

# BUILDING INHERENT VALUE:

Implementing the Passive House  
Building Standard





# BUILDINGENERGY BOSTON

AIA Provider: Northeast Sustainable Energy Association

Provider Number: G338

## Building Inherent Value:

Implementing the Passive House Building Standard

BE18

Jesper Kruse, CPHC

Michelle Apigian, AIA, LEED AP, AICP, CPHC

March 8, 2018

# Learning Objectives

---

At the end of the this course, participants will be able to:

1. Employ passive house principles and convey how they make good building science sense!
2. Create an airtight envelope and minimizing thermal bridging.
3. Describe the benefits of a heat recovery ventilation systems and how to maximize them.
4. Discuss how building form and program impact detail complexity and cost.

# First passive house built in 1991



# OVERVIEW:

INSULATION

AIR TIGHTNESS

VENTILATION

METRICS

COST

INSULATION

Multifamily

# 1 PASSIVE HOUSE CERTIFIED PROJECT 1 PASSIVE HOUSE DESIGNED PROJECT



## **THE DISTILLERY**

South Boston, MA

- Mixed Use
- 28 Units
- 37,000 SF (excluding garage)

## **CONCORD HIGHLAN**

Cambridge, MA

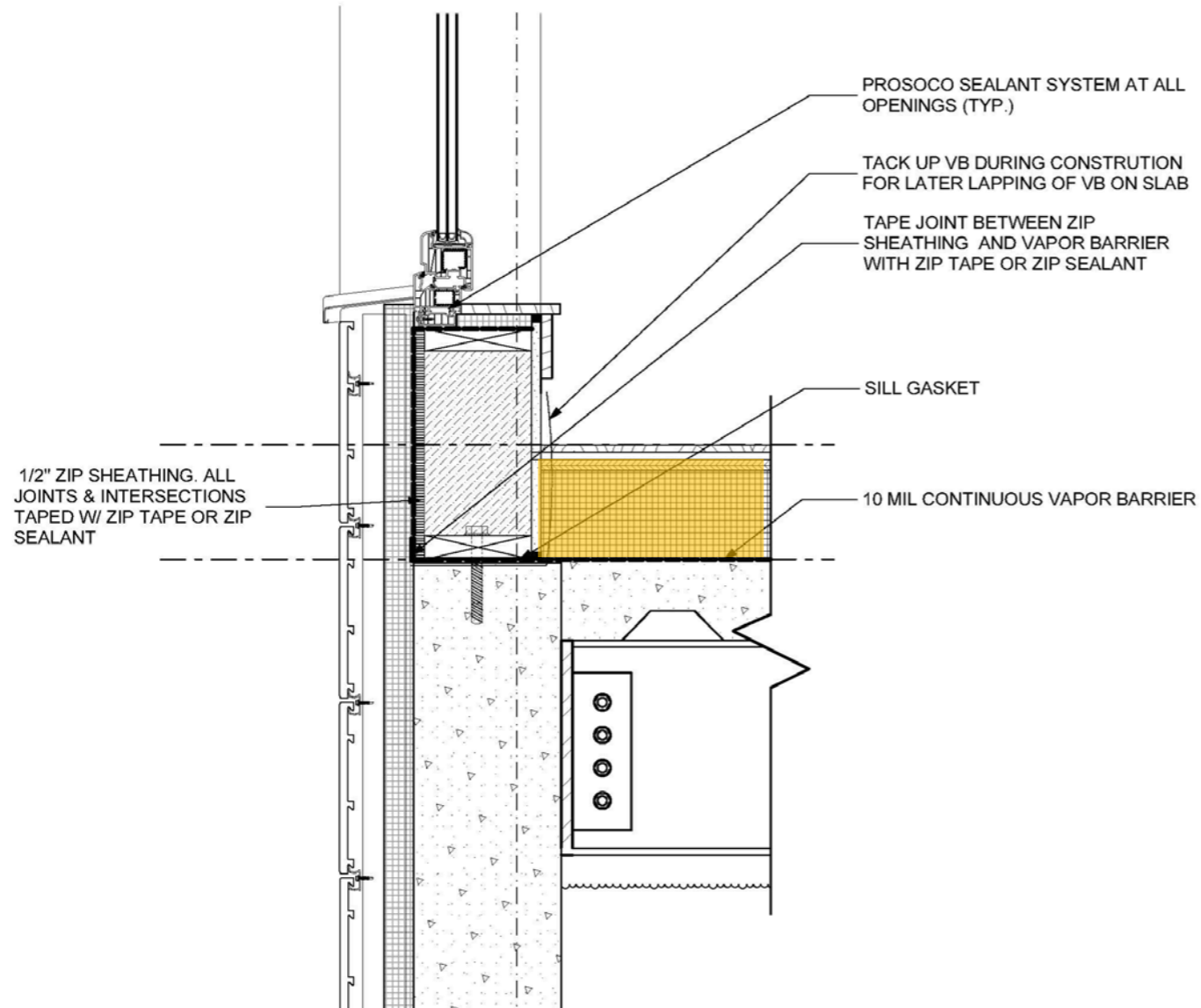
- 98 Units,
- 110,000 SF (excluding garage)





