

# **BUILDINGENERGY BOSTON**

---

## **Take Charge and Electrify That Building!**

**Wesley Stanhope (Building Evolution Corp.)**

**Ken Neuhauser (Building Evolution Corp.)**

**James Moriarty (Sustainable Comfort)**

**Brendan Mangino (Taitem Engineering)**

**Curated by Marc Rosenbaum (Energysmiths)**

---

**Northeast Sustainable Energy Association (NESEA)**

**March 1, 2022**

## Learning Objectives

- Electrification can be the cost-effective higher performance alternative to replacement in kind.
- Understand that operational heartaches cost more than energy.



# Project 1: Heating & Cooling Retrofit

---

48 Unit Luxury Condo



## Project 1: 140,000 sq.ft with 48 units



- Central Heating (oil)
- 60% of distribution failing
- WSHPs end of life
- Lack of control
  
- Indoor cooling towers

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

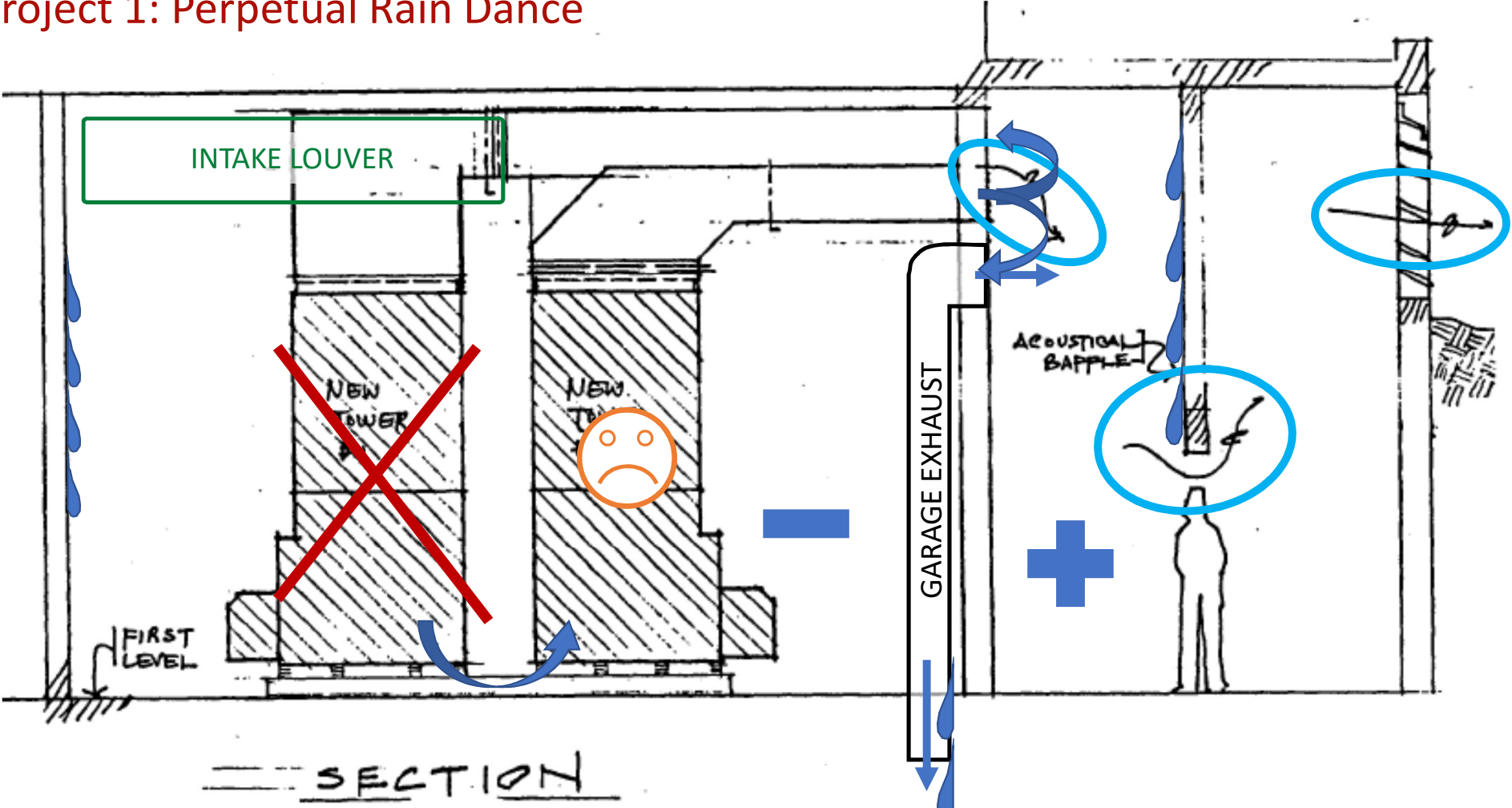


# Project 1: What was wrong



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

# Project 1: Perpetual Rain Dance





# Project 1: What was wrong



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

## Project 1: Logistical snags (they happen), they can be managed



Nauset virtual mockup during pandemic.



2<sup>nd</sup> Temp. CT rental, pandemic project delays.

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*



# Project 1: Finished Product



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

## Project 1: Energy Usage

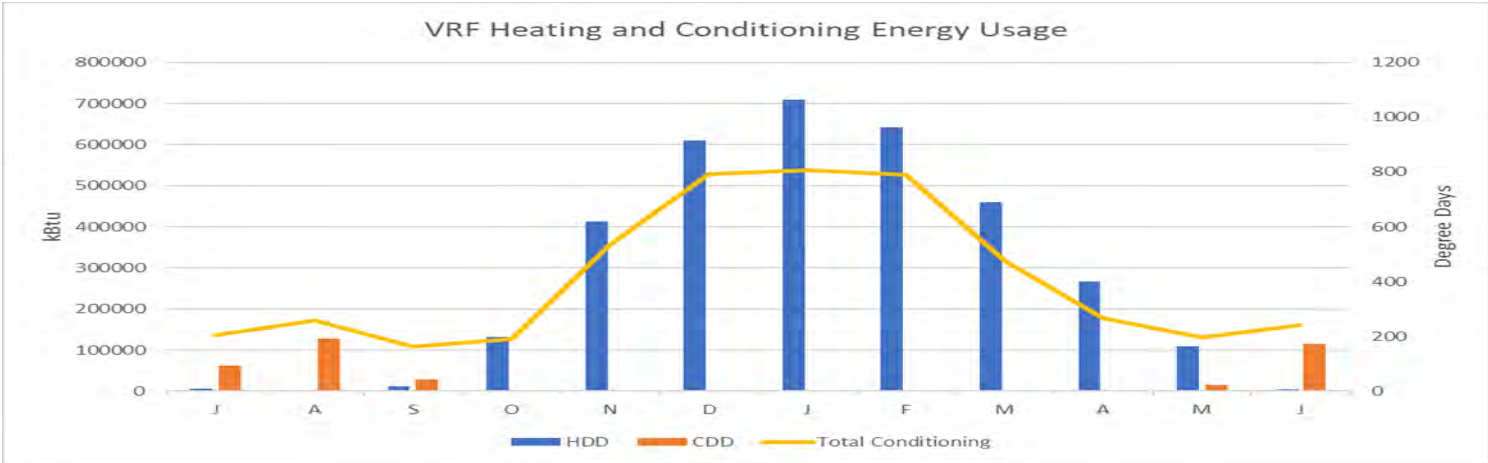
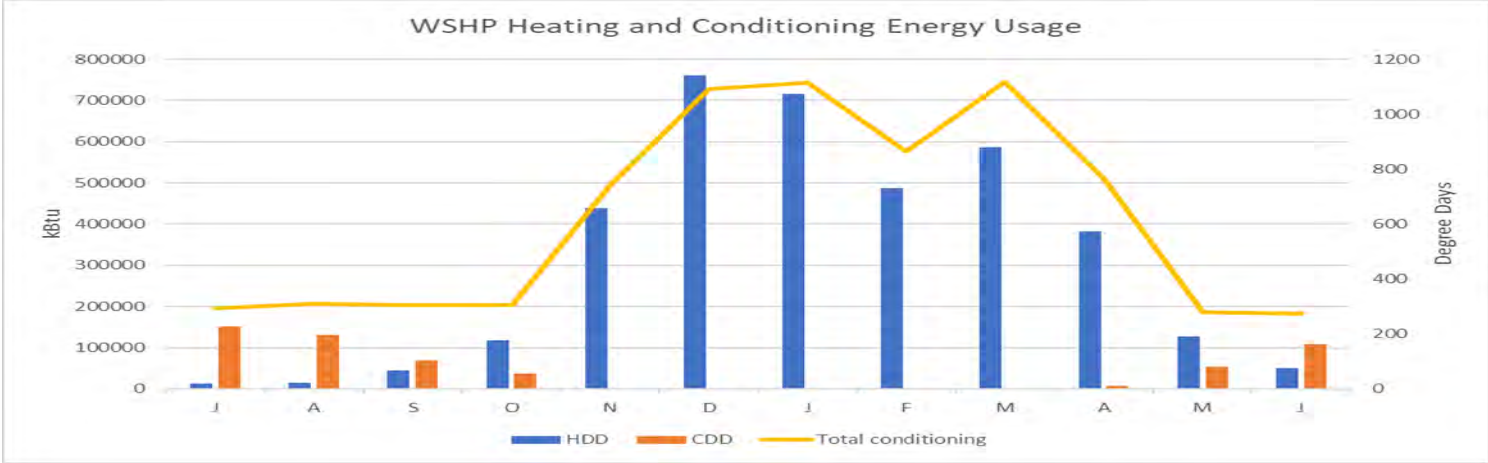
Metered Energy Usage			
	Electricity Usage* (kWh/year)	Oil Usage (gal/ year)	Total Site Energy Usage* (MMBtu / year)
WSHP / Cooling Tower	987,369	11,607	4,974
VRF	961,984	-	3,280

