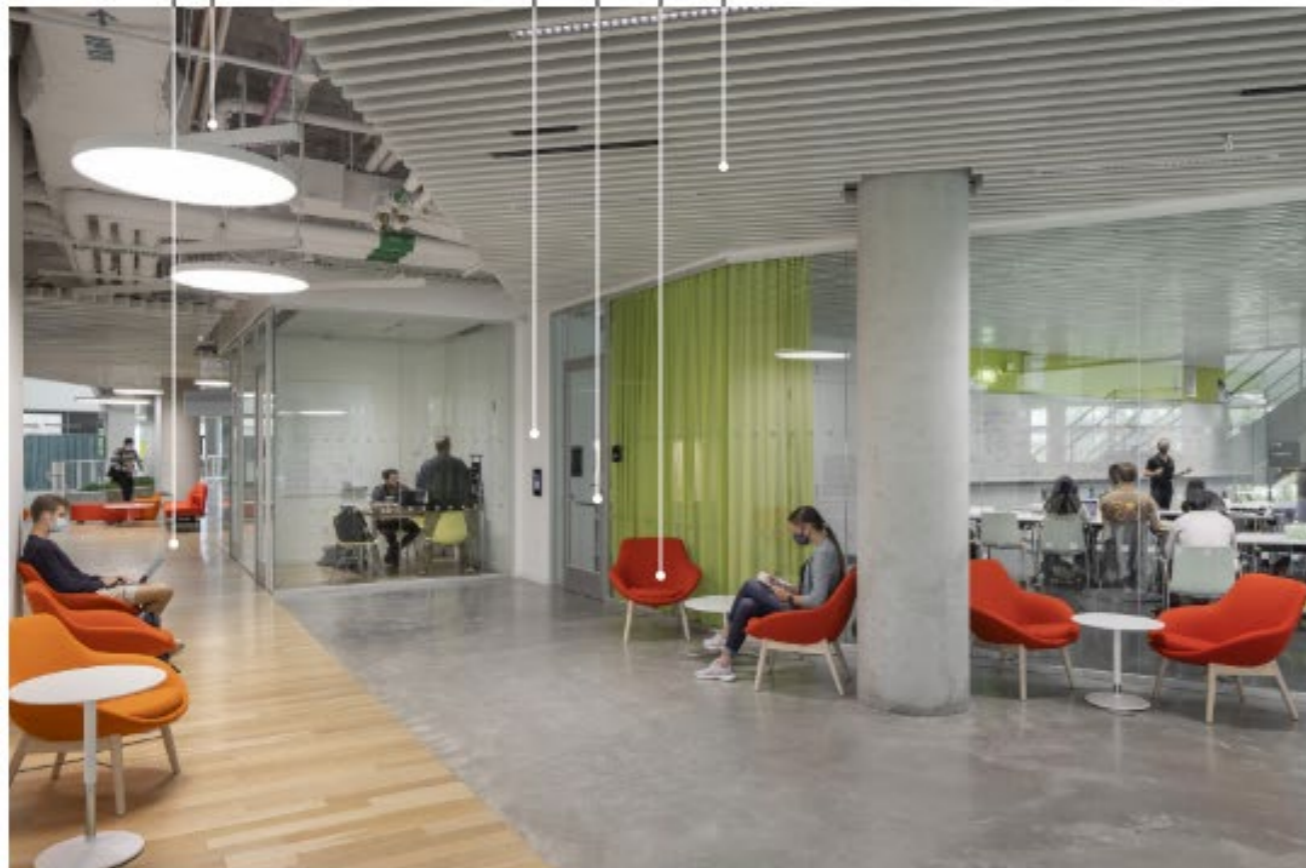
OCTOBER 2023

- 1,700** ILFI Red List & Harvard HBA Compliant Materials
- 57** EPDs Collected
- 127** Third Party Certified Materials
- 1,200+** Companies disclosed product ingredients
- 6,000+** Materials Evaluated, creating safer global supply chains



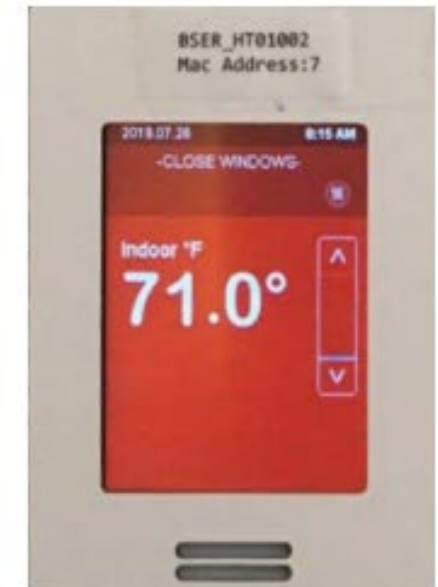
false colour rendering [fc]
Light Level Study

- Formaldehyde-free FSC Engineered Flooring
- PVC Avoided in Electrical Wiring
- Non-VOC Paints and Coatings
- Chromium-6 avoided in Hardware
- Flame Retardant-free
- Recycled Denim Acoustic Insulation



Circadian Lighting Spectrum

Artificial lighting level studies were conducted on all occupied spaces. The building lighting is equipped with circadian lighting and daylight responsive controls.



Thermostats were modified to improve user controls and indicate when conditions are ideal to open windows, or when windows should be closed, optimizing thermal efficiency and natural ventilation.