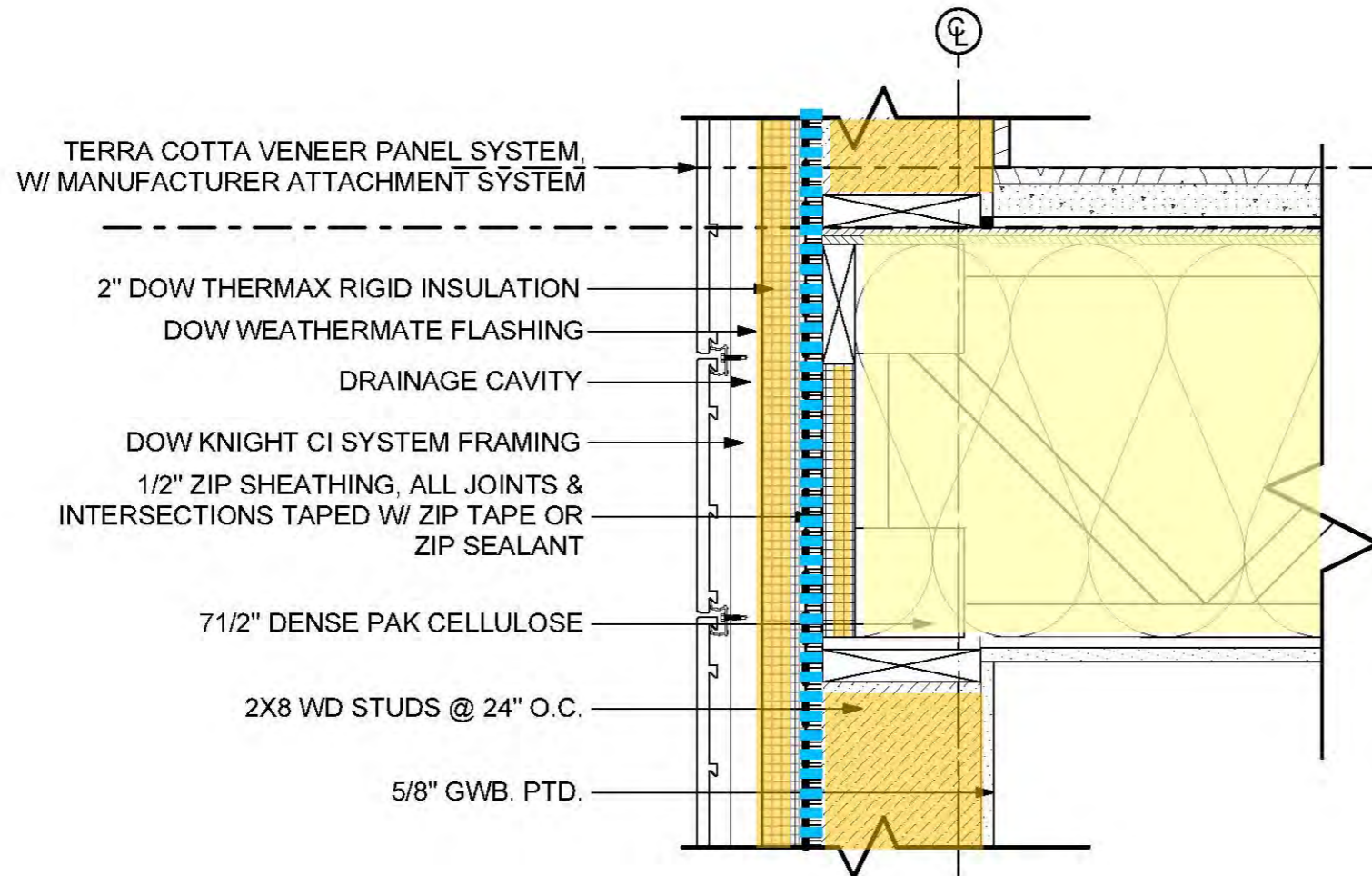
# SLAB R:23

- 6" EPS ABOVE DECK



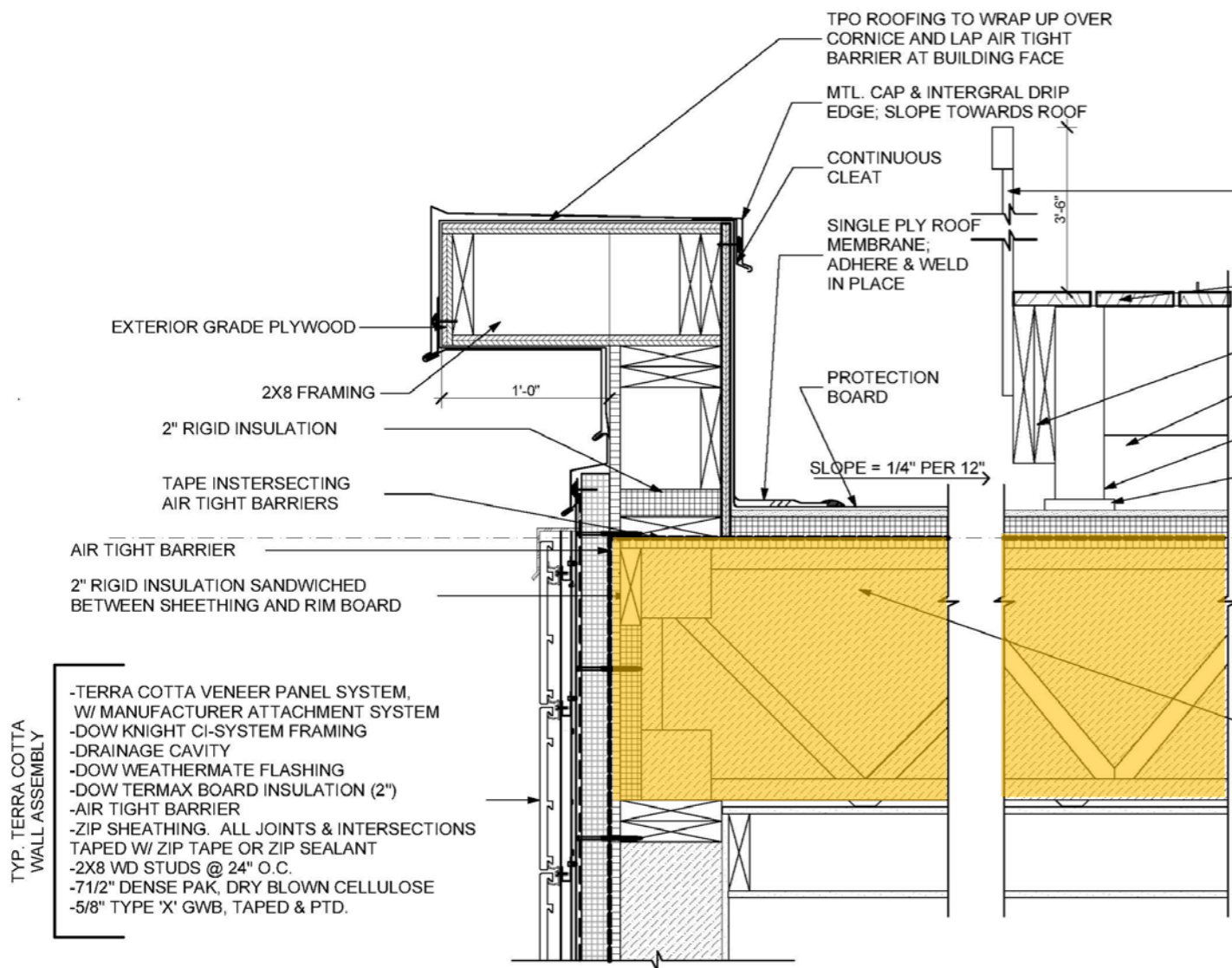
# WALLS R:34

- 3" MINERAL WOOL – CONTINUOUS
- 2X8 CAVITY FILLED WITH CELLULOSE
- CELLULOSE IN FIRST 3' OF TRUSS BAY

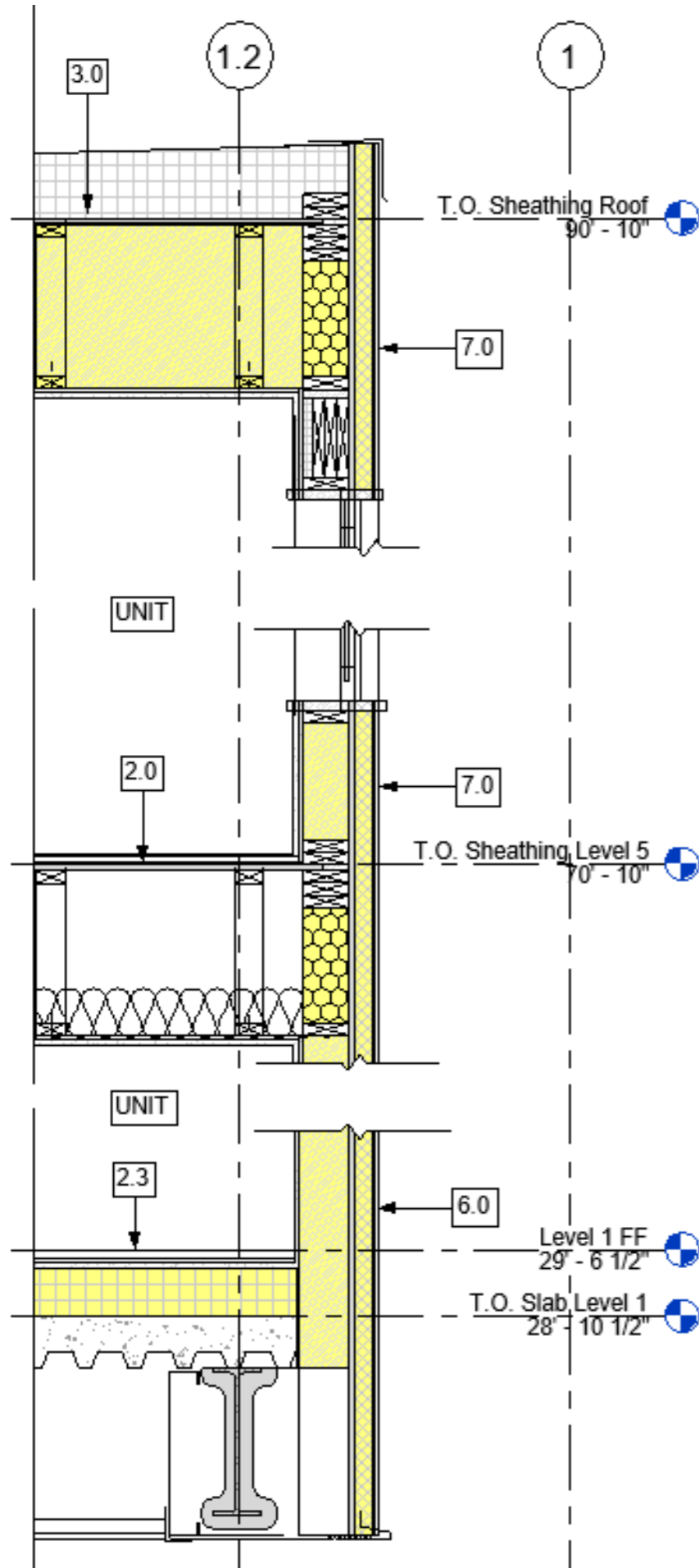


# ROOF R:60

- TRUSS CAVITY FILLED WITH CELLULOSE
- 2" MIN CONT INSULATION ABOVE ROOF DECK



# CONCORD HIGHLANDS



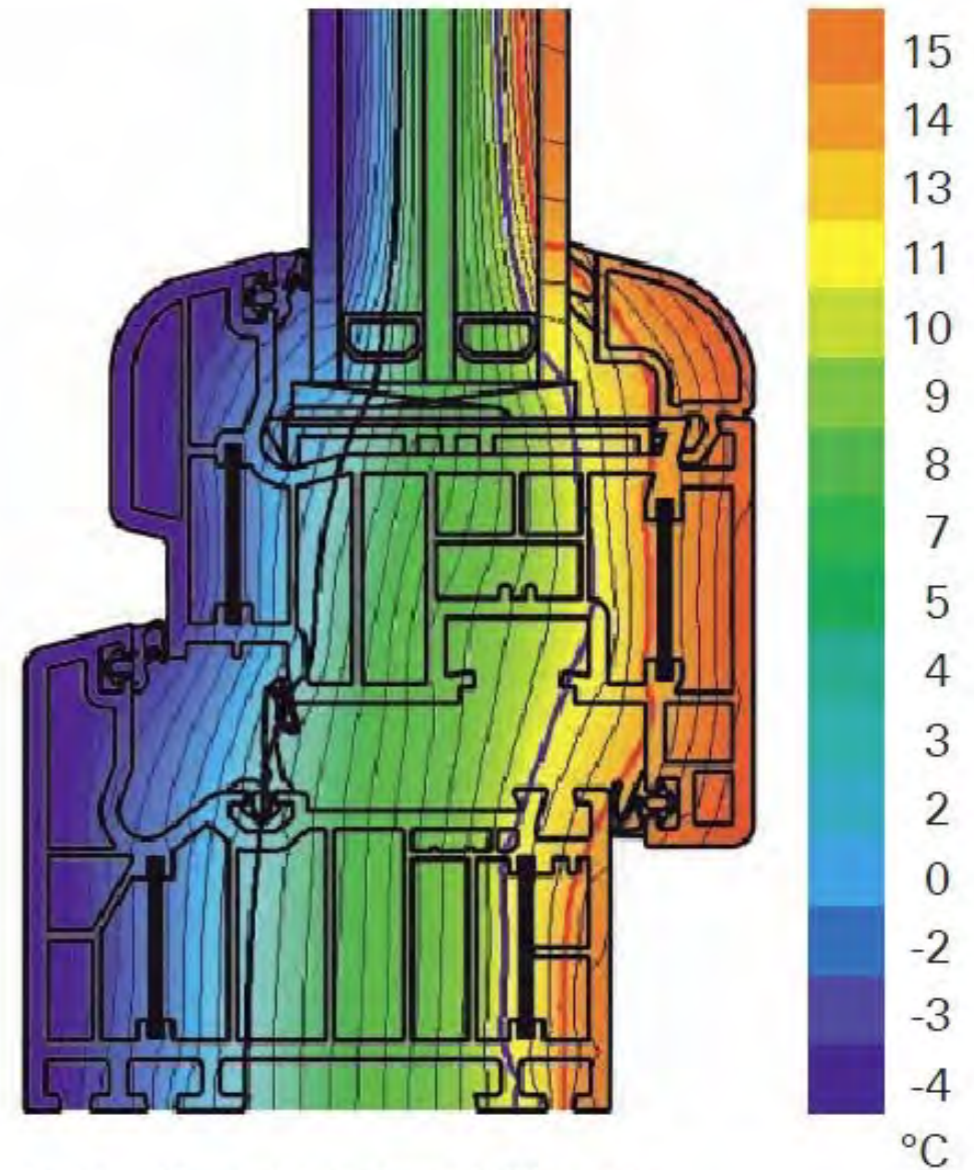
**ROOF: (R-75):** Truss cavity filled with insulation + 2" continuous minimum

**WALL: (R-27):** 2" cont. mineral wool + 2X6 stud cavity filled w/ spray fiberglass

**SLAB: (R-23):** 6" EPS above deck

# WINDOWS U - 0.134

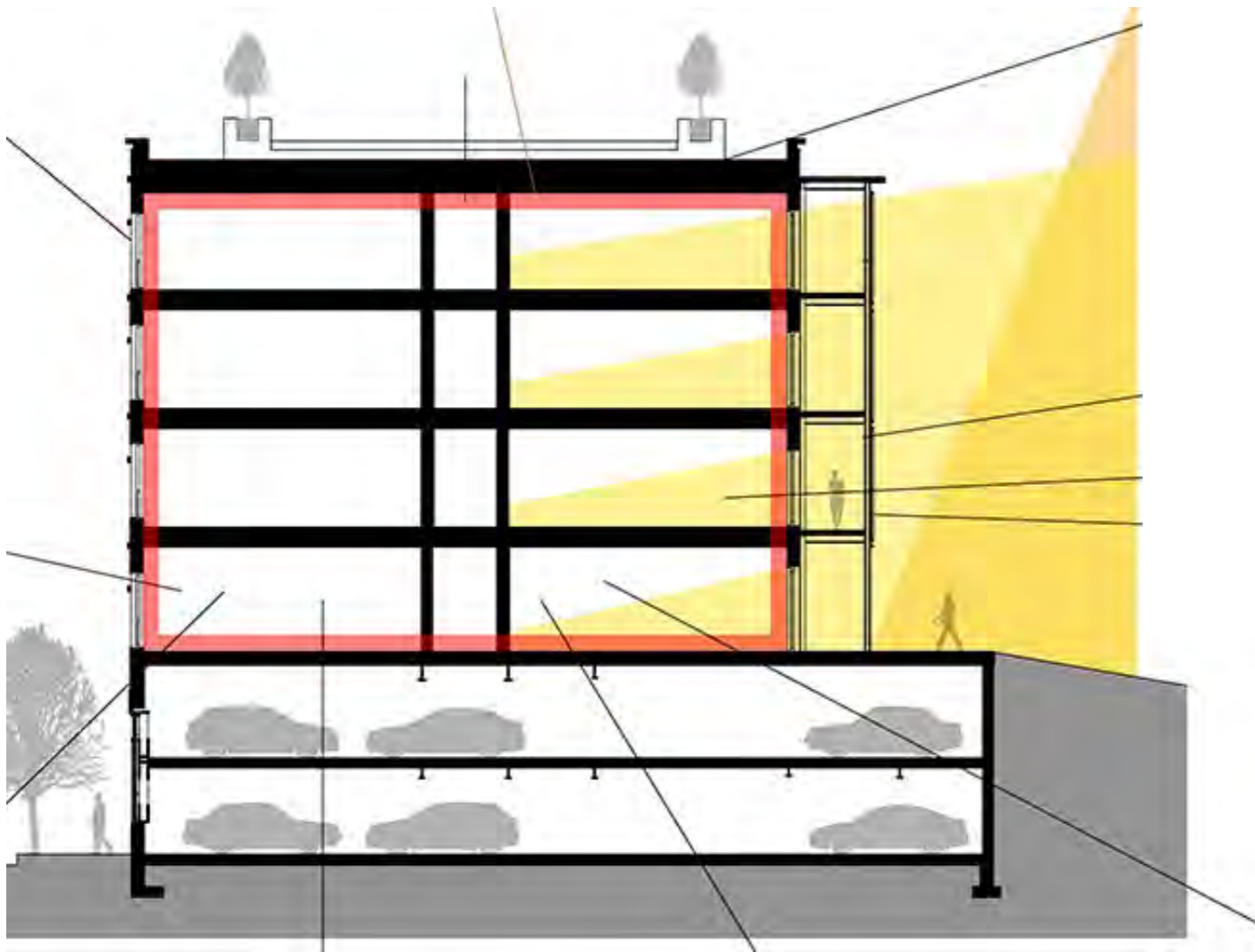
- KLEARWALL uPVC



Isothermal flow in Schüco Corona SI 82+ Rondo

# SHADING

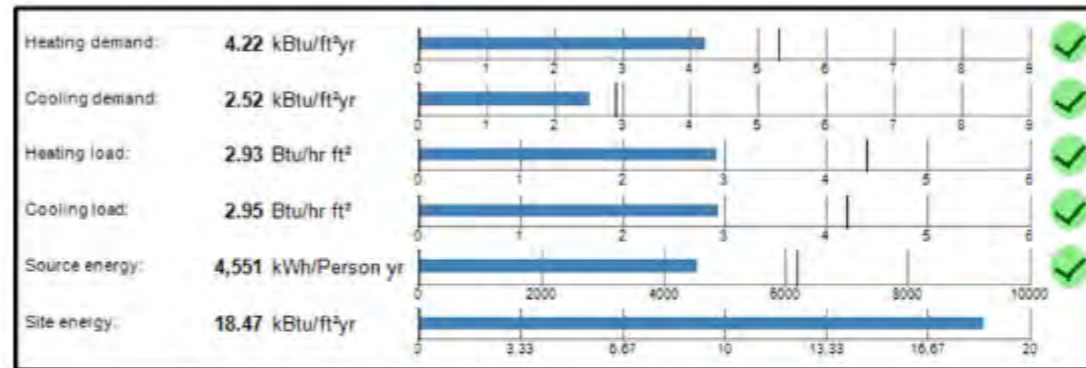
- PERMANENT 5' DEEP OVERHANG FOR HIGH SUMMER SUN
- MOVEABLE SCREENS ON SOUTH SIDE



# ENERGY COMFORT DIMINISHING RETURNS

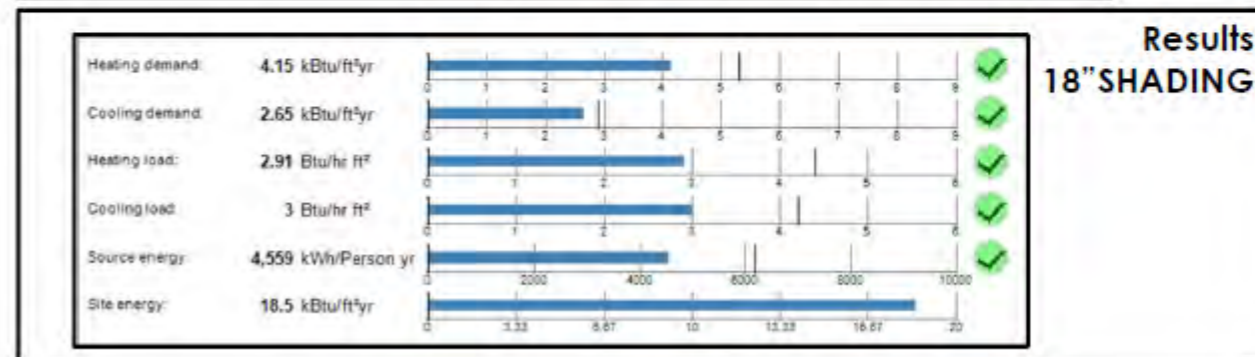
## SHADING: SOUTH ONLY (36")

The WUFI results indicated below are based on a design with **36"** shading devices installed on the Southern façade only.