Metered usage shows 34% savings in site energy based on 1 year of data

\*Does not include apartment baseload



# Project 1: Metered Data



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

## Project 1: GHG & Emission Reduction

No More Oil!			
	Carbon Dioxide (CO <sub>2</sub> ) (kg)	Sulfur Oxide (SO <sub>2</sub> ) (kg)	Nitrogen Oxide (NO <sub>x</sub> ) (kg)
WSHP	534,353	1,358	2,834
VRF	396,054	433	2,639
% Reduction	26%	69%	7%

Significant reductions in emissions (nearly all of SO<sub>2</sub> reduction due to elimination of oil)



# Project 1: Life Cycle Cost Analysis

Lets Talk Money!					
	Investment Cost	Average Building Operational Energy Cost**	Heating and Cooling Cost	Building Life Cycle Cost	Maintenance Cost
WSHP	\$4,200,000*	\$237,000	\$175,000***	\$8,070,000	Existing Deferred: High!
VRF	\$3,300,000	\$175,000	\$130,000	\$6,420,000	Preventative: Low

- Assumes 20-year life cycle and 3% escalation rate for capital costs
- \*Investment Cost: Only accounts for piping and cooling tower upgrades on site; does not include replacement of original WSHP's
- \*\*Same blended rate. Demand Rates!
- \*\*\*Compares electricity at same blended rates for simplicity.



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*



# Project 2: Historical Rehab

Refrigerant Reduction. Like golf, less is more.



GTI: 86,000 sq.ft with 92 units



- Central Heating (Natural Gas)
- Distribution end of life
- FCUs
- Through wall AC to enclosed patios

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

## GTI: Great maintenance, but FCUs not maintainable



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*



# Business As Usual (BAU)

No – don't do that!!!