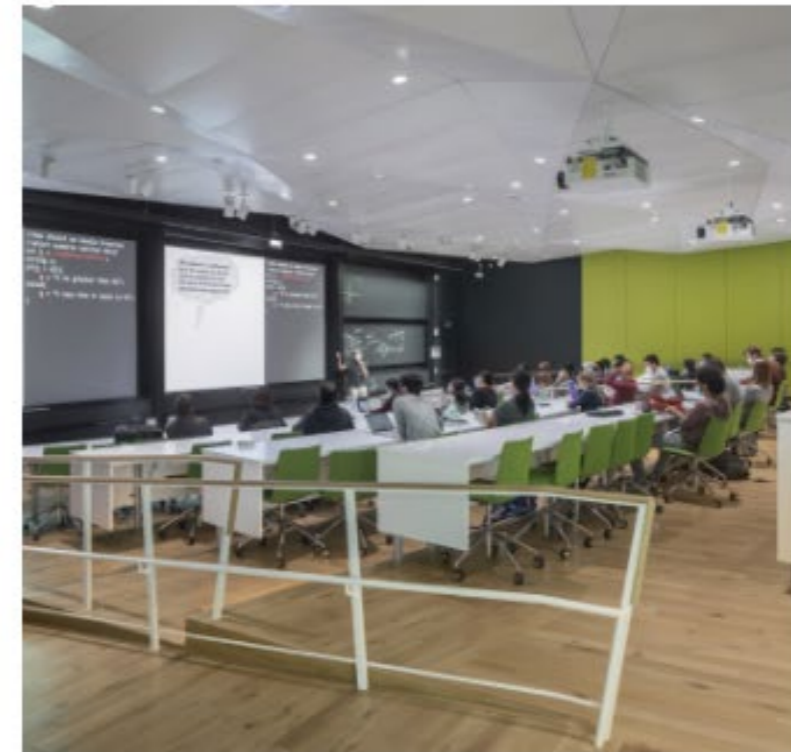


100% FSC Certified Wood

30+ Salvaged Materials Incorporated into Building

93% Construction Waste Diverted from Landfills

Design team and contractor site visit to observe reclaimed oak raw material and processing



Reclaimed Oak Floors, Benches, and Air Intake Diffuser Walls

2023 AIA COTE® Top Ten Award

2023 Vitruvian Award (Façade Tectonics Institute), Outstanding Façade Integration

2022 i2SL Overall Lab Buildings and Projects Award

2022 FSC Leadership Awards Winners Advance Responsible Forest Management

2022 The Chicago Athenaeum, American Architecture Award

2022 The Chicago Athenaeum, Green Good Design Award
2021 ENR (Engineering News Report) Best Project in the Education and Research

2021 AN Best of Design Award, Green Building, winner

2021 Built Environment Plus Award: Green Building of the Year 2021

2021 AIA New England Awards: Honor Award for Design Excellence

2021 SEFA Lab of the Year

2021 Prix Versailles, University Campuses, World Special Prize for an Exterior

2021 ABB Leaf Award, Best Façade Design & Engineering Project

2021 WAN Award, category: Education, shortlist

2021 WAN Award, Best Overall Sustainable Project

2018 R+D Awards Honorable Mention: Hydroformed Shading

Thank you!



Energy Conservation Measures

- Reduced ventilation rates in laboratories (4 ach occupied/2 ach occupied vs. 6/4 ach)
- Building orientation with major facades facing north/south
- Above-grade atriums allowing daylight penetration into floorplate
- Below-grade courtyards allowing daylight penetration into floorplate
- Internal program/partitioning (glass partitions) for daylight penetration into floorplate
- Write-up space portioned from laboratories, reducing overall ventilation quantity
- Air cascade: non-lab ventilation provides make-up air to laboratory AHUs
- High-performance runaround heat recovery
- Indirect evaporative cooling (via runaround heat recovery)
- Optimized Fixed exterior shading for solar control

Energy Conservation Measures

- High-performance glazing: reduced SHGC, two low-e coatings for reduced U-value, well-insulated frame
- Natural ventilation in all non-laboratory spaces
- Dedicated outside air ventilation in all spaces, with local heating/cooling
- Radiant cooling/heating in many spaces using low-energy heating/cooling sources
- Reduced duct velocities for reduced fan static pressure
- Increased laboratory exhaust stack height for reduced exhaust velocity
- Wind-responsive laboratory exhaust velocity control
- Demand-controlled ventilation (CO₂) in all densely occupied spaces
- Displacement ventilation in all densely occupied spaces
- Low-flow fume hoods

Energy Conservation Measures

- Relaxed temperature criteria for atrium spaces
- Reduced winter relative humidity
- Exposed thermal mass in lower portions of building (concrete)
- Daylight-responsive lighting controls
- Reduced lighting power density (LED lighting)
- Ceiling fans to allow comfort at higher temperatures
- Green roof (podium)
- Reflective roof (upper roof)
- Premium electric motors
- Reduced exterior light power (LED lighting)
- Temperature setback and optimized warm-up
- Low pressure drop AHUs (including coil bypass)

Energy Conservation Measures

- Refrigeration heat recovery for domestic hot water
- Demand-controlled hot water recirculation
- High-efficiency/harmonic suppression transformers
- High-efficiency controlled environmental rooms
- Machine-room-less elevators
- Atriums encourage use of stairs
- Extensive electrical and thermal submetering