Measured Changes: from 18" Shades

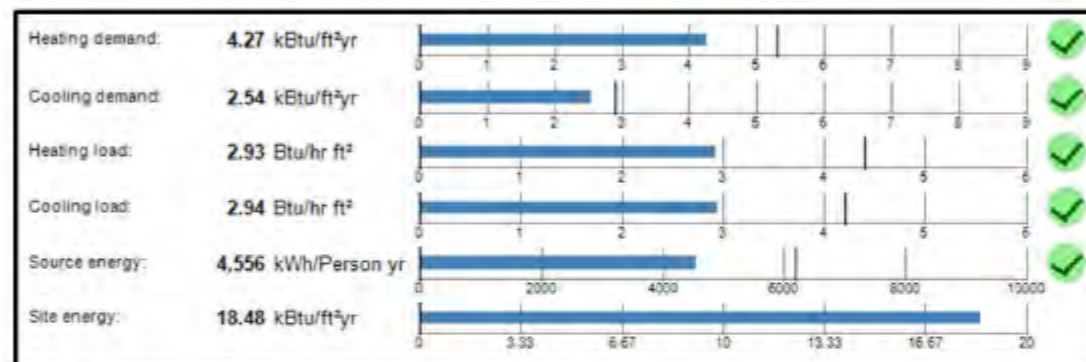
- HD – **Up 0.07 k** kBtu/ft²/yr
- CD – **Down 0.13** kBtu/ft²/yr
- HL – **Up 0.02** Btu/hr/ft²
- CL – **Down 0.05** Btu/hr/ft²
- Source – **Down 8** kwh/p/yr
- Site: **Down 0.03** kBtu/ft²/yr



Results:  
18" SHADING:

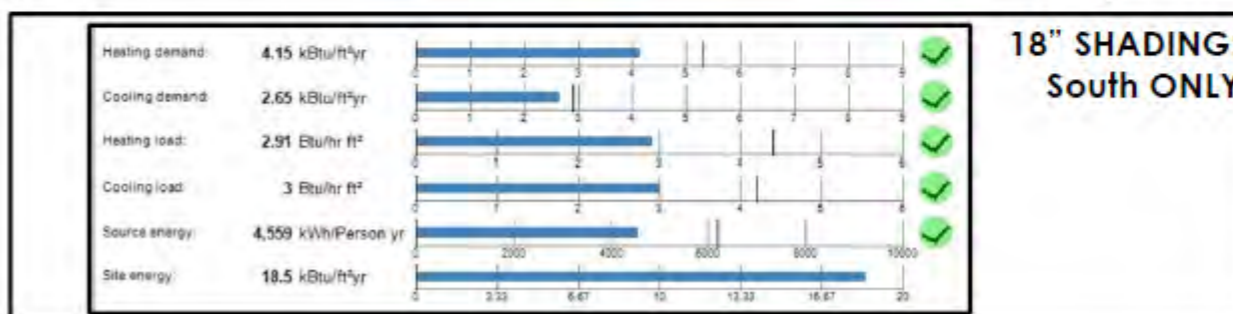
## SHADING: SOUTH, EAST & WEST (1'-6")

The WUFI results indicated below are based on a design with **1'-6"** shading devices installed on the South, East and West façades.



Measured Changes: from 18" South Only

- HD – **Up 0.12 k** kBtu/ft²/yr
- CD – **Down 0.11** kBtu/ft²/yr
- HL – **Up 0.02** Btu/hr/ft²
- CL – **Down 0.06** Btu/hr/ft²
- Source – **Down 3** kwh/p/yr
- Site: **Down 0.02** kBtu/ft²/yr



18" SHADING:  
South ONLY

Single family



# 7 PASSIVE HOUSE PROJECTS

## 3 HIGH PERFORMANCE HOMES



# SLAB

**10" EPS  
foam**

**15 mill vapor  
barrier**

**8" concrete**



# FOUNDATION

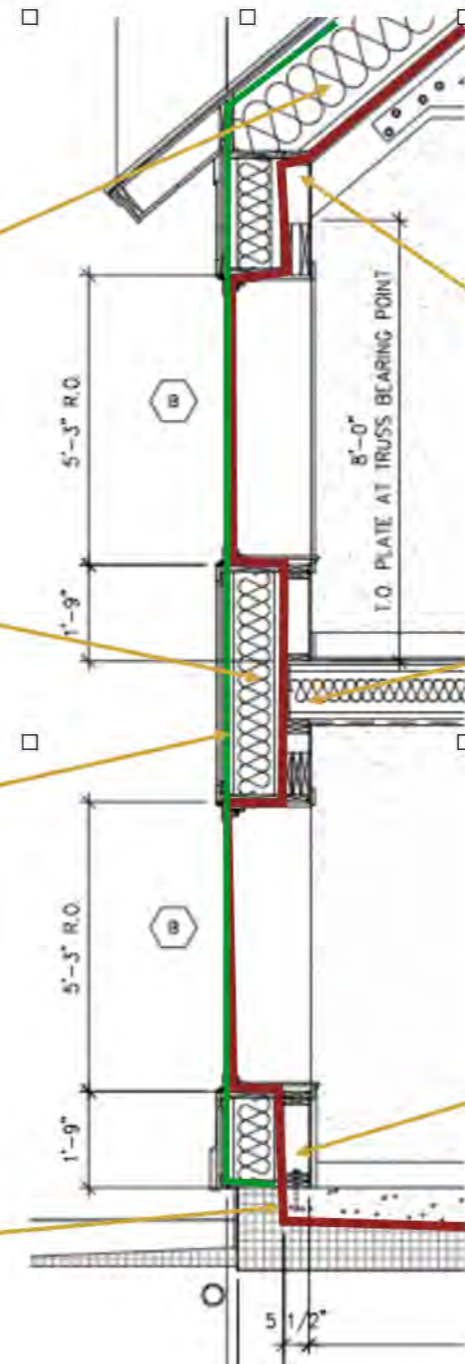


# Walls

**Dense packed cellulose**

**Wind and Weather Resistant Barrier with high perm rating**

**Vapor control layer**



**Most structural connections inside vapor control layer**

**Load bearing 2x6 wall sits on concrete**





# Roofs







# Shading



Calculate shade

Design windows for daylight and views.

September

Exterior shading

# Windows



# Windows

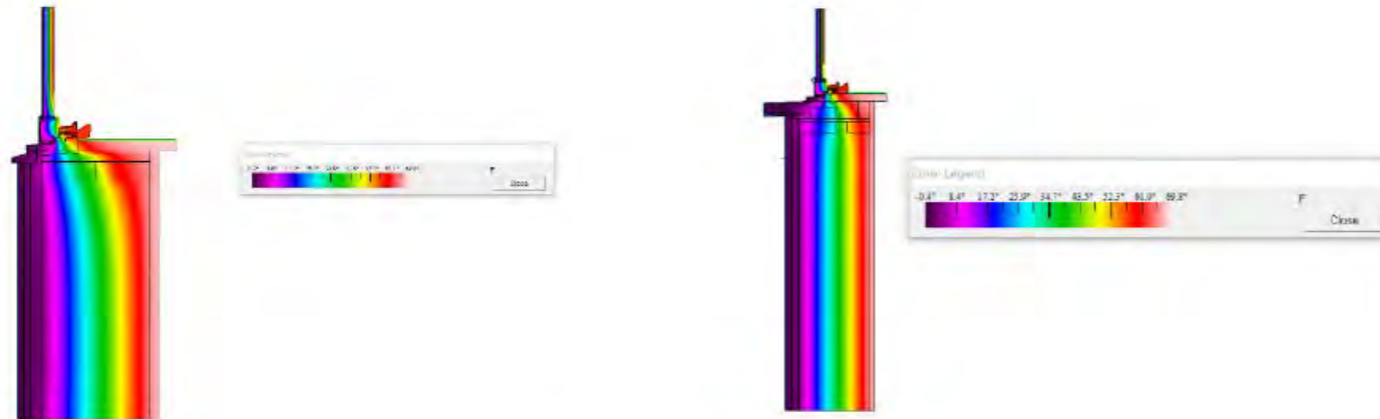


Figure 5: Sill temperature isotherm, (outer on left, centered on right)

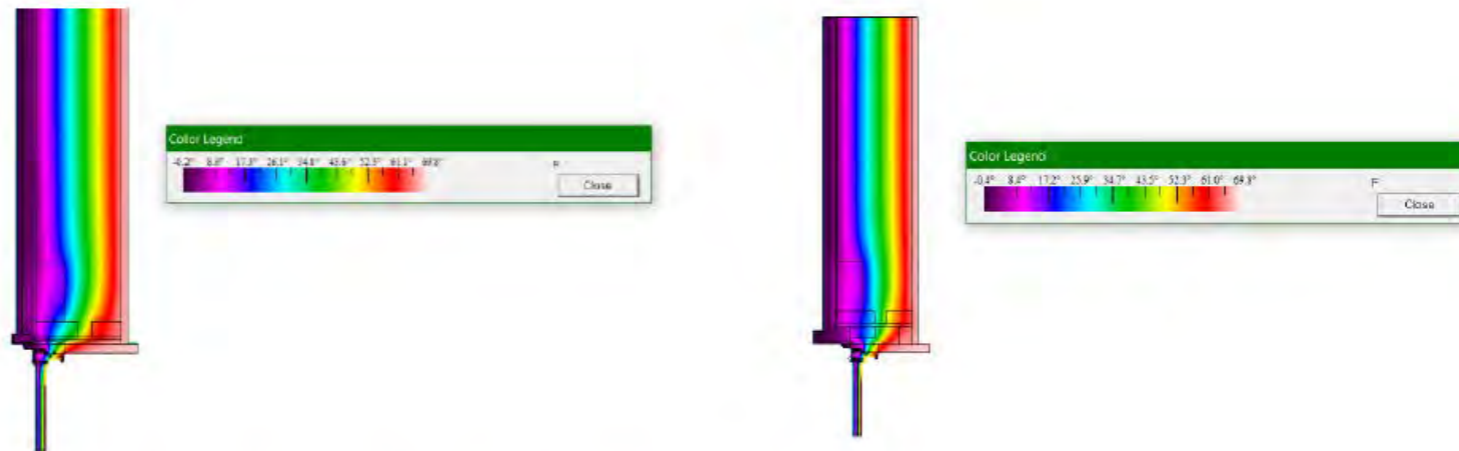


Figure 6: Head temperature isotherms, (outer on left, centered on right)



# R-VALUE JUXTAPOSITION

SCALE, SURFACE TO VOLUME RATIO, CLIMATE ZONE

## MULTI FAMILY

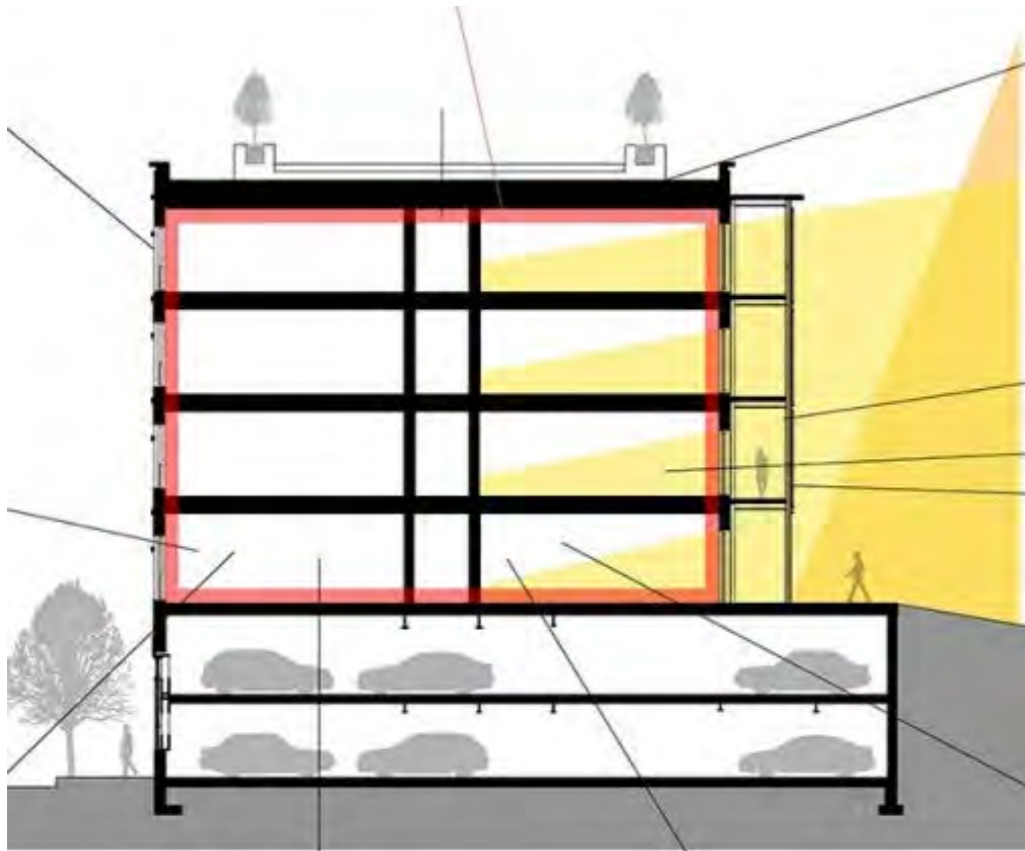
Ground: R 23 (5" EPS foam)  
Walls: R 27-34 (7.5" cellulose)  
Roof: R 60 + (18-20")

## SINGLE FAMILY

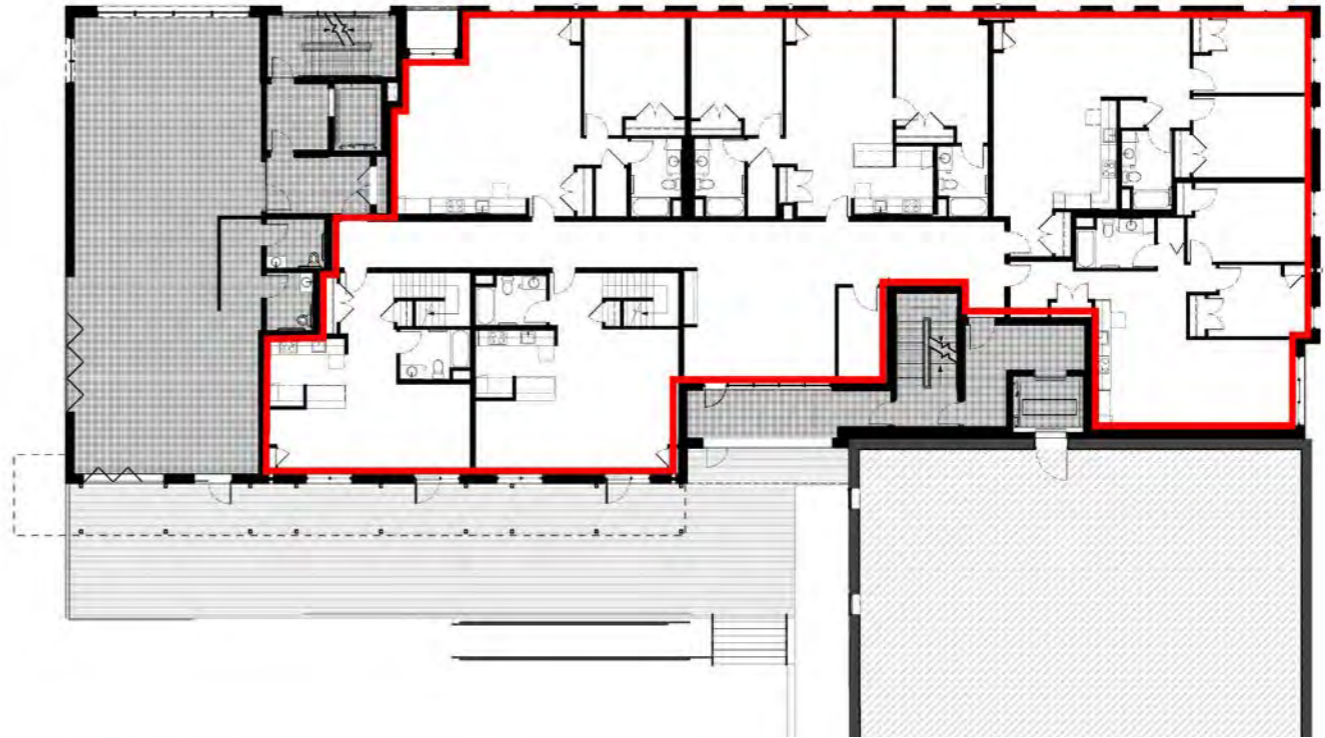
Ground: R 45 (10" EPS foam)  
Walls: R 57 (15" cellulose)  
Roof: R 89-114 (24-36")