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

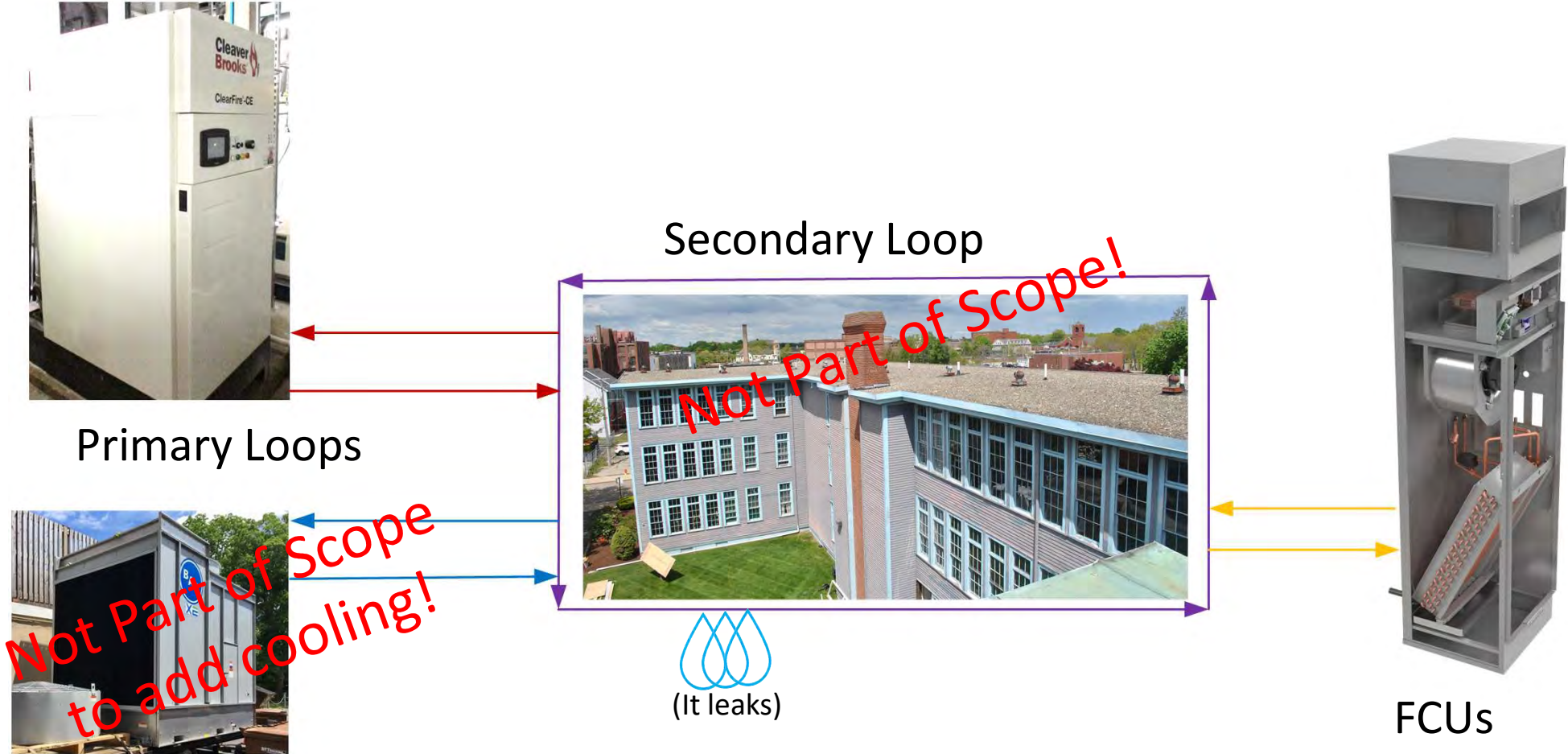
BAU



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*



# BAU – Terms and Conditions Apply!



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

# Variable Refrigerant Flow (VRF)

The Go-To Option for Electrification

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*



VRF

Refrigerant



Condensing Unit



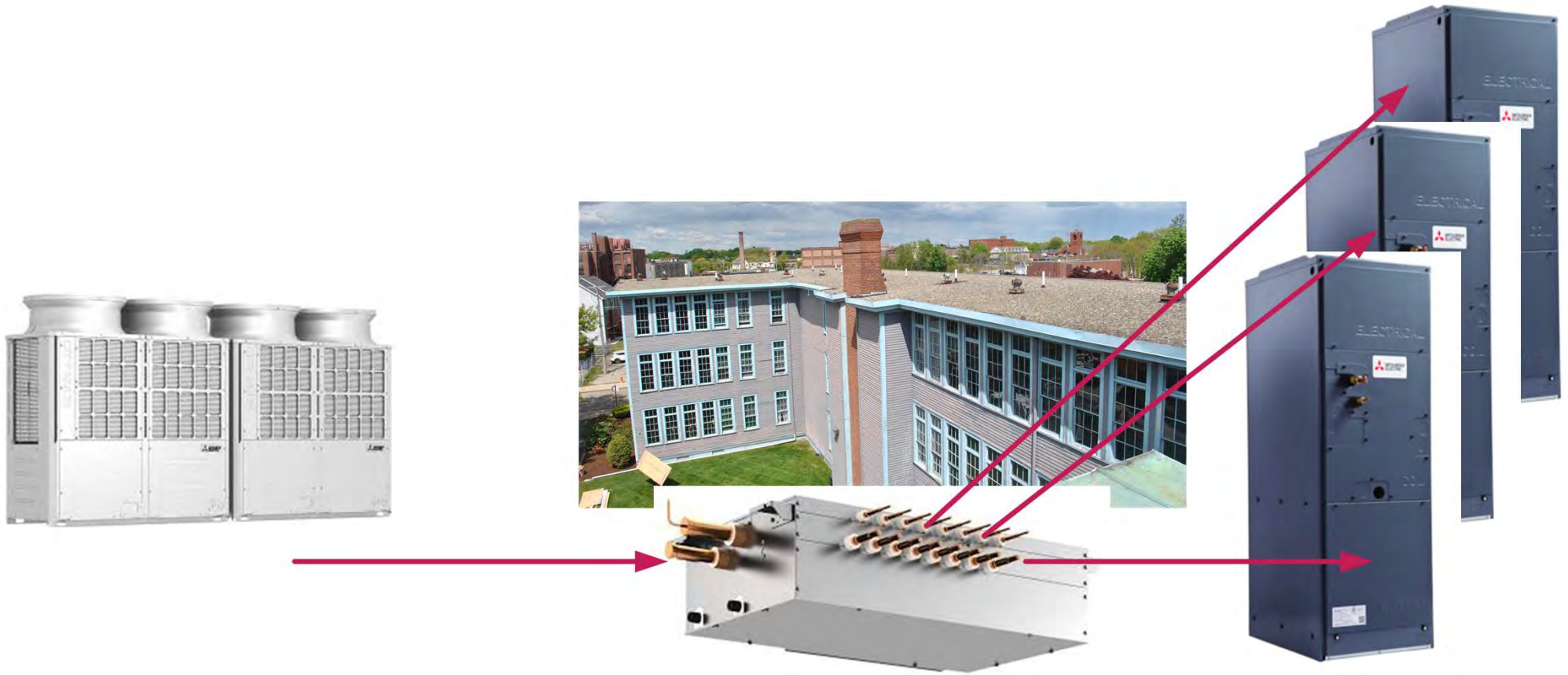
Branch Controller



Fan Coil Unit

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

# VRF – Typical Diagram



All new refrigerant distribution

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*



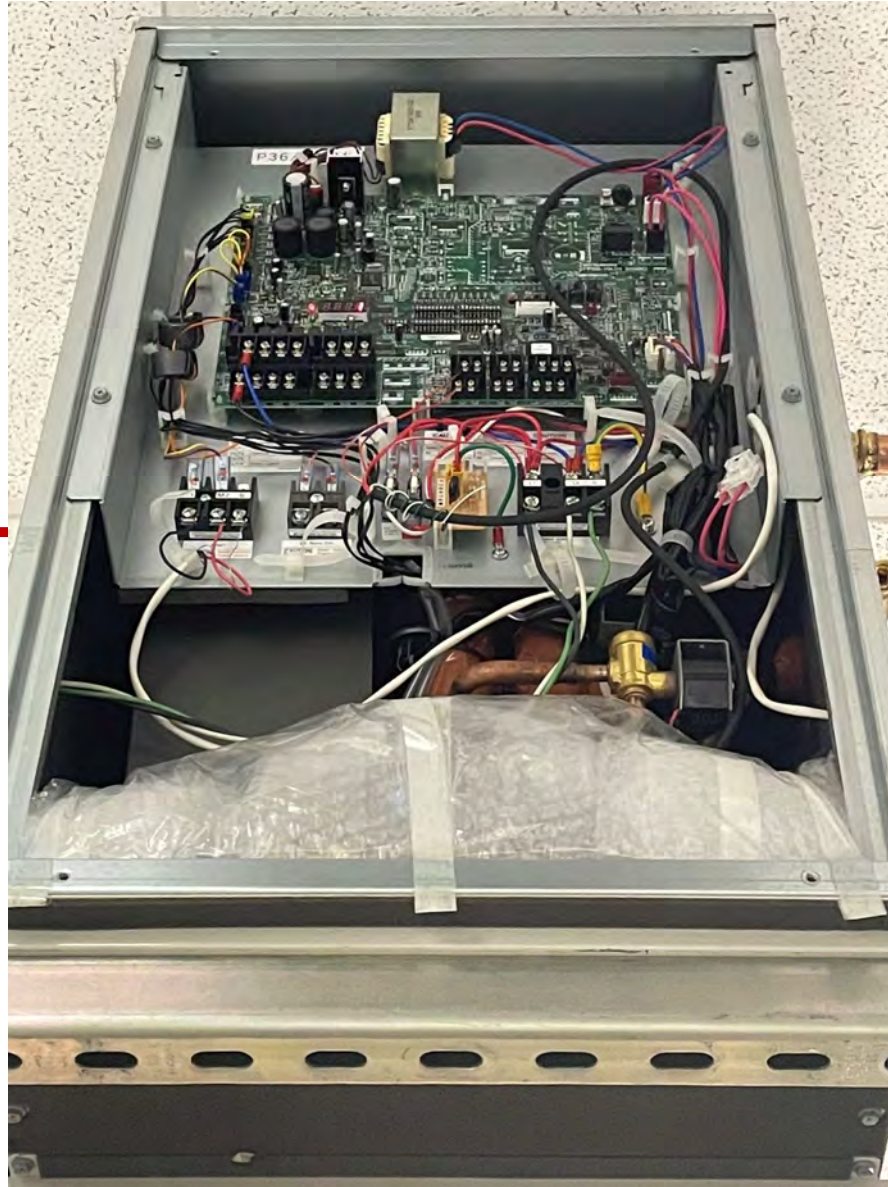
# Heat Exchanger (HEX)

What the HEX is it?!  
(An alternative to VRF and Hybrid VRF)

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

# HEX System

Refrigerant



Hydronic  
Hot or Cold Water

**OLUTION CORPORATION**  
*& Durability Through A Holistic Approach™*

# HEX Install Example



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*



# HEX Units – As it progressed: WSHP



Condensing Unit

Refrigerant

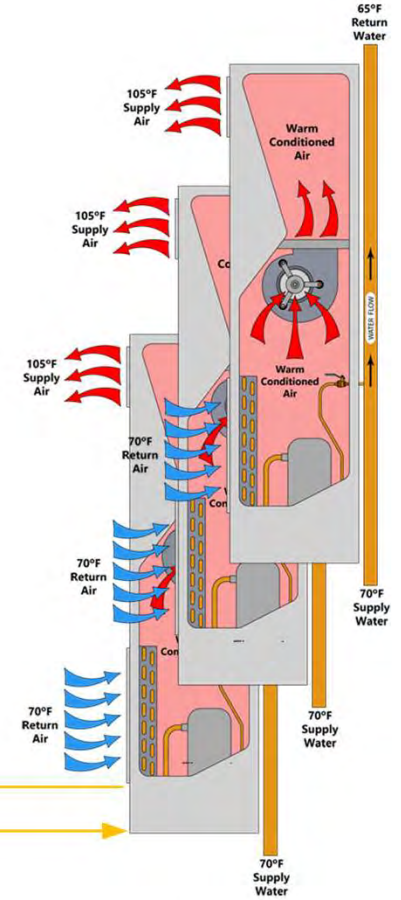
HEX  
3-6 Tons



Hydronic

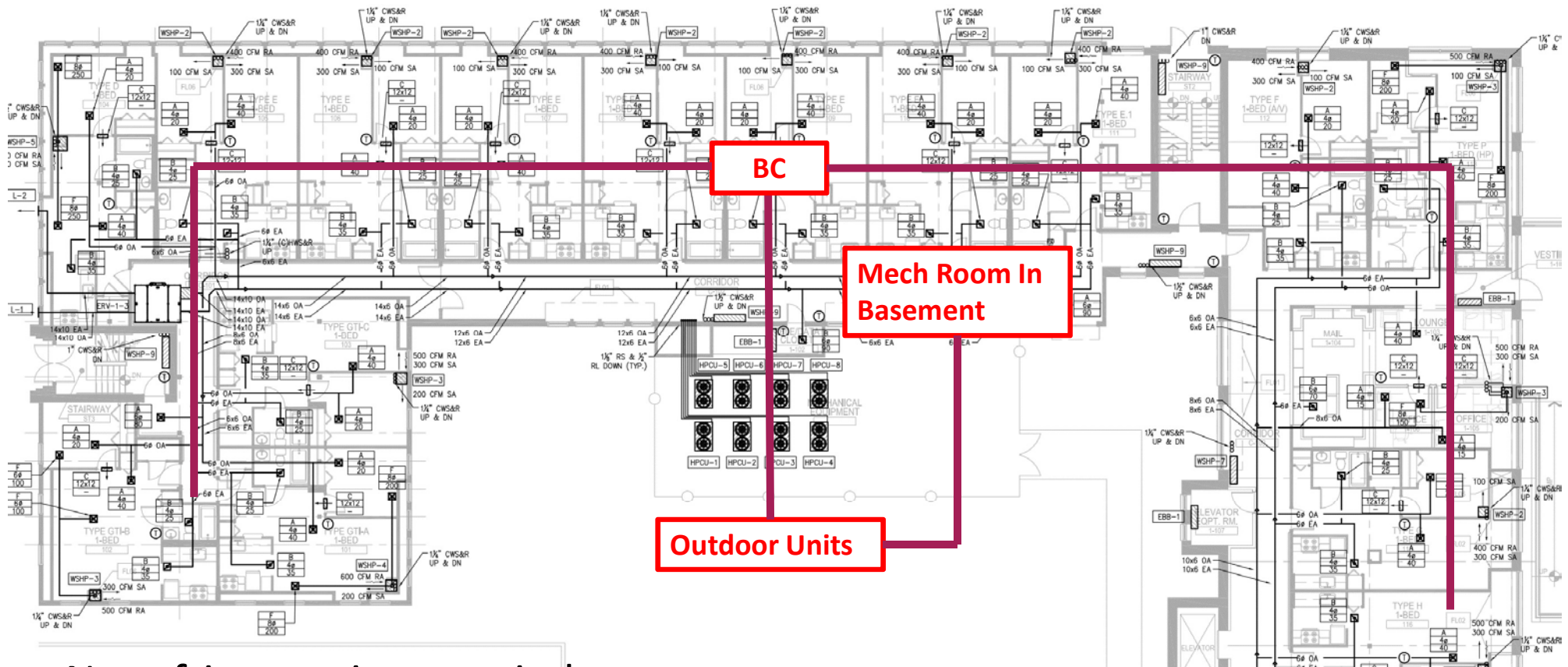


# Water Source Heat Pump



**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

# VRF vs. HEX: Refrigerant

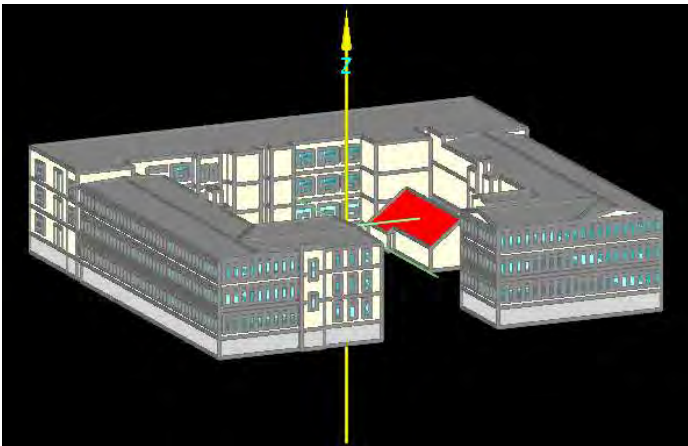


- No refrigerant in occupied spaces.
- About 20% less refrigerant.