AIR BARRIERS

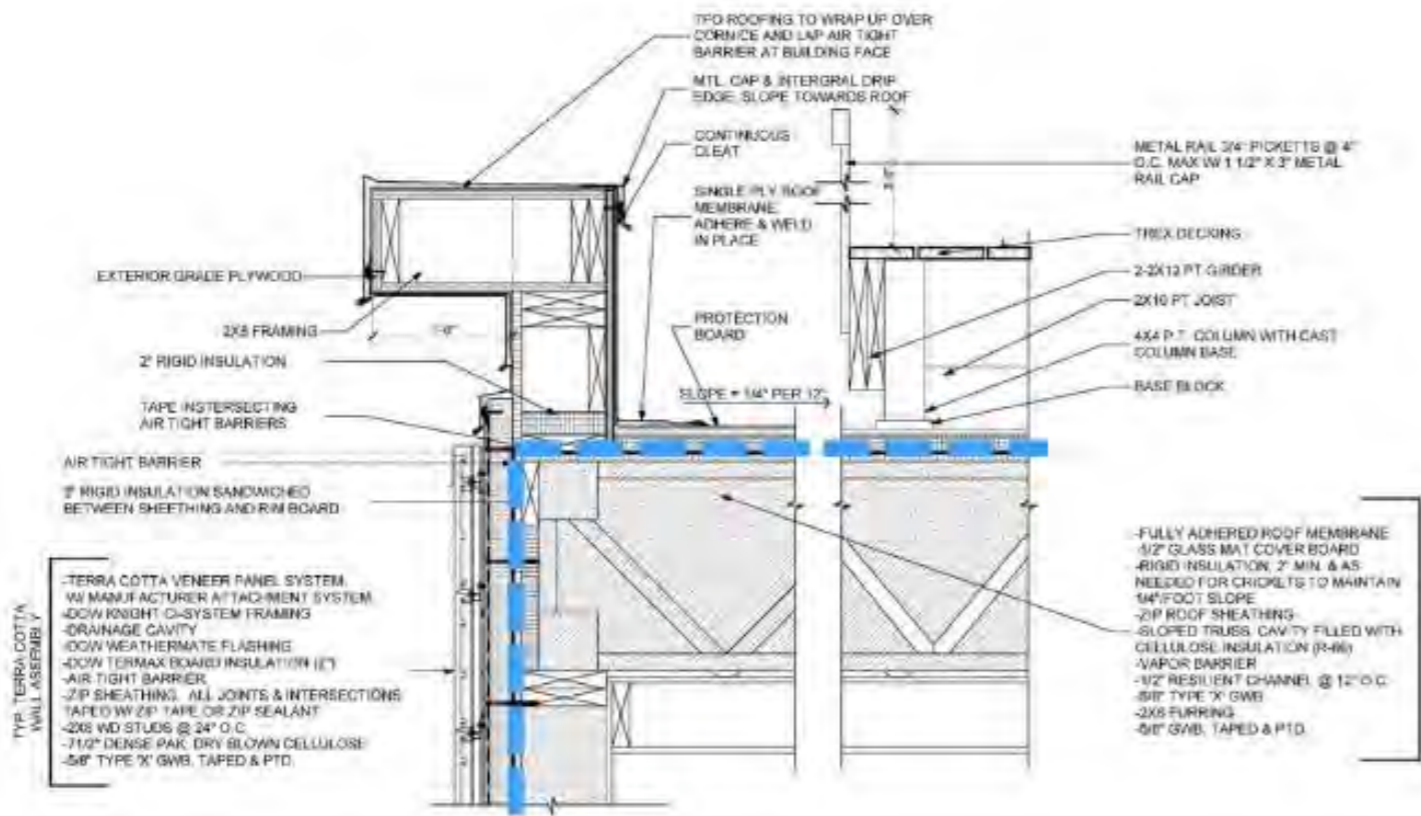
Multifamily



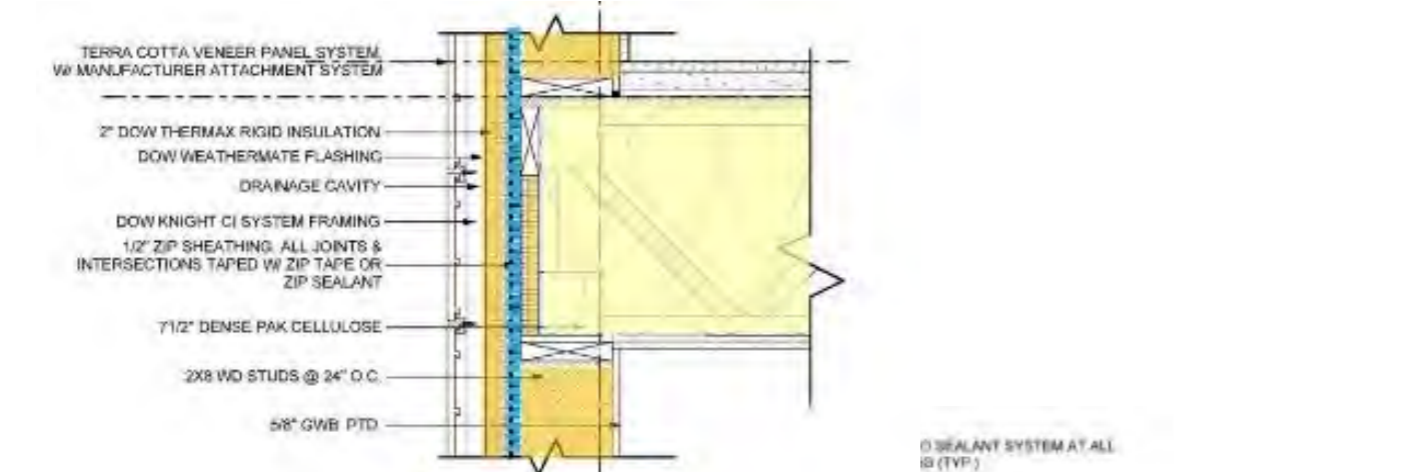
PH ENVELOPE  
SECTION



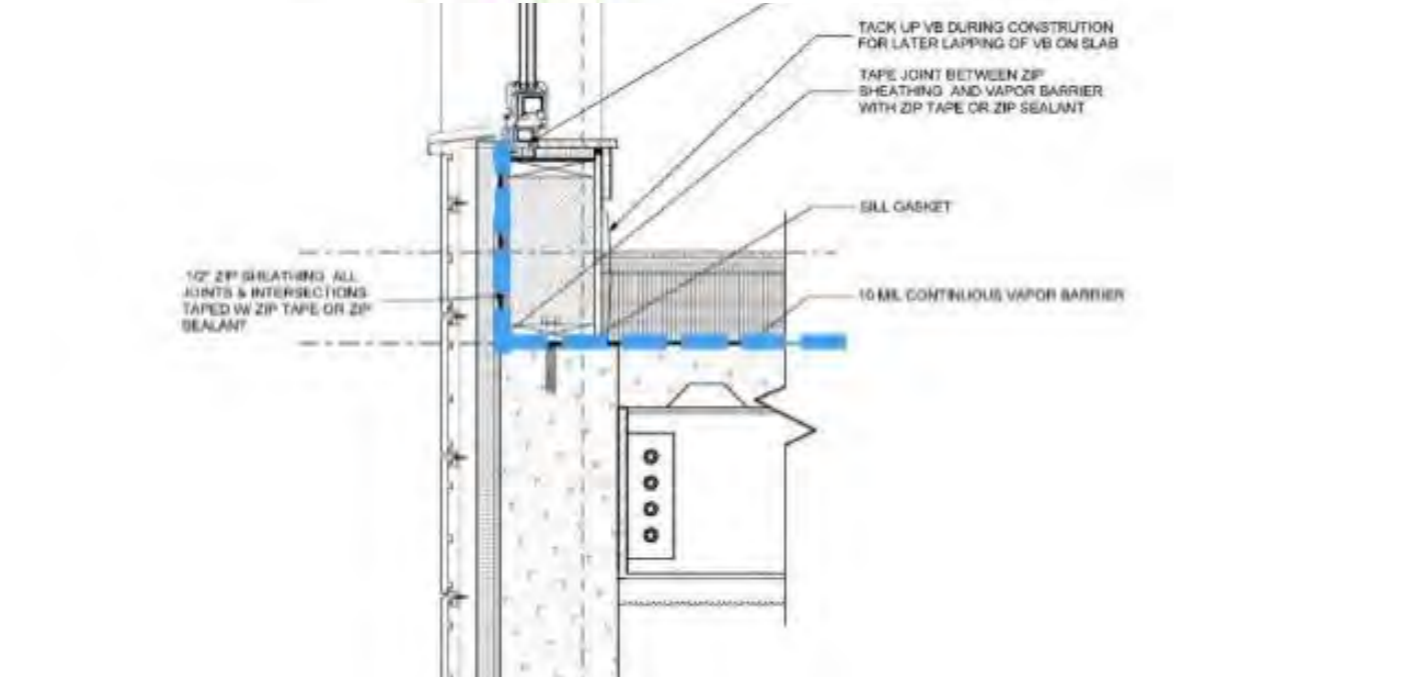
PH ENVELOPE  
PLAN



# ROOF TO WALL



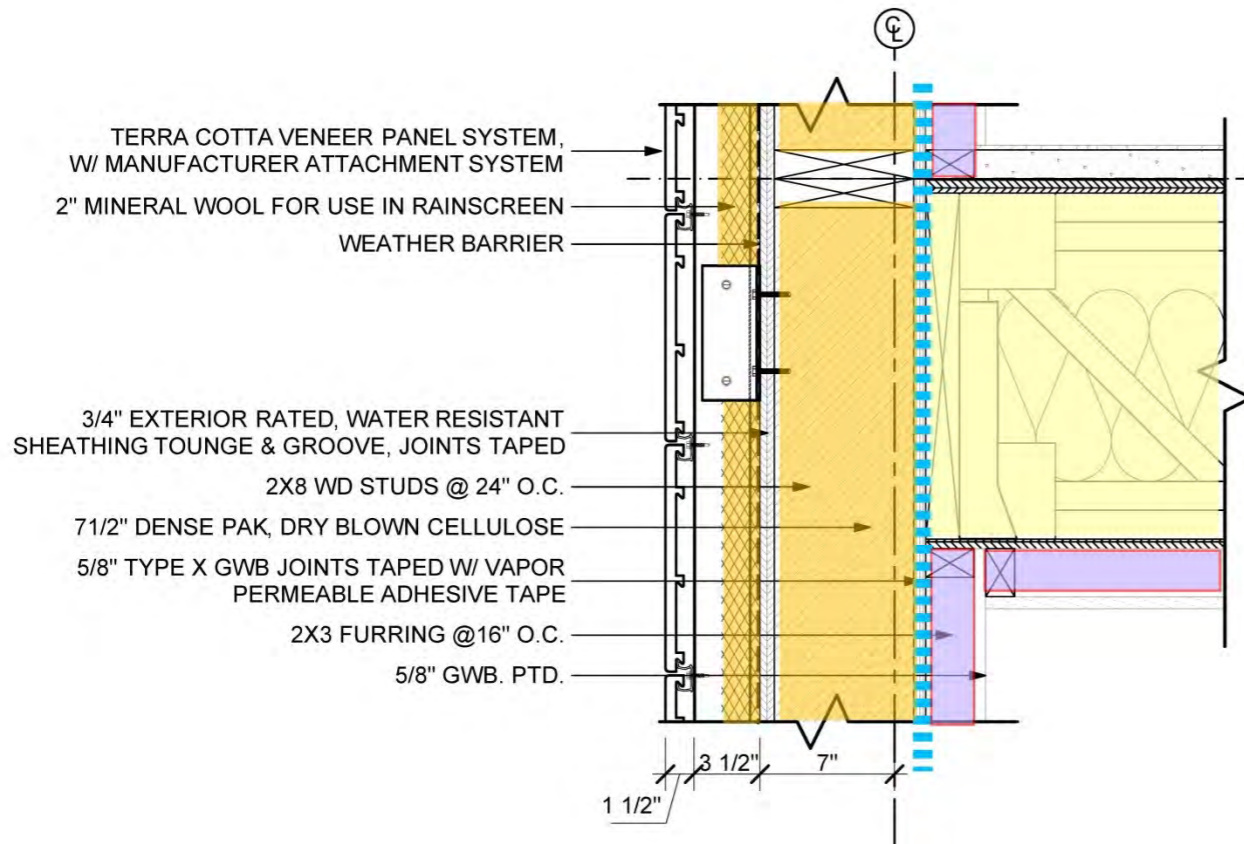
# WALL



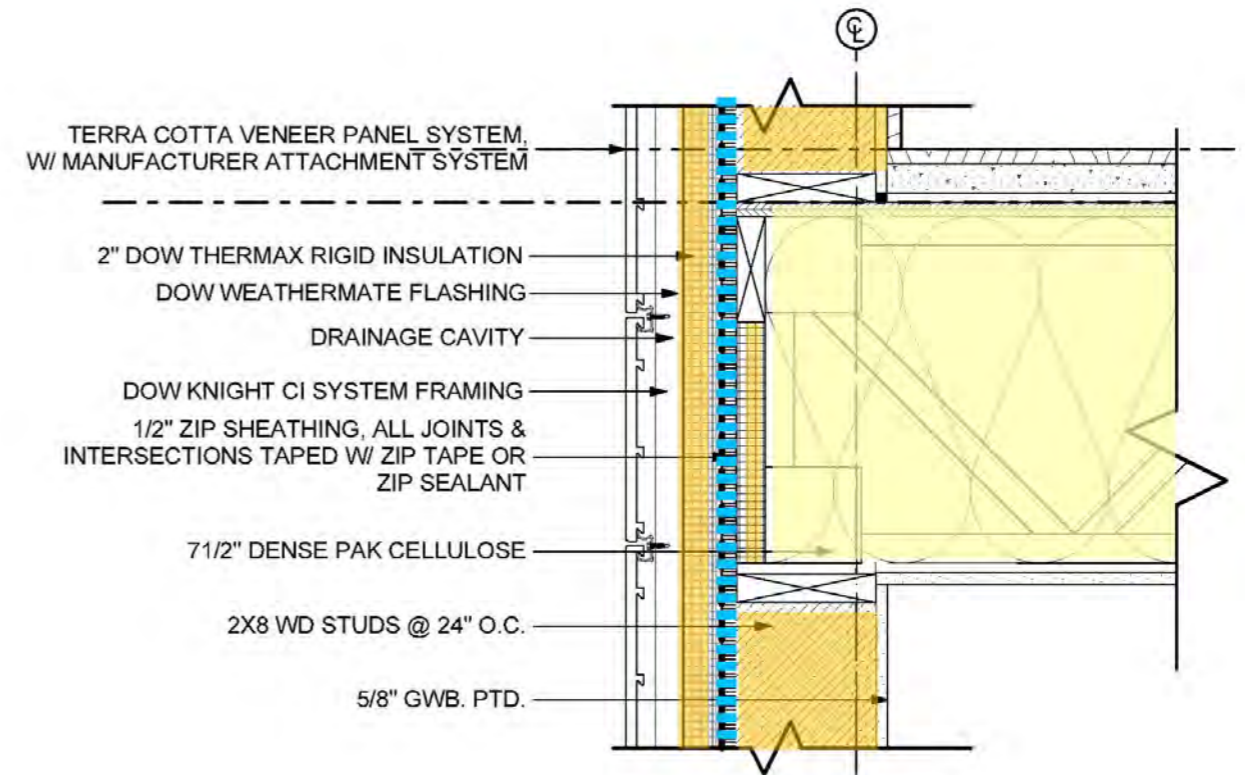
# WALL TO SLAB



# SECTION EVOLUTION

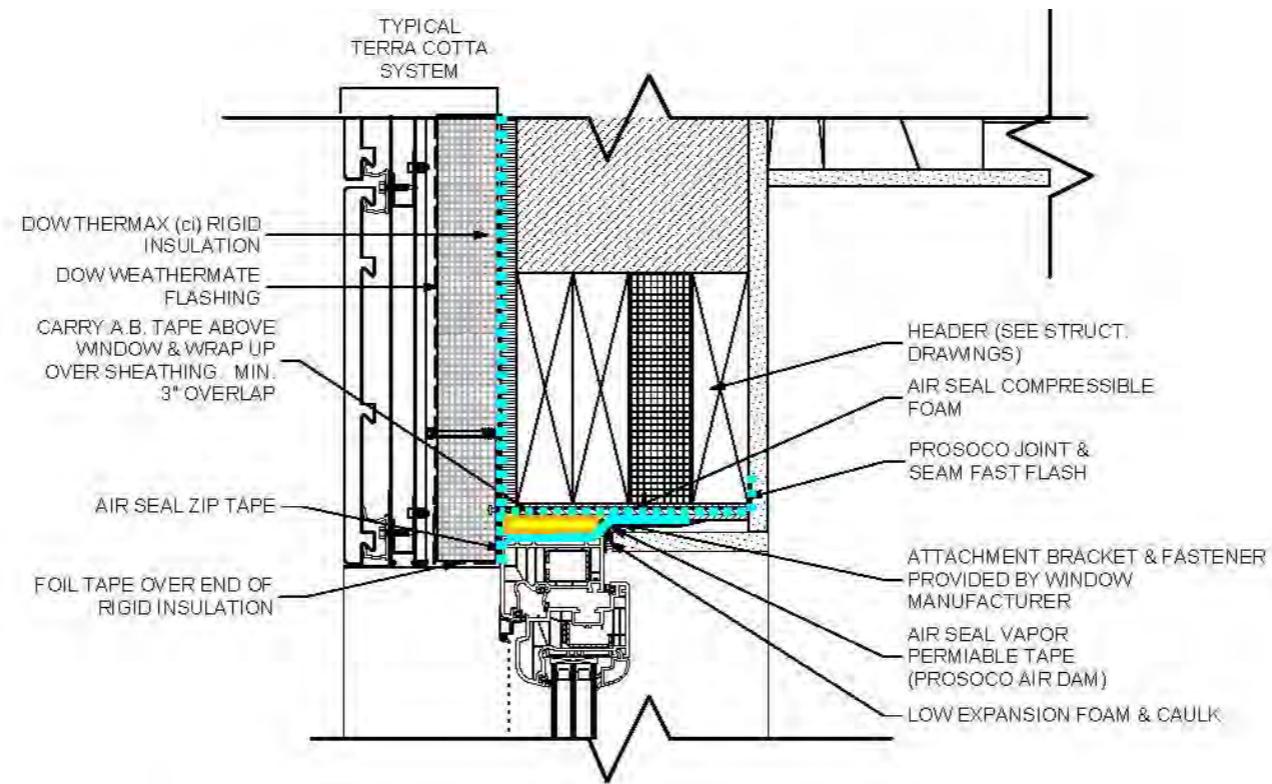


2011



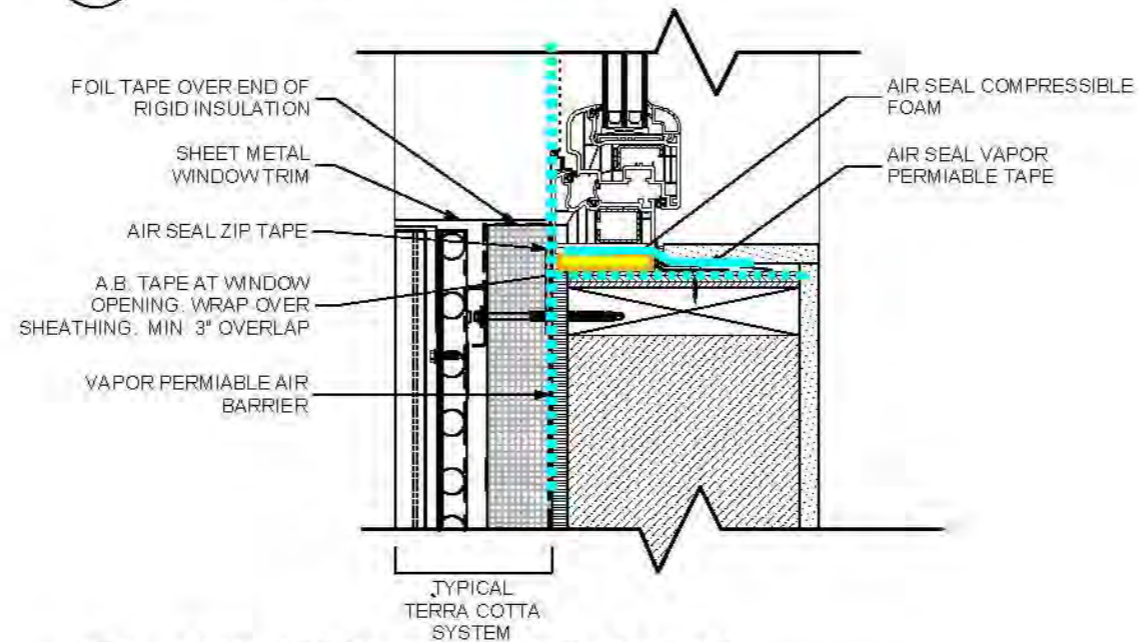
2014

# WINDOWS



**3** TYP. HEAD @ TERRA COTTA

SCALE: 3" = 1'-0"



**2** TYP JAMB @ TERRA COTTA

SCALE: 3" = 1'-0"

# TESTING

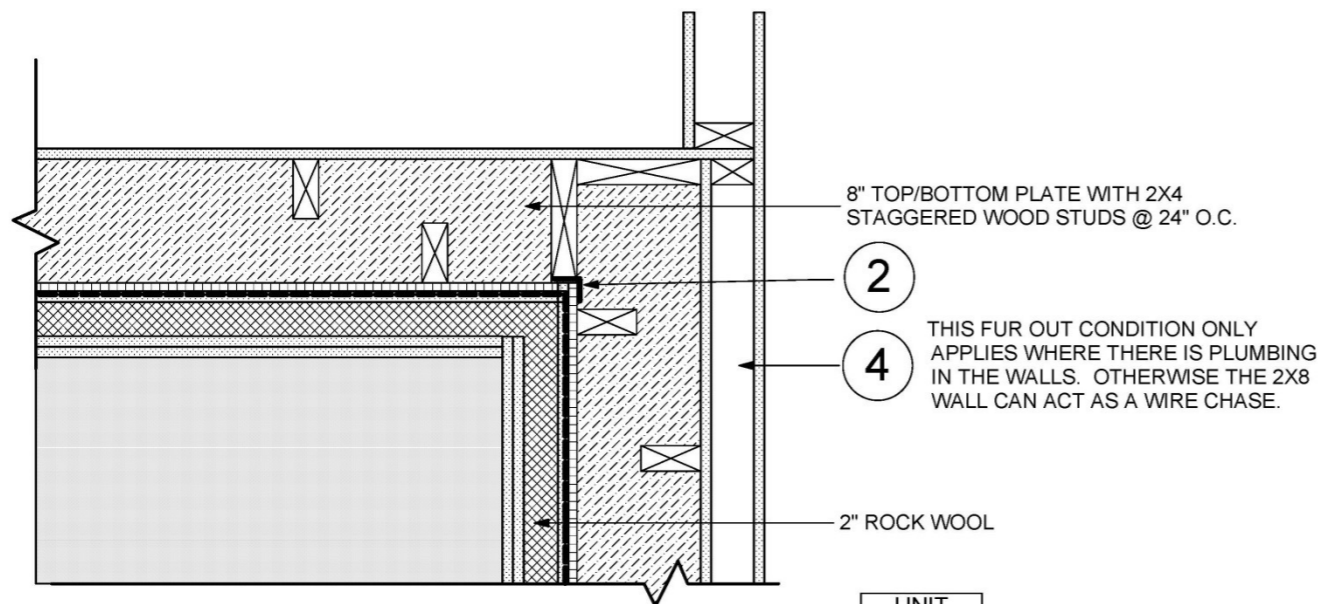