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

## HEX vs. VRF: Energy Modelling

	Site Energy (kBtu/year)	Source Energy (kBtu/year)
HEX / WSHP	2,602,001	6,487,986
VRF	2,418,049	5,965,489
Boiler & Chiller	3,898,009	6,941,583



- All building components except mechanical systems are identical
- Site: Source ratios based on WUFI Standard USA (not updated for PHIUS 2021 electric ratio which is more favorable for electric)
- “Its only a model”

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*



## Project 2: GHG & Emission Reduction

No More Gas!			
	Carbon Dioxide (CO <sub>2</sub> ) (kg)	Sulfur Oxide (SO <sub>2</sub> ) (kg)	Nitrogen Oxide (NO <sub>x</sub> ) (kg)
HEX/ WSHP	147,820	162	985
VRF	125,083	137	834
Boiler / Chiller	223,921	960	840

\*Assumes 20-year life cycle

## Project 2: Energy & Cost Comparison

	Investment Cost	Annual Energy Cost	Life Cycle Cost	Maintenance Cost
HEX / WSHP	\$3,370,000	\$57,450	\$4,301,409	
VRF (Estimated)	\$3,010,000	\$48,600	\$3,798,148	
Boiler / Chiller	\$2,820,000	\$65,100	\$4,536,784	

**SOUTH COAST**  
 Improvement Company  
 Construction • Renovation

- Assumes 20-year life cycle and 3% escalation rate for capital costs
- Southcoast did not price VRF, not feasible. Simple \$/sq.ft. used for LCC
- Boiler/Chiller

**BUILDING EVOLUTION CORPORATION**  
*Achieve Performance & Durability Through A Holistic Approach™*

# Thank You.

Wesley Stanhope, CEM, EBCP, CCP, CPHC®  
Founder & CEO

Ken Neuhauser, M.Arch, MSc. Arch, CEM, CPHC®  
President



508-475-9016



Info@BuildingEvo.com



BuildingEvo.com



138 Green Street, Suite 201,  
Worcester, MA, USA



---

# **BUILDING EVOLUTION CORPORATION**

*Achieve Performance & Durability Through A Holistic Approach™*



# All Electric Domestic Hot Water

James Moriarty  
Vice President  
[james@greenrater.com](mailto:james@greenrater.com)



Brendan Mangino  
Project Engineer  
[bmangino@titem.com](mailto:bmangino@titem.com)



# Design considerations

## LEGIONAIRES DISEASE

Grows below 122 F, Dies above 140 F

## STORING AT 140F

Kills Legionella and increases effective tempered water volume when mixed down.

## SLOWER RECOVERY RATE

Heat pumps water heaters known to have a slower recovery rate when compared to traditional water heater methods.

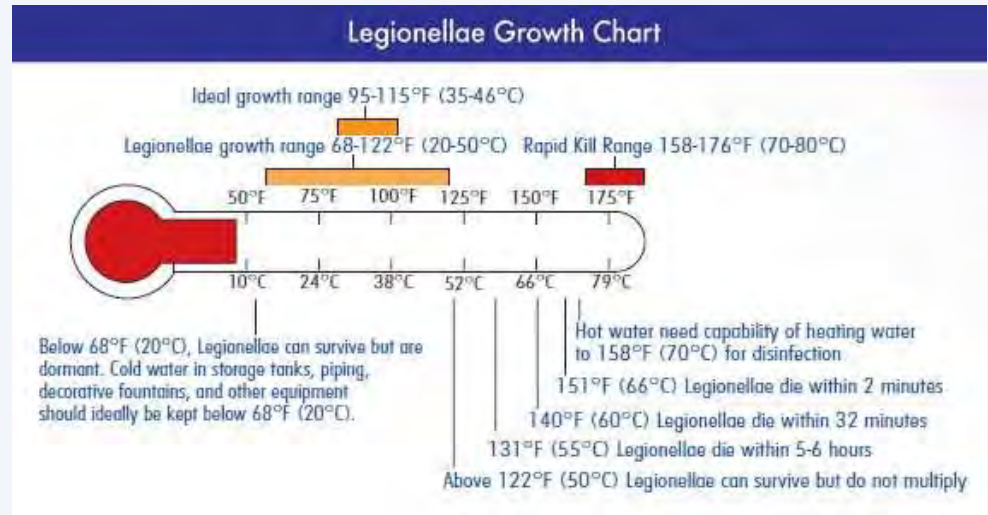
## BALANCE GENERATION VS. STORAGE

Find balance between reasonable amount of water storage and number/ size of pumps.

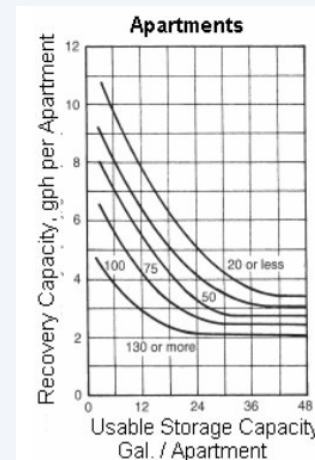
## LIMIT USE OF ELECTRIC RESISTANCE

Use staged electric resistance only if other options not available.

Reserve back up electric resistance for emergency use only.



\*Image courtesy of Powers



\*Image courtesy of 2015 ASHRAE HVAC APPLICATIONS HANDBOOK

# Identifying REFRIGERANT TYPES



R 134 A

40 F

170 F

1300 GWP



R-4 10 A

-5 F

140 F

2088 GWP



R-744 (CO2)

-20 F

170 F

1GWP\*

\*May not require double wall heat exchanger



ARTHAUS

  
Tartem

THE CHERRY GALLERY

MULTIFAMILY

LOCATION

Ithaca, New York

# PROJECT STATS - Arthaus Ithaca

---

## PROJECT TEAM

Owner: Vecino Group

Architect: BW Architecture and Engineering

Engineers: Taitem Engineering

## PROJECT SIZE

100,000 SF, 124 affordable  
housing units, 5-story

## ENERGY PROGRAMS

NYSERDA's Multifamily New  
Construction Program, Tier2  
Energy Star MFHR

**STATUS: COMPLETE**





# DHW SYSTEM DESIGN

## MULTIFAMILY

### Sized with the following assumptions

- 1.5GPM shower head flow
- 104 1-bathroom units, 1.8ppl/apt
- 20 2-bathroom units, 2.5 ppl/apt
- 8 commercial washers

**Peak hourly usage**  
1248 GPH

**Max daily usage**  
4740 Gallons



# DHW SYSTEM OPTIONS

## MULTIFAMILY

1

**Central GSHP**



2

**Central R-410A  
ASHP**



3

**Central CO2 ASHP**



4

**Semi-Central Hybrid  
Water Heater**



# selected system **SIZING**

**Total storage:**

Peak usage @ 125F

**Number of heat pumps:**

Capacity to recover max daily usage at 16 hour maximum to allow for heat pump rest and defrost

**Or**

Capacity to recover peak usage in 4 hours normal capacity or 6 hours de rated capacity

**Peak usage**

1248 GPH

**Max daily usage**

4740 Gallons

# Design challenges

## DOMESTIC HOT WATER DESIGN

- Freeze protection of water
- 100% back up system
- Space limitation, large hot water storage requirement



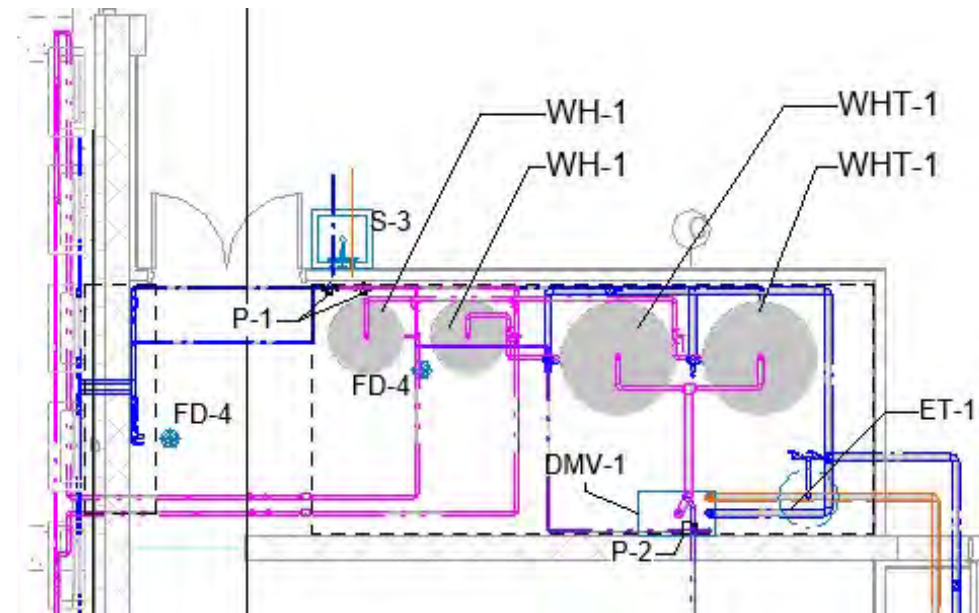




# Space limitation

## DOMESTIC HOT WATER DESIGN

- Limited space in hot water room
- 1248 gallons of 125F water required
- Combined extra storage of 120 Gallon electric resistance tanks
- "Charge" tanks to 150F to allow for 30% more capacity

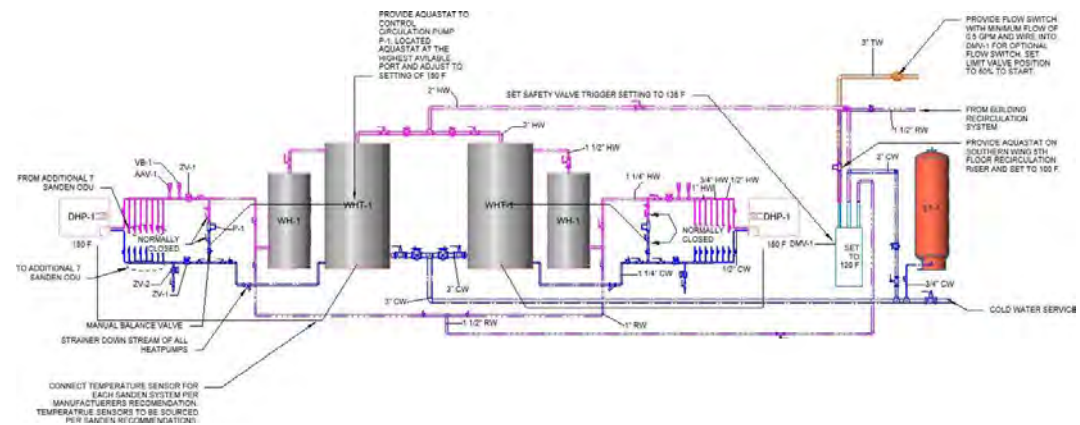


## MULTIFAMILY

# 100% back up

## DOMESTIC HOT WATER DESIGN

- 100% electric resistance
- (2) 36 KW 120 Gallon water heaters in series between heat pumps and storage tanks
- Manual switch over to limit reliance on electric resistance



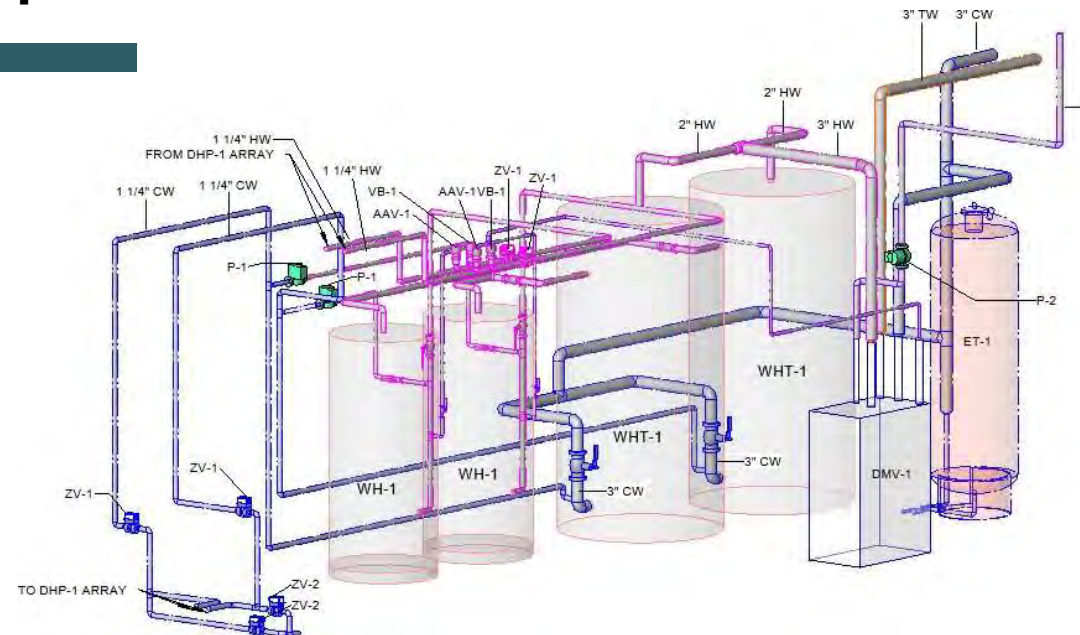


# Final System Selection

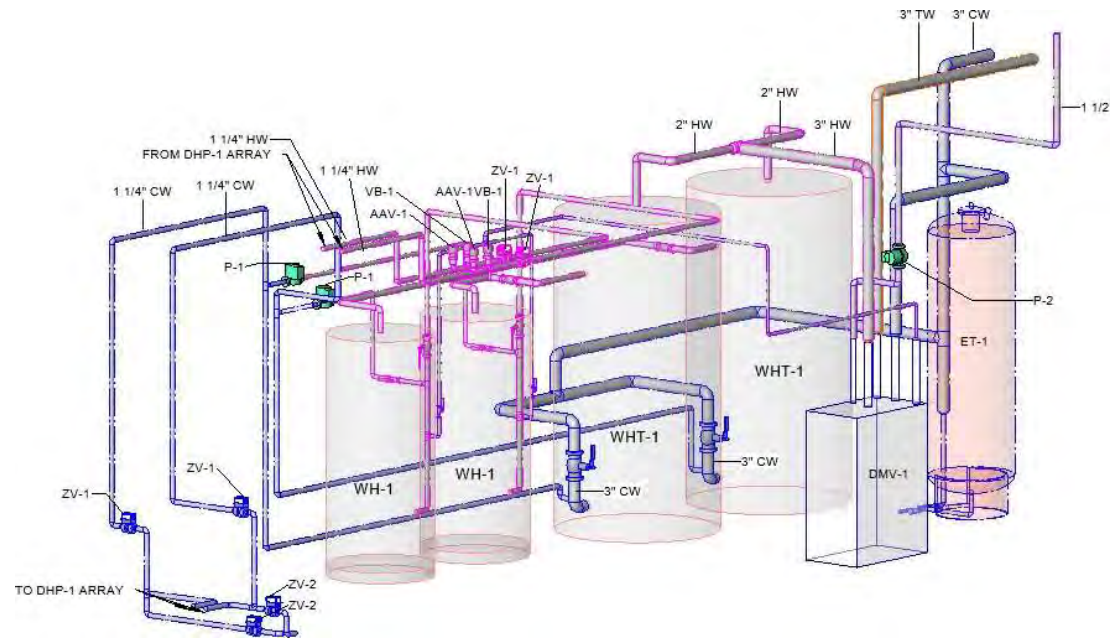
## Central CO2 ASHP with 100% electric resistance backup

- **Primary** Two parallel systems made up of (8)HP WHs in parallel (piped reverse return) (1) electric resistance water heater and (1)500 gallon storage tank with target temp 150F
  - Total of (16) 15,400 BTU/ hr HP WHs; auto drain back; 1248 gallons of storage
- **Secondary** (2) 36 kw electric resistance water heaters and (2) 500 gallon storage tanks