<b>.6 ACH<sub>50</sub></b>	<b>2611 CFM<sub>50</sub></b>
<b><u>DUCLOS METHOD RECOMENDATIONS</u></b>	
Stage #1 Test (envelope no windows & Doors)	652.75 CFM <sub>50</sub>
Stage #2 Test (windows & doors)	1552.75 CFM <sub>50</sub>
Stage #3 Test (MEP penetrations)	2219.35 CFM <sub>50</sub>

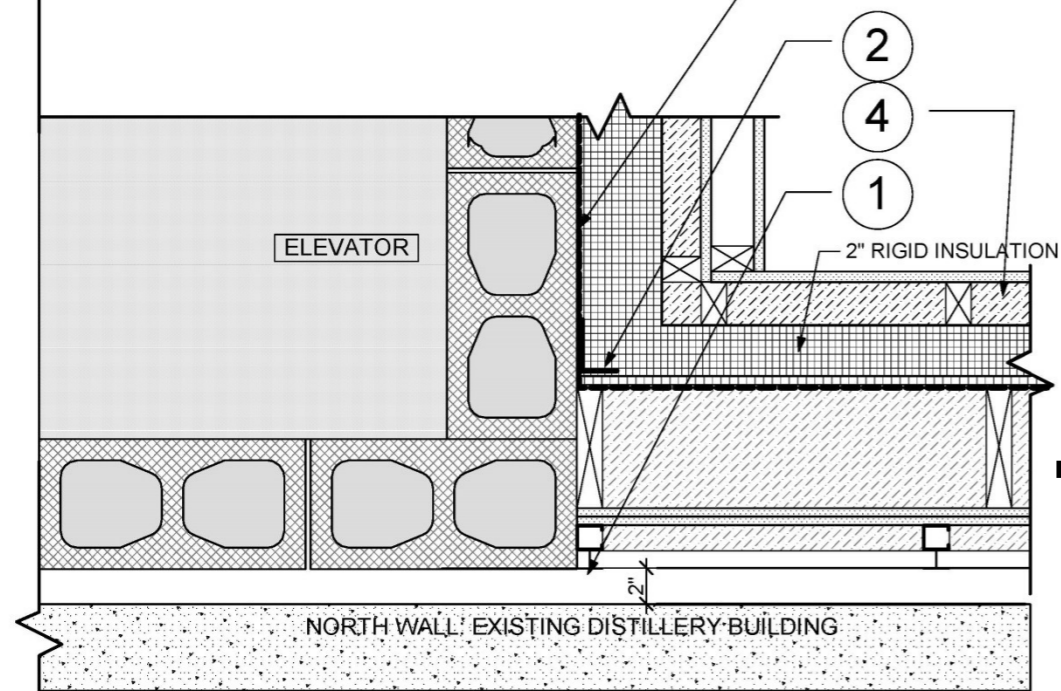
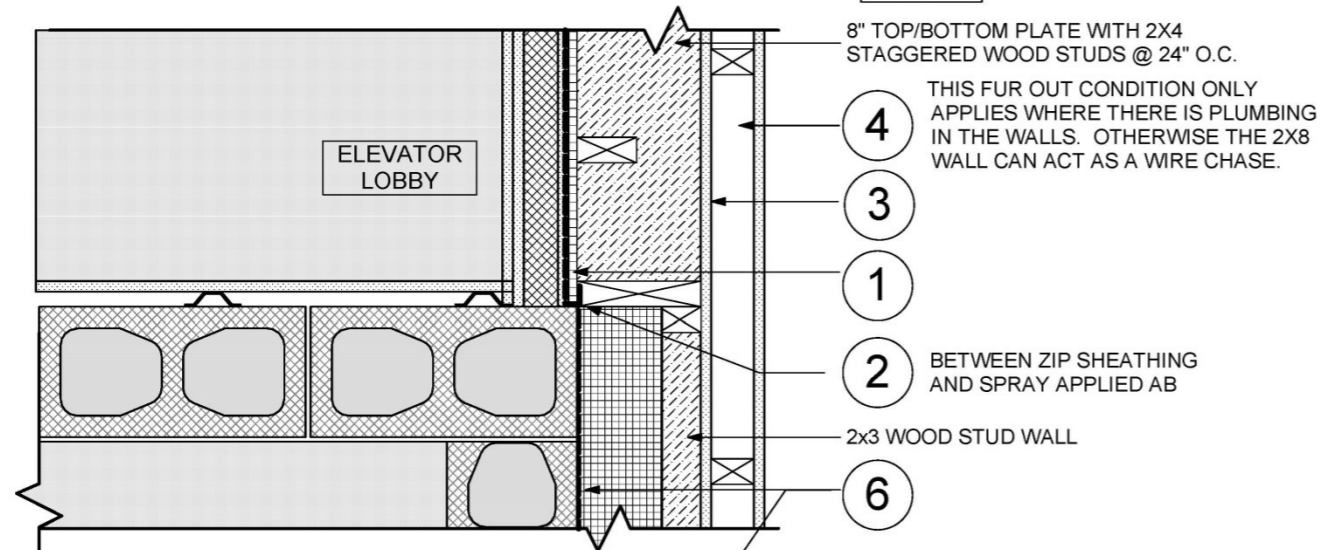
5/16/17: 2563 CFM50 (189.9 in2 leakage area) - .56 ach50

## LEGEND

- DENOTES LOCATION OF CONTINUOUS AIR TIGHT BARRIER
  
- 1
 1/2" ZIP SHEATHING. ALL JOINTS & INTERSECTIONS TAPED W/ ZIP TAPE OR ZIP SEALANT.
  