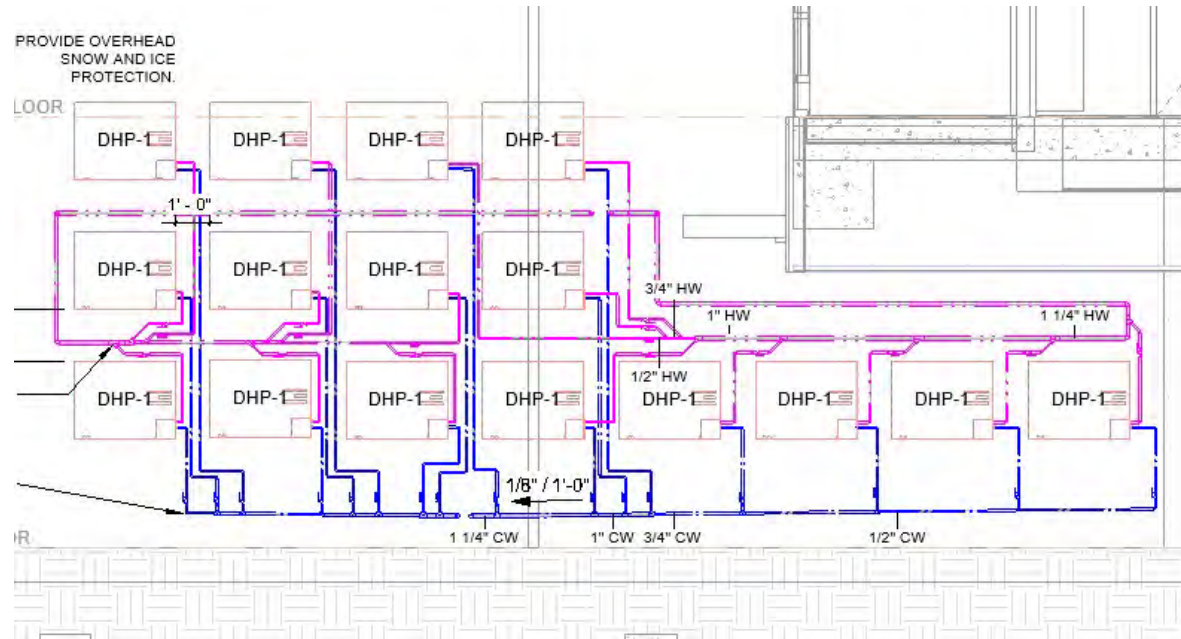
Estimated annual COP =~4.2



# Final System Selection



# Final System Selection





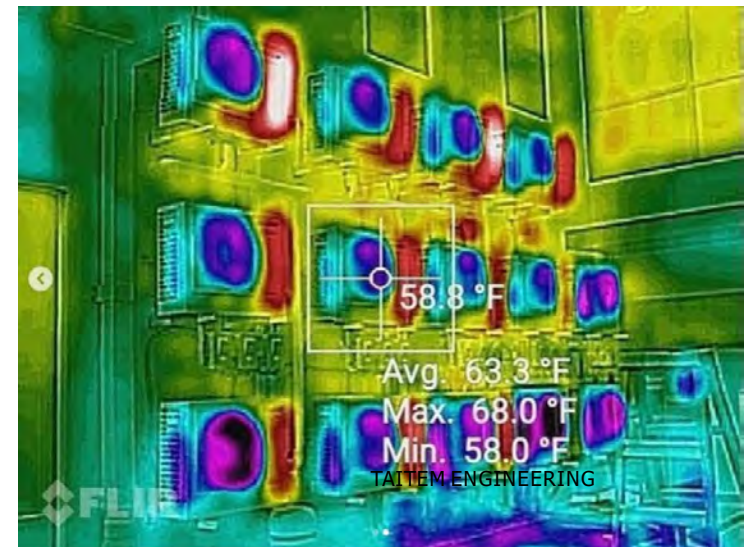
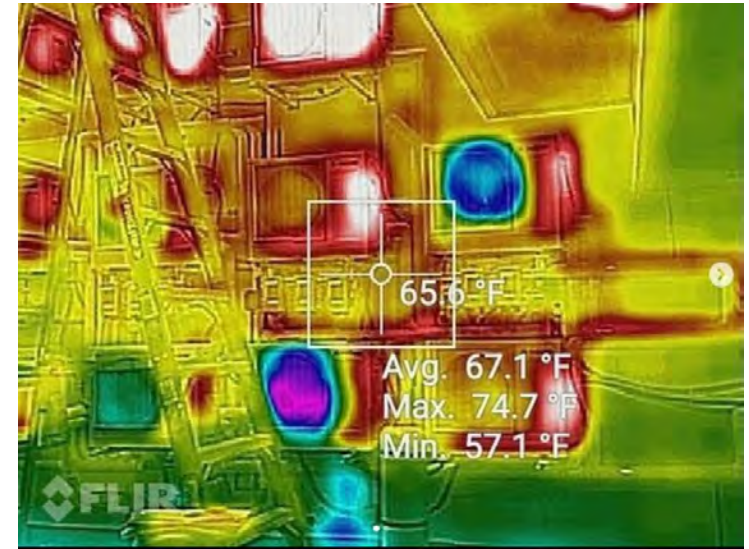
# System install and operation **TROUBLESHOOTING**



TAITEM ENGINEERING

# Automatic drainback TROUBLESHOOTING

- Automatic drain back system (triggered by a power outage) was trapping air in the heatpumps on refill causing an airlock at several unit, resulting in an error code requiring a manual air purge and restart of the affected heat pumps.
- 1st image shows that even though most of these units had their fans running, only two (the ones with the blue and purple) were actually transferring heat correctly.
- 2nd image shows all units operations correctly. With some minor adjustments to the timing of the startup of the system, we confirmed that the system could be fully purged of air, allowing all the units to operate as intended.





# Condensate drip and freezing **TROUBLESHOOTING**

## CONCERN

Condensate from drain pan can drip on units below and freeze during the winter





# Operation during construction

## TROUBLESHOOTING

Contractor turned on the heat pump system to provide tempered water to the building. Usage profile was low (<100 gallon/day) with recirculation system operable and set to 104F

### RESULT

- No new cold water introduced to the system and the tanks being mixed.
- Observed that tanks were not able to rise 120F and heat pumps would shut down due to high pressure (Low heat transfer at heat exchanger)
- Contractor temporarily switched to back up electric resistance for the rest of construction which addressed the issue.

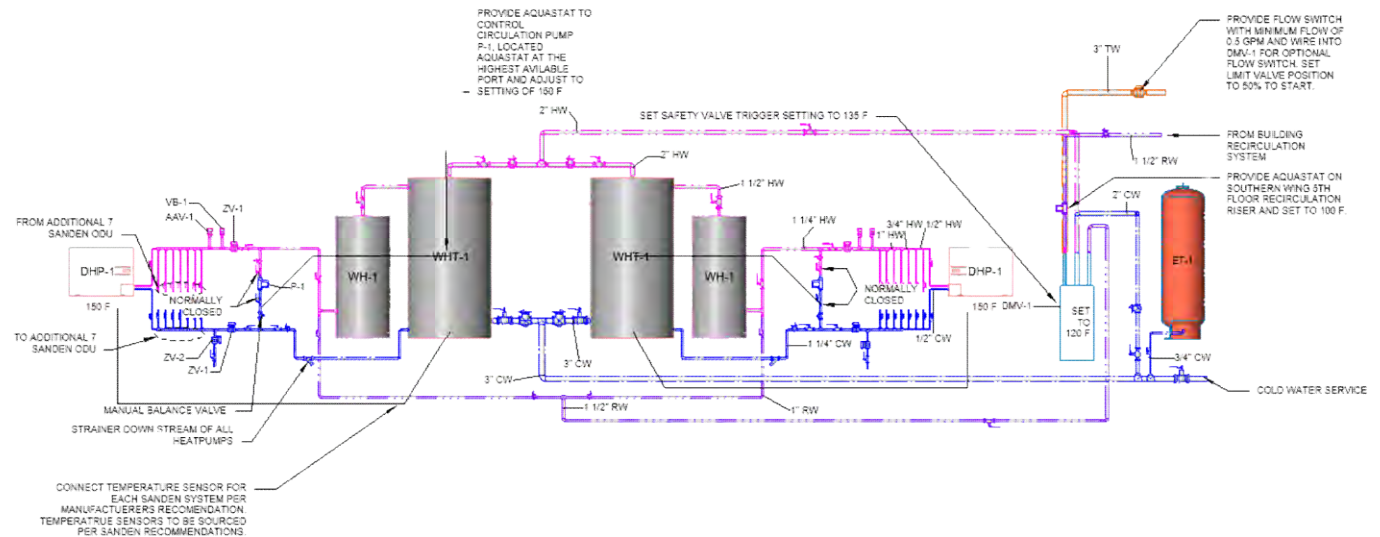




# Measurement & Verification

## CURRENT POINTS OF MEASUREMENT

- POWER: Heat trace tape, recirculation pump, all (16) heat pumps individually
- TEMPERATURE: Cold water inlet to system, cold water to each heat pump array and hot water from each heat pump array, Hot water out of each tank, hot water to mixing valve and tempered water to building.
- FLOW RATE: Cold water to DHW plant, cold water to one heat pump array.





# Measurement & Verification: Heat pump water outlet temp

-5 F minimum, 32 F maximum ambient temperature.

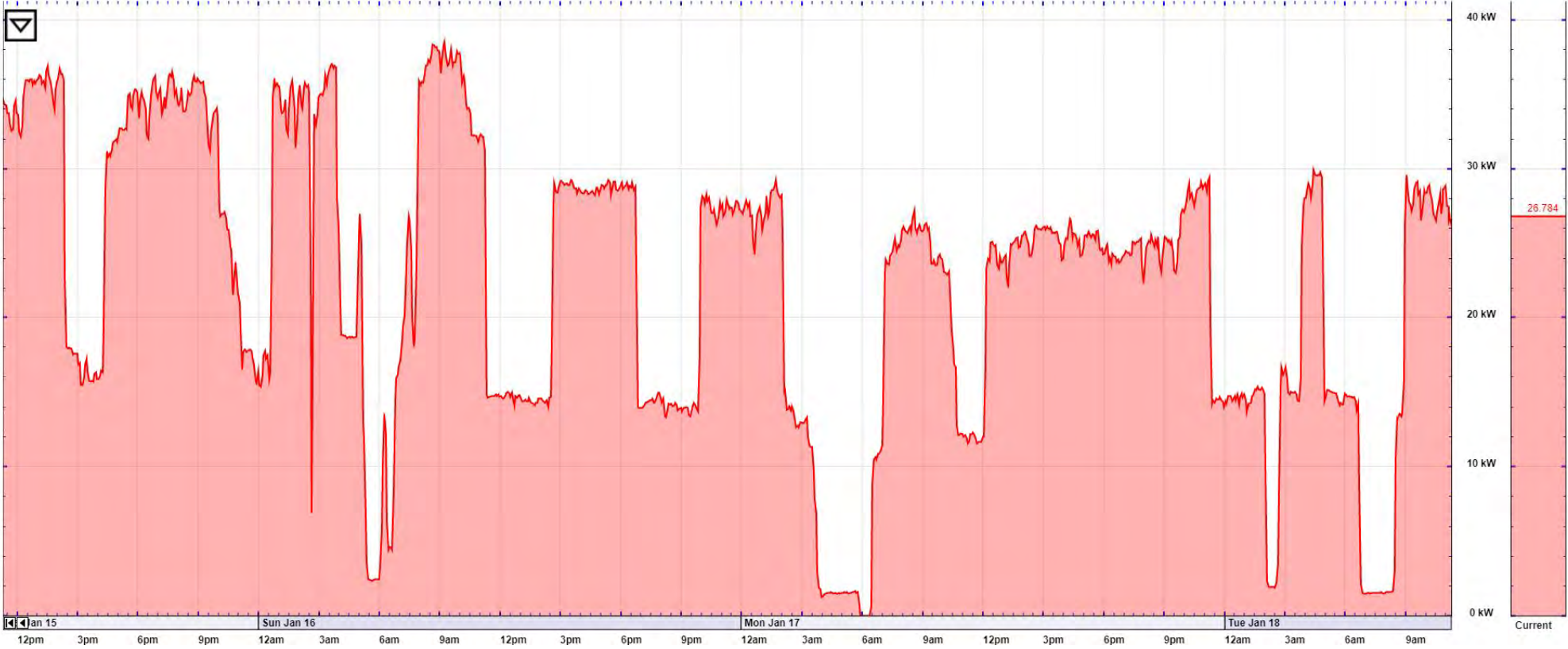
All 1y 6M 3M 1M 3w 1w 3d 1d 12h 6h 3h 1h 10m Auto 500kW 100kW 50kW 10kW 5kW 1kW 500W 100W 50W



# Measurement & Verification: Total power

-5 F minimum, 32 F maximum ambient temperature.