- 2
 TAPE JOINT WITH ZIP TAPE OR ZIP SEALANT
  
- 3
 5/8" TYPE X GWB., TAPED & PAINTED
  
- 4
 2X3 FURRING AT 16" O.C.
  
- 5
 10 MIL CONTINUOUS VAPOR BARRIER
  
- 6
 LIQUID APPLIED AIR BARRIER

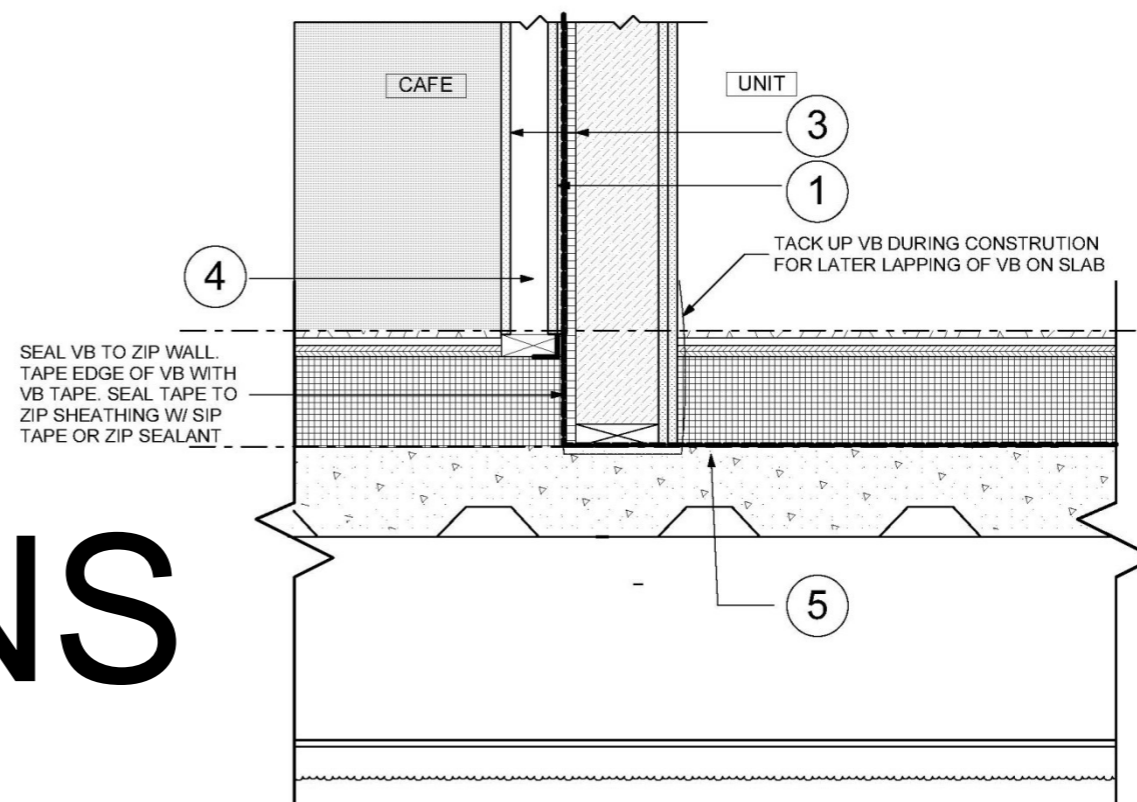
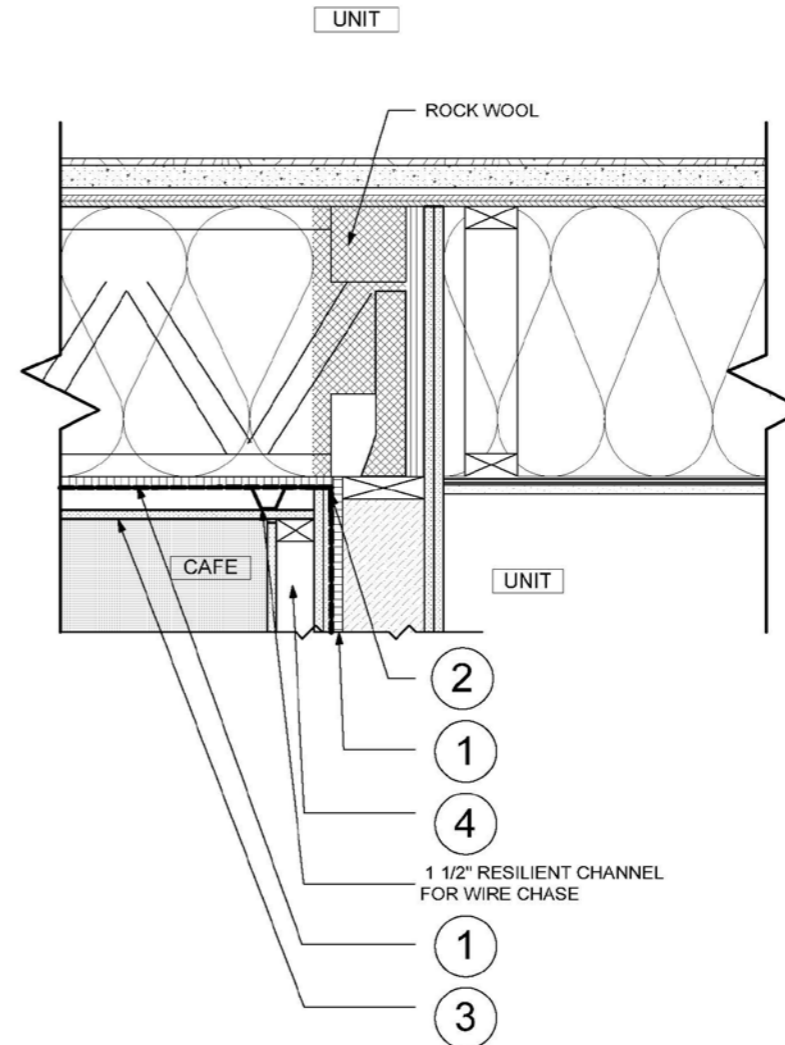
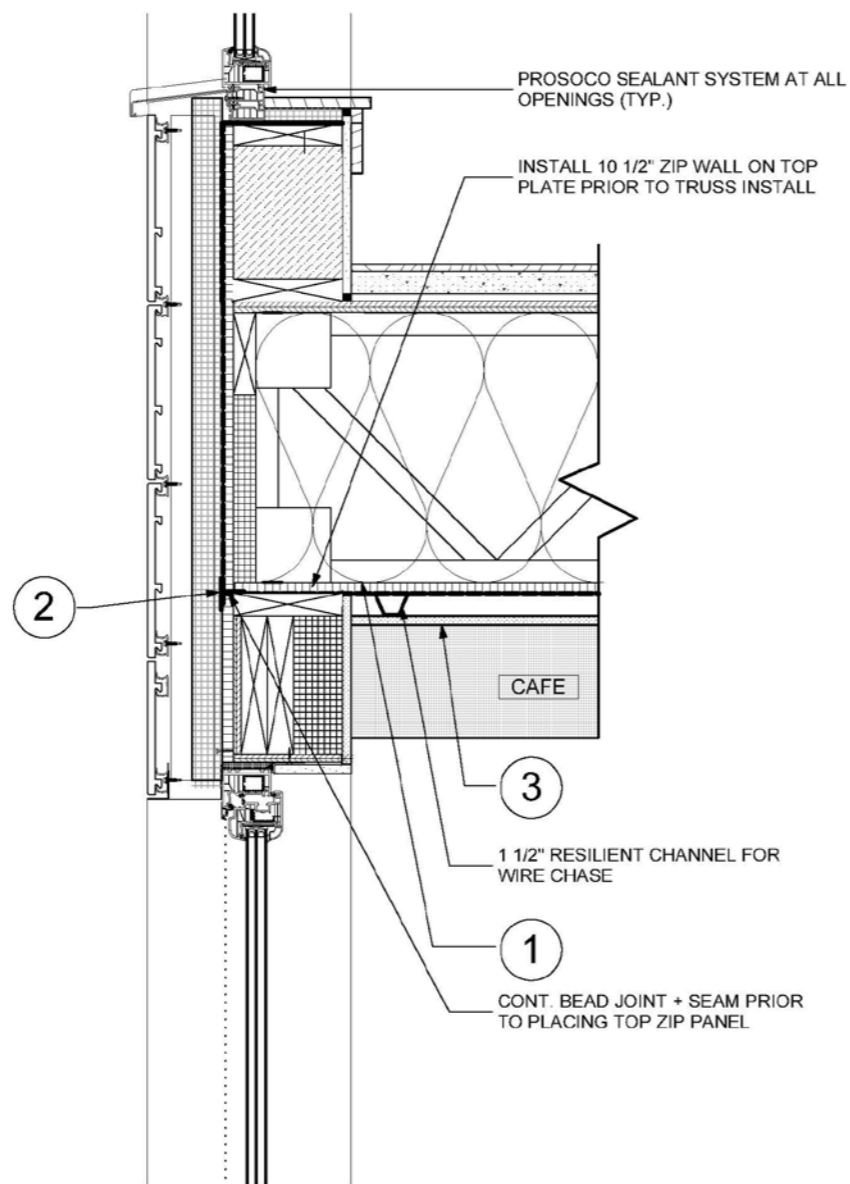


### UNIT



# TRANSITIONS





# TRANSITIONS



Single family



# TJI wall



# Double stud wall



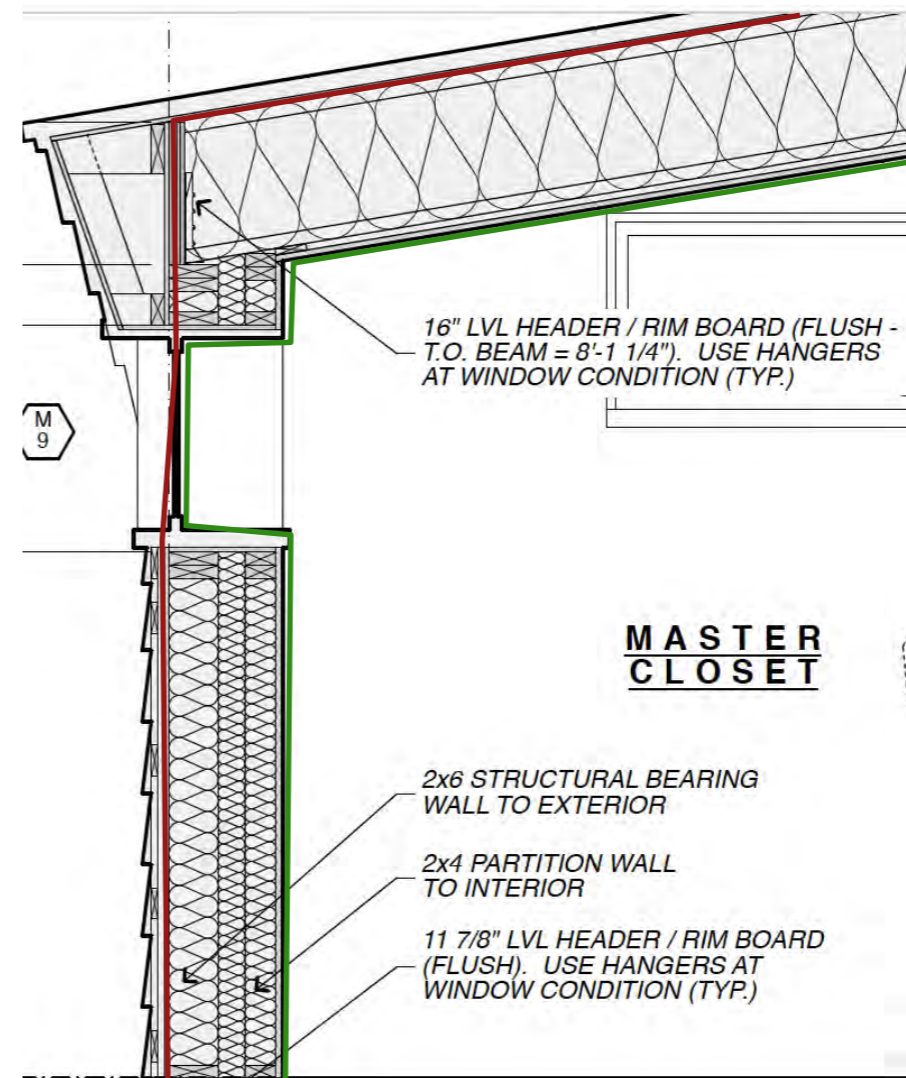
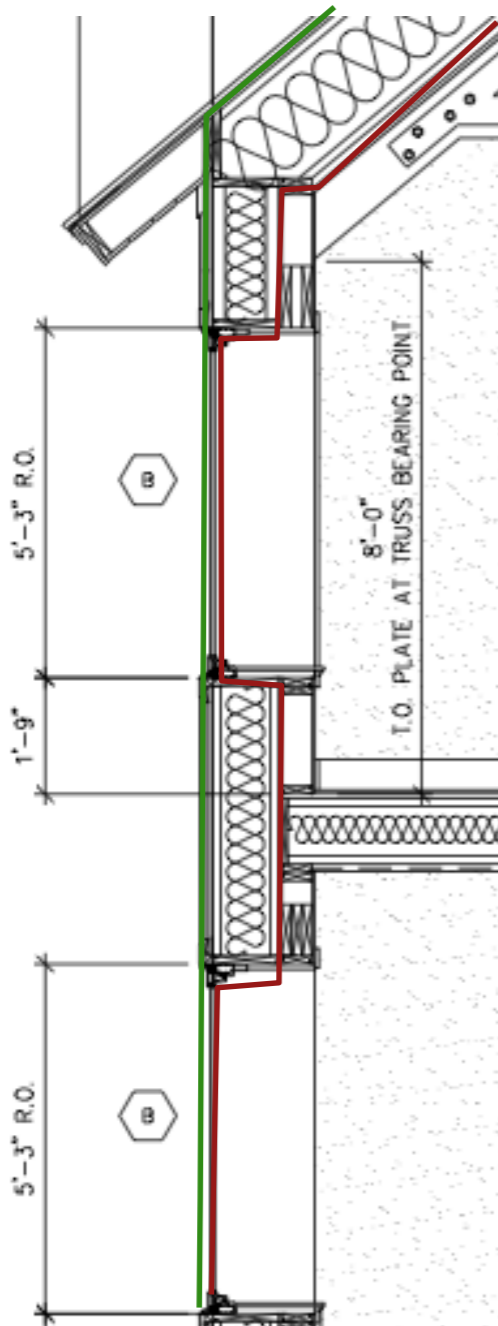
# Section (d) evolution

PRIMARY AIR BARRIER 1/2" ZIP

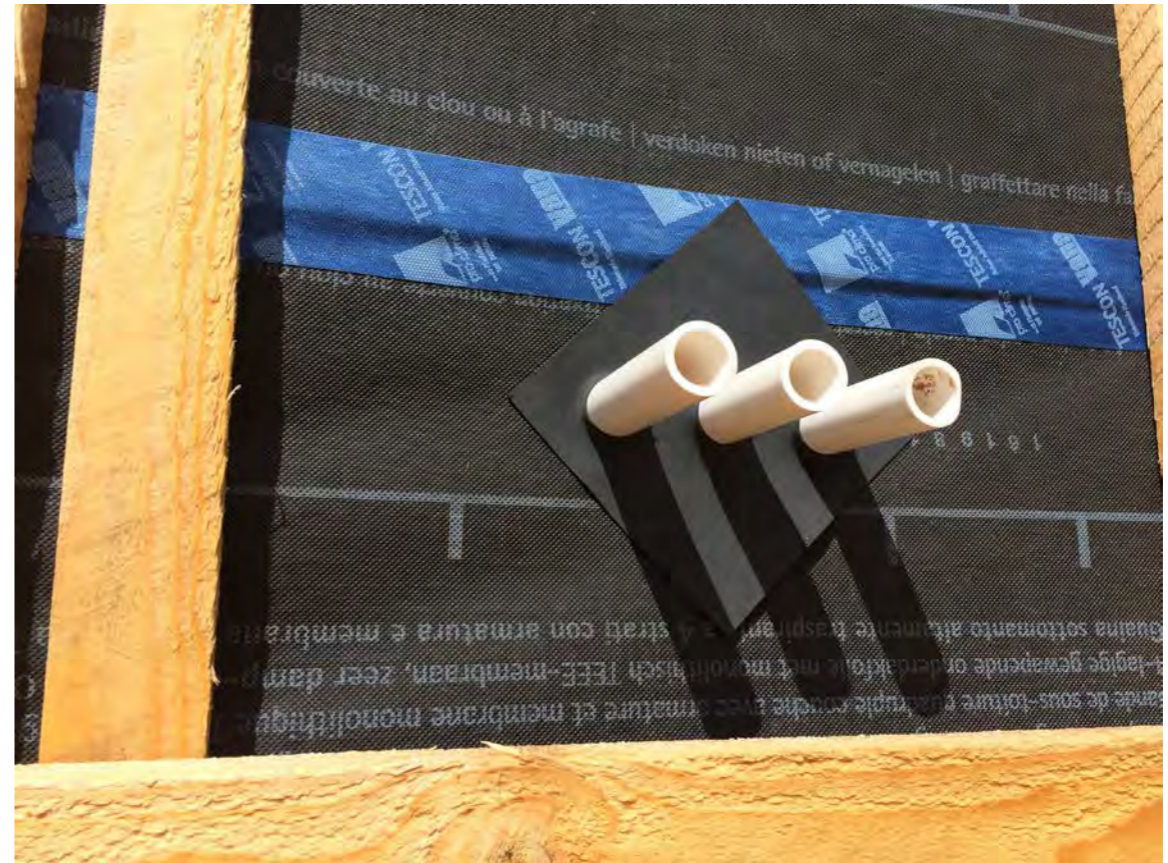
WEATHER AND WIND RESISTANT BARRIER  
(CONTINUOUS VAPOR OPEN MEMBRANE)

PRIMARY AIR BARRIER 1/2" CDX  
WITH VAPOR OPEN WRB

SMART VAPOR RETARDER  
MOSTLY CONTINUOUS



# Penetrations



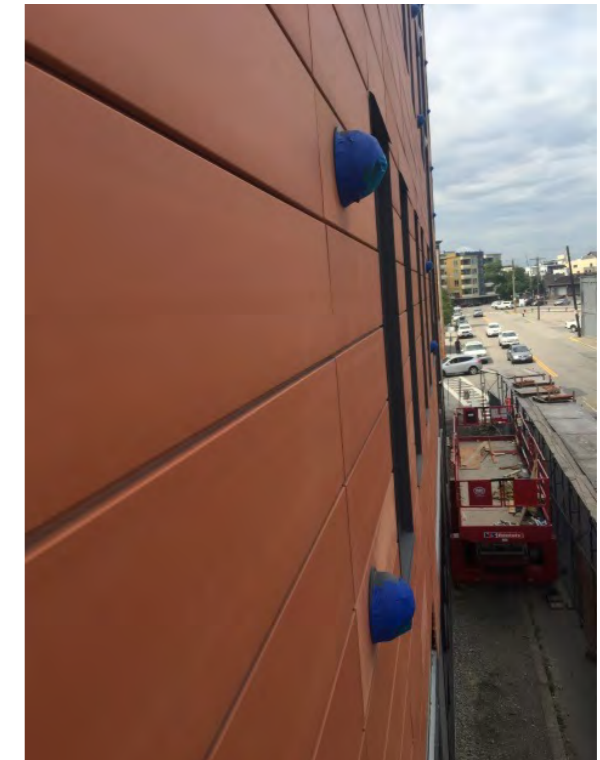
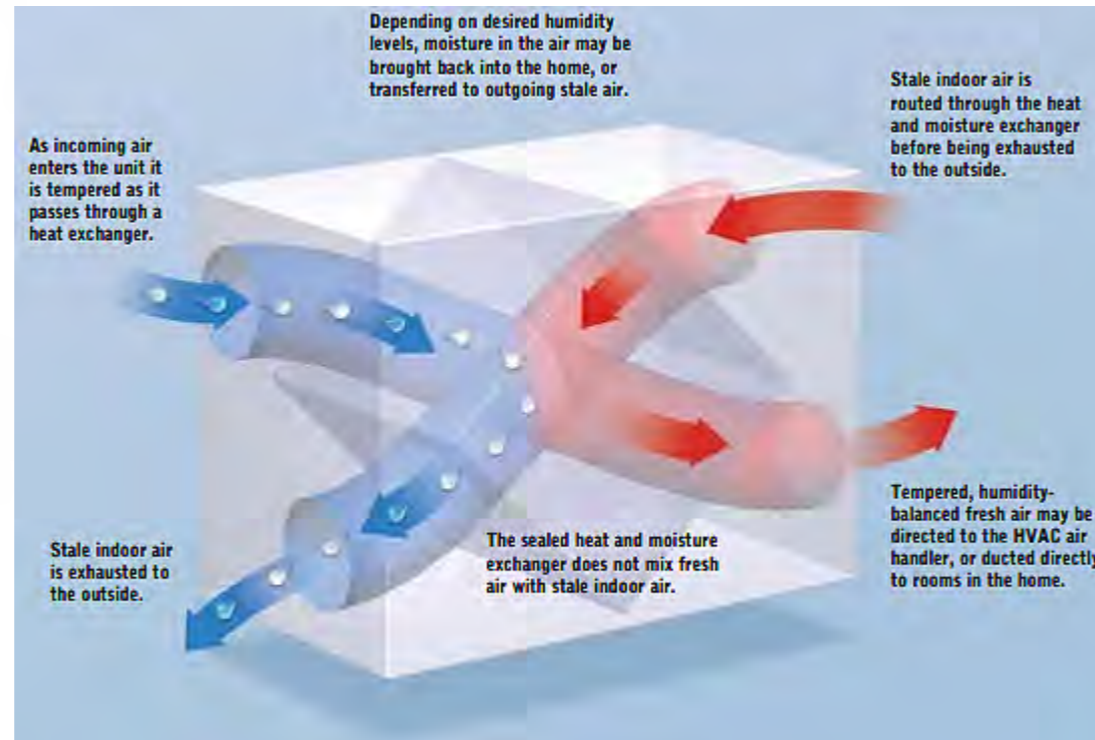
VENTILATION