Navigation and filter controls: All, 1y, 6M, 3M, 1M, 3w, 1w, 3d, 1d, 12h, 6h, 3h, 1h, 10m, Auto, 500kW, 100kW, 50kW, 10kW, 5kW, 1kW, 500W, 100W, 50W



# Hot Water Heating Systems – Alternative Central Options



Central CO2 System



LG VRF System



Shared Integrated DHW



# Hot Water Heating Systems – Electric Central Plant

## Central CO2 Based System (Ex. Sanden SanCO2, Mitsubishi QAHV, Aegis A)

Runs hot water outside of the building to exterior condensers.

CO2 refrigerant means hot water system needs to go outside.

May need many outdoor condensers, Sanden smaller capacity units.

Indoor storage tank capacity large

Central distribution system with associated piping and pumps needed

Freeze protection needed if water running outside, or if allowed using glycol to outdoor units

(Currently Mitsubishi unit does not have freeze protection option available)

COP: 3-3.75



Sanden SanCO2



Mitsubishi QAHV

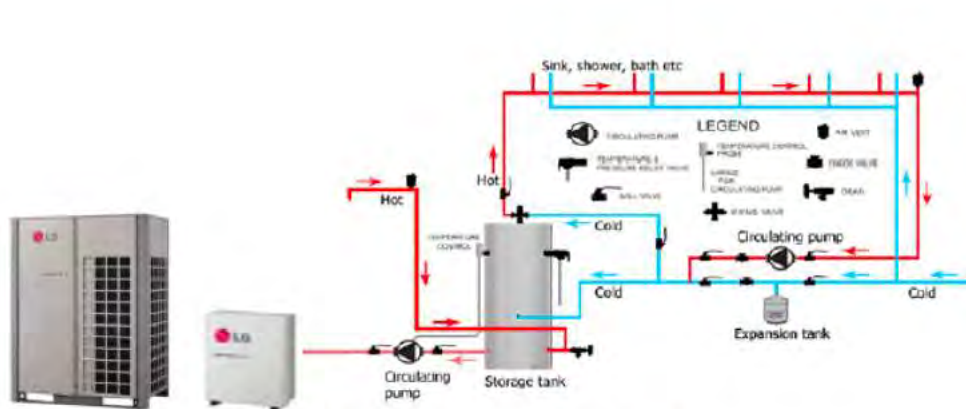


Lync by Watts Aegis A 350

# Hot Water Heating Systems – Electric Central Plant

## LG VRF Central System

- Standard outdoor condensing unit – LG VRF Systems
- Indoor unit with additional heat pump – Hydrokit K3 to boost temp from outdoor condenser loop
- Additional heat exchanger to large indoor storage tank
- Central distribution system with associated piping and pumps needed
- Simulated COP of 3.18 for Rochester, NY climate



Proposed : LG Multi V 5 system + Hydro Kit



# Hot Water Heating Systems – Electric Central Plant

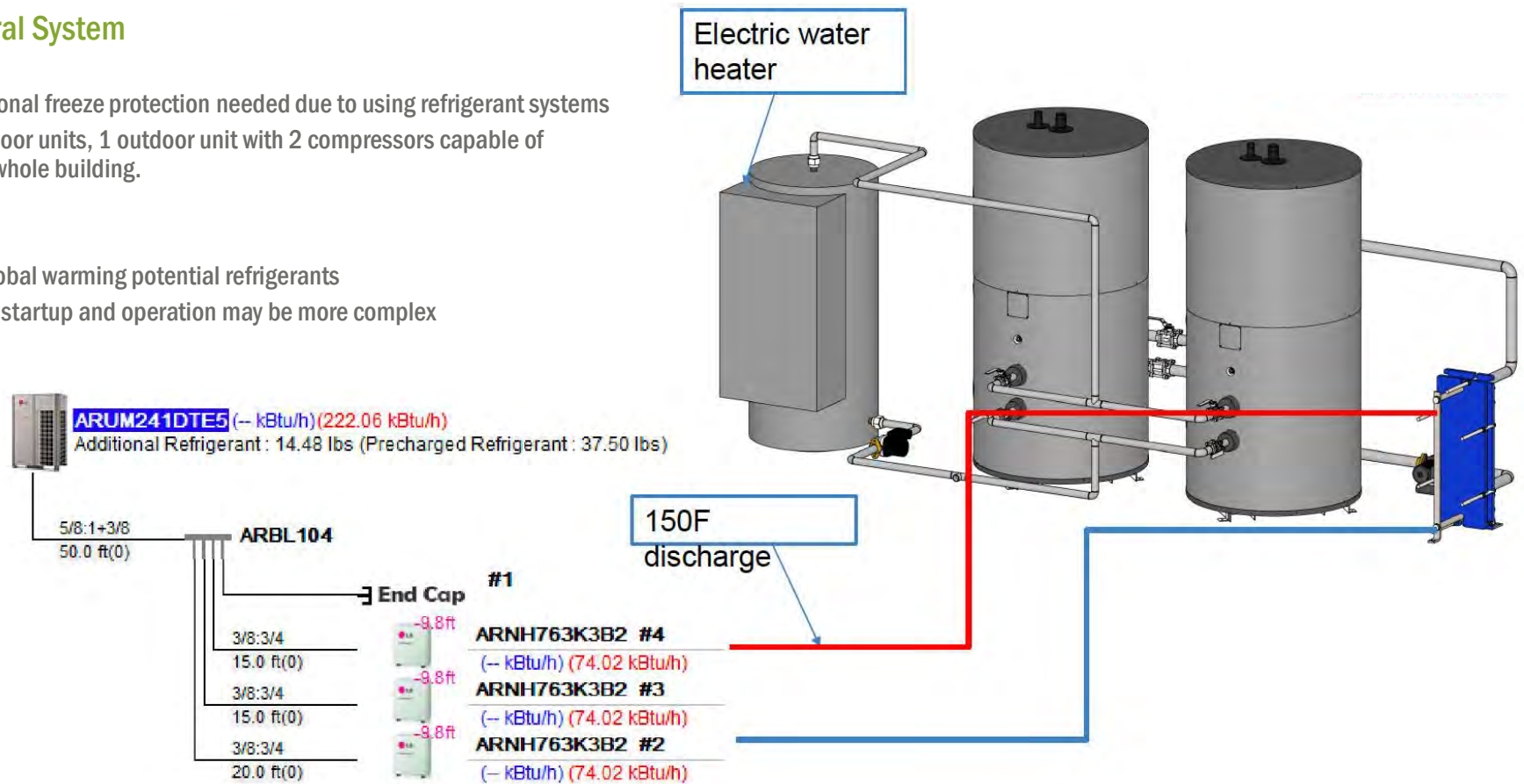
## LG VRF Central System

### Pros

- No additional freeze protection needed due to using refrigerant systems
- Less outdoor units, 1 outdoor unit with 2 compressors capable of handling whole building.

### Cons:

- Higher global warming potential refrigerants
- Controls, startup and operation may be more complex





# Hot Water Heating Systems – Electric

## LG VRF Central Systems

R-410A refrigerant to outdoor unit, separate R-134A cycle within K3 hydrokit to boost temperature.