Multifamily



# ENERGY RECOVERY VENTILATOR

- ZEHNDER: COMFOAIR 250





# HEATING & COOLING

- INDIVIDUAL MITSUBISHI HEAT PUMPS

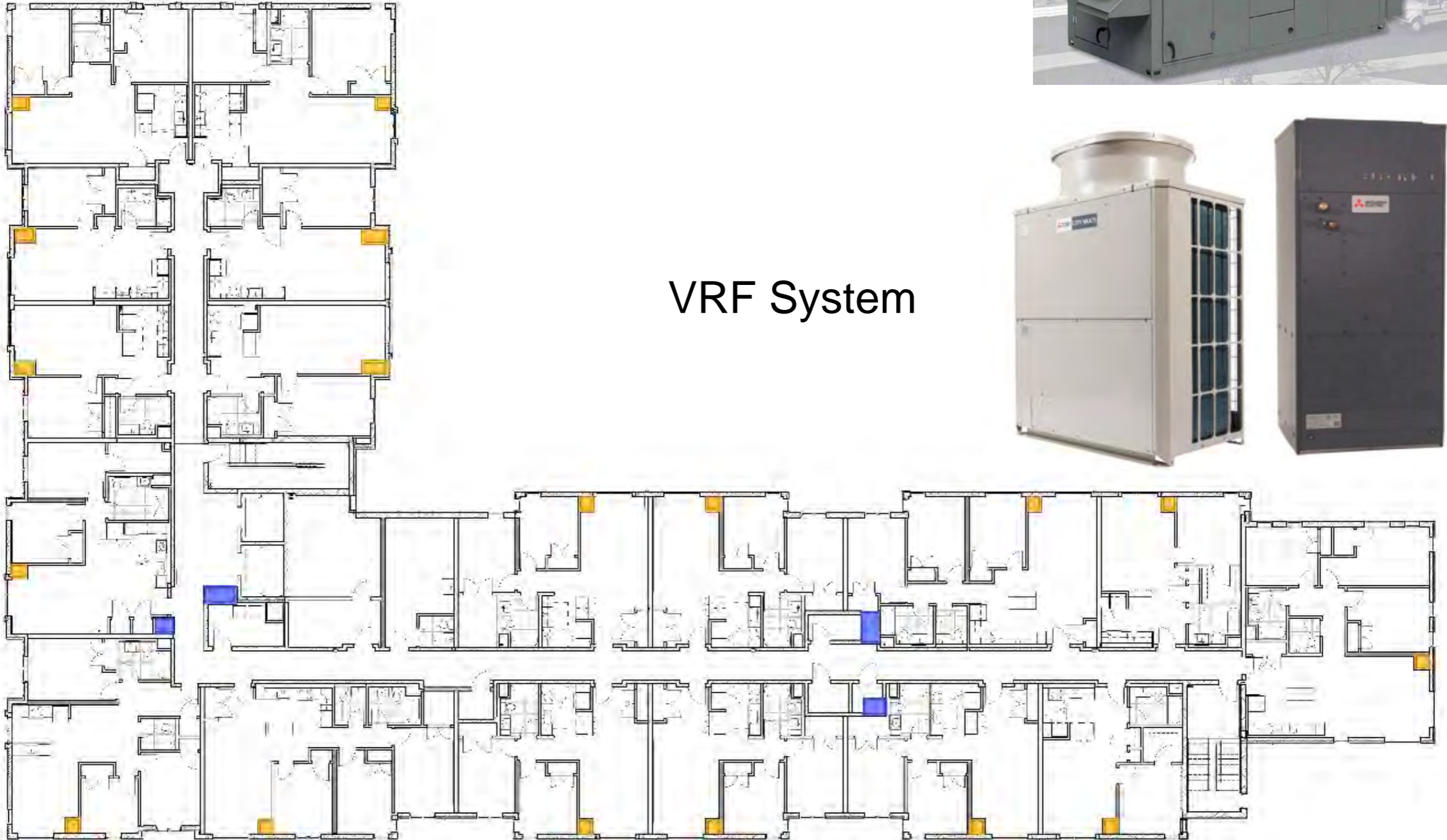


# CONCORD HIGHLANDS

Central ERVs



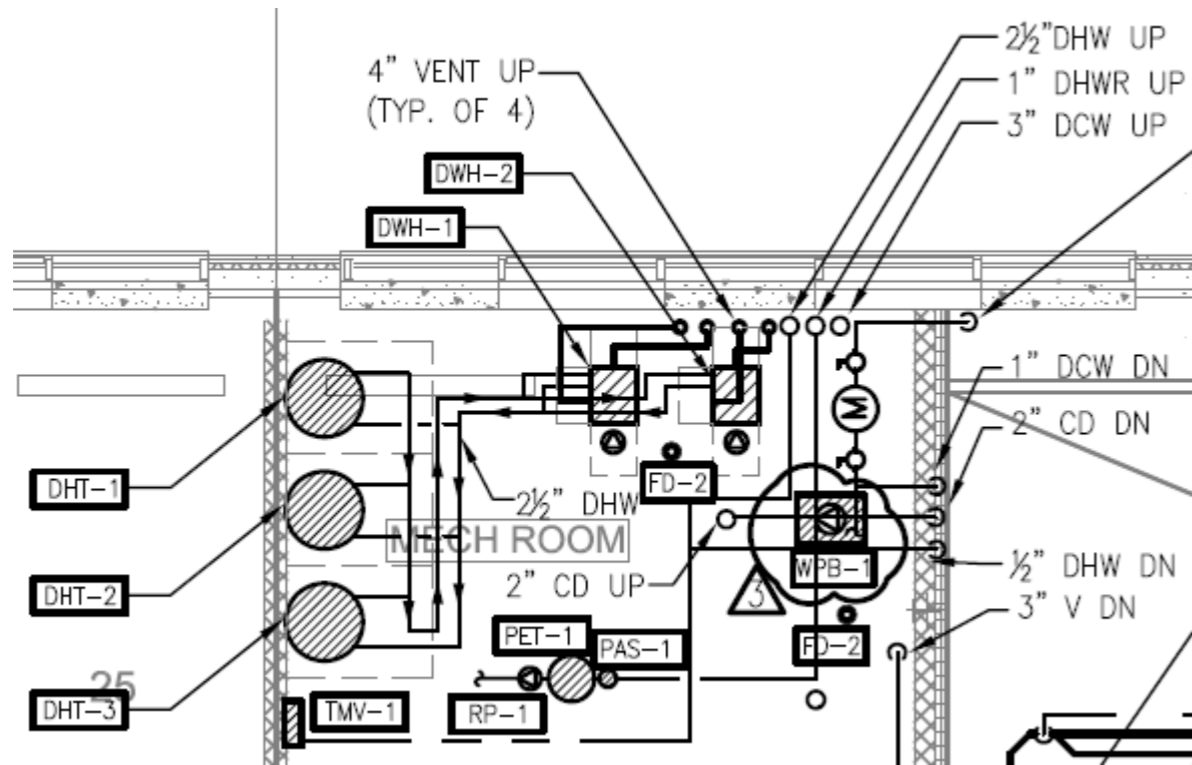
VRF System



# HOT WATER

CENTRAL SYSTEM: Lochinvar condensing water heater, gas fired

- Now about 30% of the total energy budget – next Frontier



Single family



- Flexible duct work
- ERV. No drain.
- commission systems



# HEAT PUMPS & WOODSTOVES



# HOT WATER



Heat Pump Water Heater



Electric water heater  
(Vaughn 3" polyurethane foam)



Solar Thermal Systems

METRICS



# DISTILLERY

	\$	Kwh
7/15/2017	\$56.07	254
8/16/2017	\$90.53	418
9/12/2017	\$65.69	298
10/15/2017	\$67.68	308
11/14/2017	\$56.36	257
12/15/2017	\$63.23	297
1/13/2017	\$88.87	431
2/16/2018	\$195.58	916
3/17/2018	\$104.49	437

**Annual Electric Bill = Appr. \$1050**

Building Type/Use:	Multi-family	
Treated Floor Area A <sub>TFA</sub> :	27480	ft <sup>2</sup>
Space Heat Demand incl. Distribution	2.3	kBTU/(ft <sup>2</sup> yr)
Useful Cooling Demand:	2.7	kBTU/(ft <sup>2</sup> yr)
<b>Final Energy</b>	<b>Primary Energy</b>	<b>Emissions CO<sub>2</sub>-Equivalent</b>
CHOOSE UNITS: kBTU/(ft <sup>2</sup> yr) ▼	kBTU/(ft <sup>2</sup> yr)	lb/(ft <sup>2</sup> yr)

Electricity Demand (without Heat Pump)		PE Value	CO <sub>2</sub> -Emissions Factor (CO <sub>2</sub> -Equivalent)
Covered Fraction of Space Heat Demand	(Project)	0%	lb/kBTU
Covered Fraction of DHW Demand	(Project)	0%	0.44
Direct Electric Heating	Q <sub>H,de</sub>	0.0	0.00
DHW Production, Direct Electric (without Wash&Dish)	Q <sub>DHW,de</sub> (DHW+Distribution, SolarDHW)	0.0	0.00
Electric Postheating DHW Wash&Dish	(Electricity, SolarDHW)	0.0	0.00
Electricity Demand Household Appliances	Q <sub>EHH</sub> (Electricity worksheet)	3.6	1.56
Electricity Demand - Auxiliary Electricity		1.2	0.54
<b>Total Electricity Demand (without Heat Pump)</b>		<b>4.8</b>	<b>2.10</b>
		kBTU/(ft <sup>2</sup> yr)	lb/(ft <sup>2</sup> yr)

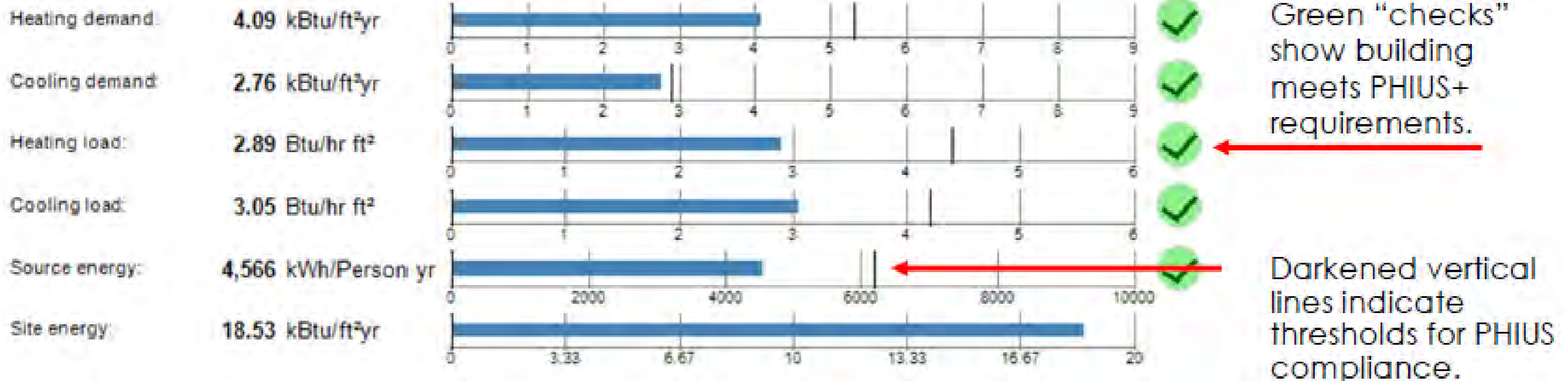
Heat Pump		PE Value	CO <sub>2</sub> -Emission Factor (CO <sub>2</sub> -Equivalent)
Covered Fraction of Space Heat Demand	(Project)	100%	lb/kBTU
Covered Fraction of DHW Demand	(Project)	0%	0.44
Energy Carrier - Supplementary Heating		Electricity	lb/kBTU
Annual Coefficient of Performance - Heat Pump	Separate Calculation	2.17	
Total System Performance Ratio of Heat Generator	Separate Calculation	0.46	
Electricity Demand Heat Pump (without DHW Wash&Dish)	Q <sub>HP</sub>	1.1	0.46
Non-Electric Demand, DHW Wash&Dish	(Electricity worksheet)	0.0	0.00
<b>Total Electricity Demand Heat Pump</b>		<b>1.1</b>	<b>0.46</b>
		kBTU/(ft <sup>2</sup> yr)	lb/(ft <sup>2</sup> yr)

# DISTILLERY

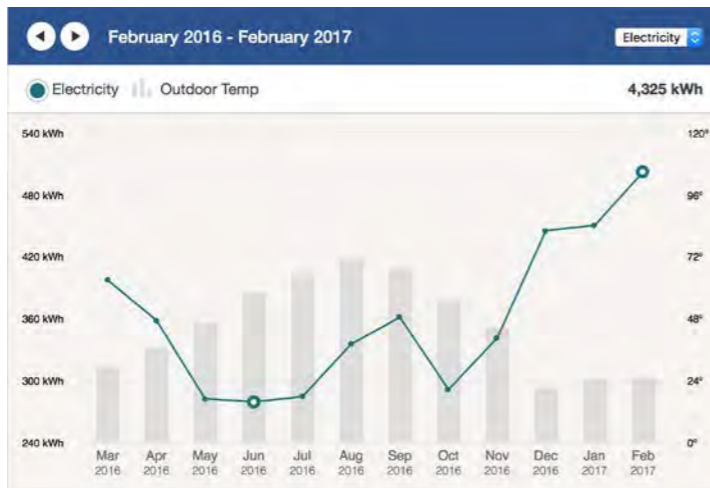
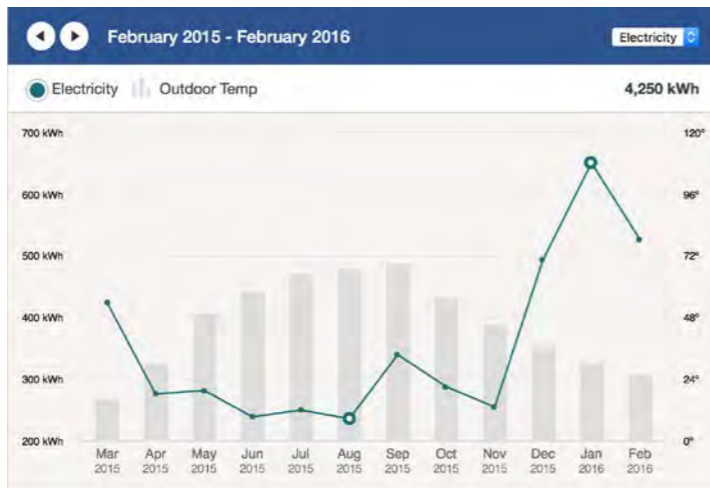
\$&KWH/hr		HEATING&COOLING ALL ELECTRIC				Adjusted heat/cool	
Unit #	s.f.	\$/s.f./yr	kwh/s.f./yr	\$/s.f./yr	kwh/s.f./yr	\$/yr (*.9)	
207	973	\$0.28	1.31	\$0.75	3.56	\$241.11 e	
300	1488	\$0.21	0.98	\$0.72	3.43	\$274.87 s	0.167107 South
310	733	\$0.10	0.50	\$0.52	2.49	\$68.72 s	0.29694 North
302	1029	\$0.35	1.68	\$0.80	3.81	\$327.21 n	0.23006 East
303	732	\$0.19	0.92	\$0.72	3.41	\$126.96 s	
303	1058	\$0.23	1.11	\$0.74	3.53	\$222.79 n	
305	596	\$0.14	0.67	\$0.78	3.73	\$75.70 s	
306	1075	\$0.21	1.01	\$0.78	3.72	\$204.81 e	
307	975	\$0.23	1.08	\$0.93	4.45	\$199.44 e	
400	1487	\$0.31	1.49	\$0.83	3.95	\$419.28 s	
401	733	\$0.31	1.47	\$1.25	5.96	\$204.27 s	
402	980	\$0.33	1.58	\$0.88	4.19	\$292.58 n	
403	733	\$0.15	0.73	\$0.78	3.72	\$101.46 s	
404	1038	\$0.35	1.69	\$0.87	4.15	\$330.70 n	
405	598	\$0.02	0.09	\$0.66	3.14	\$9.93 s	
406	1076	\$0.23	1.08	\$0.72	3.45	\$219.03 e	
407	978	\$0.21	1.00	\$0.84	3.98	\$184.68 e	

**Orientation and Set Points matter**

# CONCORD HIGHLANDS



# Hidden Lake passive house



Volume $V_e$ :	22512	ft <sup>3</sup>	Internal Heat Gain
Occupants:	4.2		
to the Treated Floor Area			
Floor Area:	1575	ft <sup>2</sup>	
Applied:	Monthly Method		
Demand:	3.86	kBTU/(ft <sup>2</sup> ·yr)	4.7
Result:	0.34	ACH <sub>50</sub>	0.
Household Demand (Electricity):	18.5	kBTU/(ft <sup>2</sup> ·yr)	38.0
Monthly Demand (Electricity):	3.2	kBTU/(ft <sup>2</sup> ·yr)	
Monthly Demand (Electricity):		kBTU/(ft <sup>2</sup> ·yr)	
Heating Load:	3.61	BTU/(ft <sup>2</sup> ·hr)	
Preheating:	9	%	over 77.0
Monthly Demand:		kBTU/(ft <sup>2</sup> ·yr)	4.75
Heating Load:	1.89	BTU/(ft <sup>2</sup> ·hr)	

*in herein have been methodology and based the building. The calculations*

Calculated energy usage: 3,822 kWh/yr (12% off PHPP)

# Newry passive house

Energy Usage 2017:  
6658kWh  
1/8 cord hardwood (880kWh)  
Total 7538 kWh (16% off PHPP)

The screenshot shows the PHPP software interface with the following data:

Parameter	Value	Unit
Gross Enclosed Volume $V_{g,ext}$	29179	ft <sup>3</sup>
Number of Occupants	5.2	
Treated Floor Area	1955	ft <sup>2</sup>
Specific Space Heat Demand	4.73	kBTU/(ft <sup>2</sup> ·yr)
Pressurization Test Result	0.33	ACH <sub>50</sub>
Specific Primary Energy Demand (Cooling, Auxiliary and Household Electricity)	25.7	kBTU/(ft <sup>2</sup> ·yr)
Specific Primary Energy Demand (Heating and Auxiliary Electricity)	12.3	kBTU/(ft <sup>2</sup> ·yr)
Specific Primary Energy Demand (Conservation by Solar Electricity)	0.0	kBTU/(ft <sup>2</sup> ·yr)
Heating Load	3.71	BTU/(ft <sup>2</sup> ·hr)
Frequency of Overheating	0	%
Useful Cooling Energy Demand		kBTU/(ft <sup>2</sup> ·yr)
Cooling Load	0.37	BTU/(ft <sup>2</sup> ·hr)

at the values given herein have been following the PHPP methodology and based characteristic values of the building. The calculations are attached to this application.

More \$ - Envelope

Less \$ - Mechanical Systems/ductwork

Always Saving- Low Operational Costs for life

# COST

# SheepskinBog Addition

Original proposal:

2x6 wall w/ 2x2 (7" wall)

Andersen 400 windows

No heat

\$108,000 - \$193/SF (INCL  
SITWORK)

Updated proposal:

12" double stud wall

Triple pane windows

electric heaters

Airtight details

\$115,000 (\$206 SF)

(6.5% increase)