Storage tank able to achieve 150F

## K3 Hydro Kit

### Engineering Information

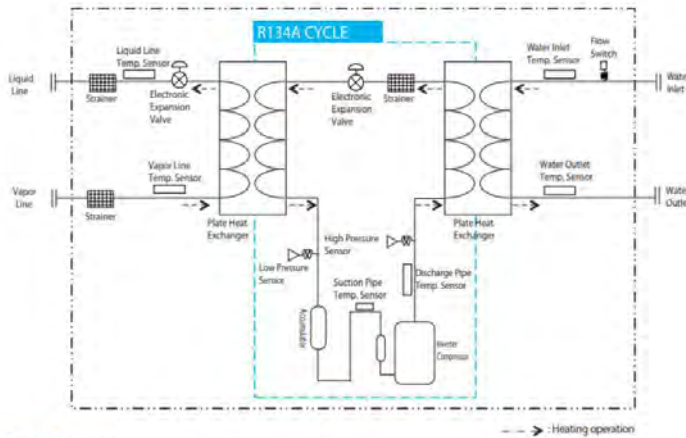


Table 2: Hydro Kit General Data

	Hydro Kit	
	ARNH963K2A2	ARNH763K3A2
<b>Cooling Mode Performance</b>		
Rated Capacity <sup>1</sup> (Btu/h)	95,900	-
Entering Water Temp Range (°F)	50-95	-
Leaving Water Temp Range (°F)	42-77	-
Indoor Air Temp Setpoint Range (°F)	64-86	-
<b>Heating Mode Performance</b>		
Rated Capacity <sup>1</sup> (Btu/h)	107,500	86,000
Entering Water Temp Range (°F)	41-113	53-167
Leaving Water Temp Range (°F)	68-122	86-176
Indoor Air Temp Setpoint Range (°F)	60-86	60-86
Hot Water Tank Setpoint Range (°F)	86-122	86-176
<b>Unit Data</b>		
Refrigerant Type (Primary/Secondary)	R410A/-	R410A/R134A
Refrigerant Control	EEV	EEV
Factory Charge <sup>2</sup> (lbs)	---	6.51
Sound Pressure <sup>3</sup> dB(A) Cooling/Heating	26	43
Net Unit Weight (lbs)	77	207
Shipping Weight (lbs)	89	219
Heat Rejected to Equipment Room (Btu/h)	Negligible	512
Oil Type	---	PVE (FVC68D)
<b>Heat Exchanger</b>		
Material/Type	316 Stainless/Brazed Plate	316 Stainless/Brazed Plate
Rated Water Flow (GPM)	24.3	9.5
Rated Pressure Drop <sup>4</sup> (ft-wg)	23.1	6.7
Range of Flow (GPM)	8-24.3	5-19
Waterside Volume (US Gallons)	0.58	0.58
Water Side Design Pressure (psig)	640	640
<b>Compressor</b>		
Type	---	Twin Rotary
Operating Range (Hz)	---	20-95
<b>Piping</b>		
Liquid Line (in, OD)	3/8 Braze	3/8 Braze
Vapor Line (in, OD)	7/8 Braze	3/4 Braze
Condensate Line (in, ID)	1-MPT	Bottom Panel Hole Only
Water Inlet/Outlet (in, ID)	1-MPT	1-MPT

<sup>1</sup>All capacities are net with a Combination Ratio between 95-100%.

<sup>2</sup>Internal second stage refrigerant circuit.

<sup>3</sup>Sound pressure levels are tested in an anechoic chamber under ISO Standard 3745.

<sup>4</sup>Water only (no anti-freeze).

The combination ratio range for mixed use (Hydro Kit units mixed with indoor units) is 50% - 100%. The combination ratio range for dedicated use (all Hydro Kit units) is 50 - 130%.

# Hot Water Heating Systems – System Cost Comparisons

## Electric Central Plant Installation Cost Comparison

System	Equipment Cost	Piping + Install Cost	Total Cost	Total Cost/SF	Cost Premium	Premium/Unit
Sanden SanCO2	\$86,000	\$107,000	\$193,000	\$1.89	\$104,000	\$838
LG Hydrokit	\$91,000	\$77,000	\$168,000	\$1.64	\$79,000	\$637
Base: Gas Boiler	\$46,400	\$42,200	\$89,000	\$0.87	-	-

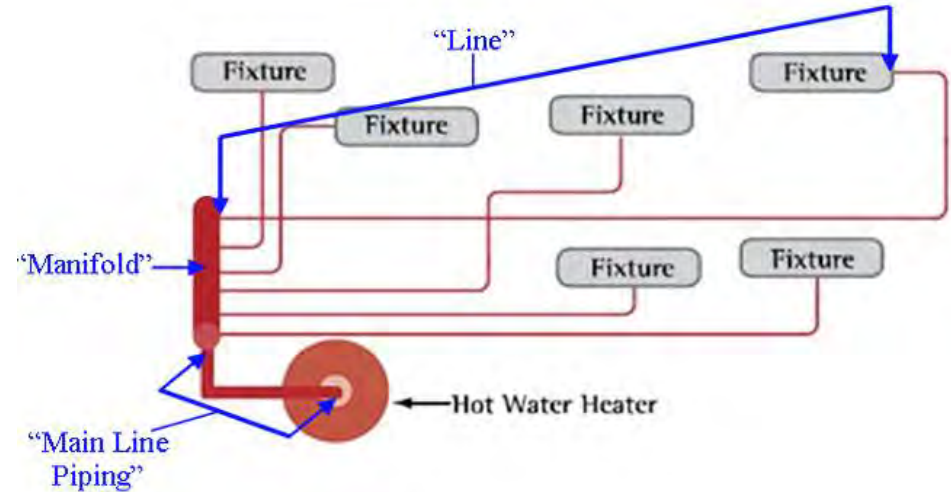
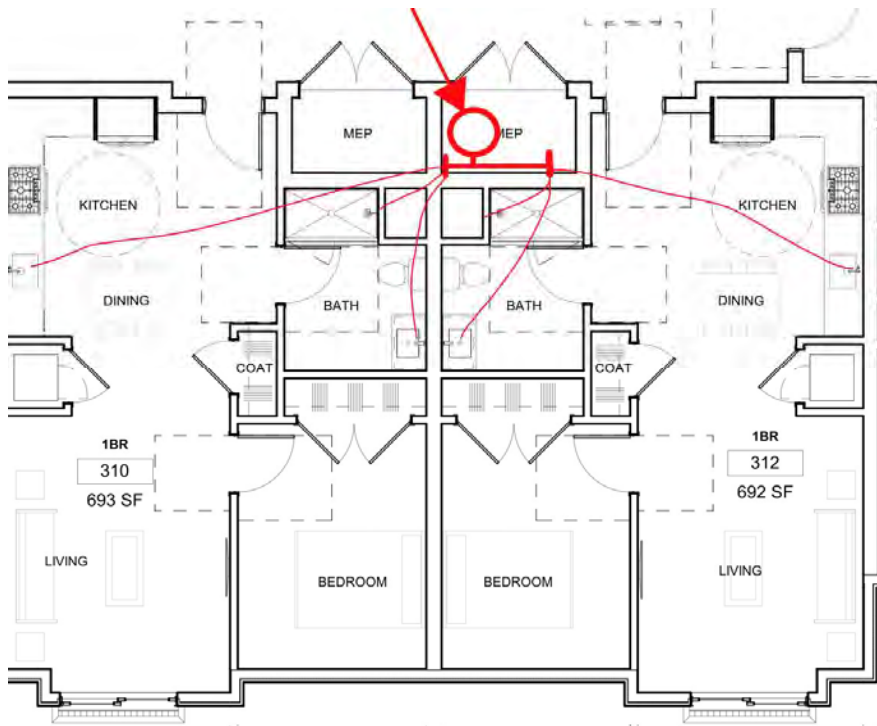
## Pricing Assumptions

- Pricing based off the Ithaca Arthaus, 124 Unit Building, ~ 102,000sf in Ithaca, NY
- Costs include domestic water systems within the mechanical room to the storage tanks, excludes distribution which is expected to be the same in each scenario
- Pricing based on 2021 costs
- Pricing provided by installing contractor Woodcock and Armani, Syracuse, NY [www.csusasyr.com](http://www.csusasyr.com) Daniel.bruyere@comfortsystemsusa.com
- Additional LG Hydrokit and boiler pricing supported by Ben Curwin, VP Supply Corp, Rochester, NY [www.vpsupply.com](http://www.vpsupply.com) bcurwin@vpsupply.com

# Alternative Hot Water Heating System – Shared Heat Pump Water Heaters

While individual heat pump water heaters per apartment are an option, results in higher space needs, installation and maintenance costs. To reduce the number of tanks, reduce noise to tenants, and keep apartment temperatures consistent, a heat pump water heater off the corridor can be shared among units.

Shared Heat Pump DHW Option





# Alternative Hot Water Heating System – Shared Heat Pump Water Heaters

Since the system takes heat from the surrounding air, there needs to be adequate air distribution for small closets. It is recommended to provide ducting of air to avoid a cold closet, and ducting air to corridor allows additional cooling in the summer. Corridor heat pumps need to be sized for additional heating load in winter.

## Closet Option 1 - Recommended

**Heater: Ducted with inlet OR outlet duct**

Room size: Any size room

Requirements: Air gap under door equal to 18 in<sup>2</sup>  
(0.75" clearance)



# What about Individual Electric Resistance?

## Individual Heat Pump Operating Cost Comparison



1 Bedroom	Electric Resistance		Heat Pump Water Heater	
Category	kWh / Year	Cost / Year	kWh / Year	Cost / Year
Heating	1,214	134	1,710	\$ 188
Cooling	222	24	91	\$ 10
Domestic Hot Water	2,432	268	924	\$ 102
Lighting	277	30	277	\$ 30
Miscellaneous Loads	2,188	241	2,188	\$ 241
Service Charge	-	204	-	\$ 204
<b>Total</b>	<b>6,333</b>	<b>901</b>	<b>5,190</b>	<b>\$ 775</b>
			Savings	1,143 \$ 126

2 Bedroom	Electric Resistance		Heat Pump Water Heater	
Category	kWh / Year	Cost / Year	kWh / Year	Cost / Year
Heating	1,600	176	2,271	\$ 250
Cooling	307	34	133	\$ 15
Domestic Hot Water	3,303	363	1,255	\$ 138
Lighting	365	40	365	\$ 40
Miscellaneous Loads	2,660	293	2,660	\$ 293
Service Charge	-	204	-	\$ 204
<b>Total</b>	<b>8,235</b>	<b>1,110</b>	<b>6,684</b>	<b>\$ 940</b>
			Savings	1,552 \$ 170



\*Savings based on energy modeling only, including heat pump DHW results in an associated increase in heating usage, and reduction in cooling.

\*Assumptions: Rates: \$0.11/kWh, \$17/month meter fees, 1 Bed = 630sf, 2 Bed = 830sf, Location: Buffalo, NY

# Questions?

James Moriarty  
Vice President  
[james@greenrater.com](mailto:james@greenrater.com)

Brendan Mangino  
Project Engineer  
[bmangino@taitem.com](mailto:bmangino@taitem.com)

